



CMIS/19-20/PS/008

Date: 14/06/2019

**Club Activities**

C M International School offers following 5 Club Activities for the year 2019-20.

- |                                    |                  |
|------------------------------------|------------------|
| 1. Classical Dance – Bharatnatayam | 2. Creative Club |
| 3. Speech and Drama                | 4. Graphology    |
| 5. Reading and Story Telling       |                  |

These Club Activities are meticulously planned and have their set curriculum. Please note that the Club Activity once selected cannot be changed for the entire academic session.

**\* For your reference a brief introduction of all club activities is given on the other side of this circular.**

Regards

Principal

----- Consent Form (cut here) -----

Kindly select any one of the club activities, sign the consent and send the form along with the child on Monday, 17<sup>th</sup> June 2019.

I \_\_\_\_\_ parent of \_\_\_\_\_ class \_\_\_\_\_

Section \_\_\_\_\_ here by opt for \_\_\_\_\_ as Club activity for my child.

Signature of parent

## **Know Your Clubs !!!**

**1. Classical Dance - Bharatnatayam:** Bharatanatyam is the combination of three elements Nritya, Nritya and Natya. Nritya highlights body movements and rhythm. Nritya gives emphasis to dance postures and body movement. Natya gives importance to drama and poems. Done with complete concentration the dance form is as good as yoga. Practicing Bharatanatyam is good for our overall physical and mental fitness. For every Bharatanatyam dance student it is very important to remember hand gestures (mudras), basic steps, combination of steps, basic thought behind drama. This hones mental skills and builds mental alertness.

**2. Creative Club:** Creative Club uses a form of visual expression, wherein the child develops an aesthetic sense of the world, by exploring different techniques of drawing, painting, sketching and rendering, along with craft and design. The aim of this Club is not just to polish the art skills of the kid, but at the same time imbibe the qualities of patience, focus and consistency in the core of the child.

**3. Speech and Drama:** Dramatics is one of the most entertaining as well as enriching performing art form which helps a child understand the world around them in a fun way. It builds confidence, language and communication skills, emotional intelligence, imagination and creativity; and enhances concentration and the ability to express clearly. It helps in personality development of a child and is a fun tool to prepare them for the future.

**4. Graphology:** Change your child's personality with 'simple changes' in handwriting. Implement the 'scientific techniques, skills and changes' suggested by our experts and tune your child's future. Graphology works on person's subconscious mind and makes long term changes. It improves concentration, memory, understanding and confidence. It reduces restlessness, mental fears and insecurities and ultimately transforms a child into a better person.

**5. Reading and Story Telling:** Reading, creating and narrating stories inspires, empowers and provides a foundation to opening up young minds. Stories fire the imagination, builds confidence, helps shape a philosophy, sharpens listening skills, enhances communication and social skills, thereby creating a robust platform to guide the child towards making informed decisions and helping them become passionate individuals and thought leaders. It fortifies the command over English language and helps strengthen vocabulary. It builds confidence in terms of structuring of thought and public speaking and equips one with skills to make and give a presentation.