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SKP'S

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MIND MIRAGE – SCHOOL MAGAZINE 2023

Simple Science Experiments at Home

If there is one thing that is guaranteed to get students excited, it's a good science experiment! While some experiments require expensive lab equipment or dangerous chemicals, there are plenty of cool projects we can do with regular household items. An experiment is a special type of scientific investigation that is performed under controlled conditions. Science experiments promote discovery and learning. Discovering new ideas is an integral part of learning science. It is something that teachers can't give to students, children themselves have.

Science experiments are sets of observations and hypotheses that are created in order to explore how the world works. For example, if you wanted to see what would happen if your soda was left out on a warm day or cold day, this could be classified as an experiment with two variables: temperature (warm or cold) and time elapsed before observing change (hours). Experiments can also be exploratory—for instance, exploring why milk goes sour when it's heated but not when it sits at room temperature. The goal is always to test new ideas and collect data so we can make informed decisions about our world!

Teaching science through practical experiments is one of the most effective ways for children to understand scientific concepts and processes. Practical, hands-on projects help children visualize how these concepts work in the real world and instill an understanding that they can apply their knowledge beyond just tests or homework assignments. They also allow different types of learners to engage with what would otherwise be a difficult subject matter like chemistry by giving them more time than traditional instruction methods provide so they have the chance to explore on their own terms.

Following are the top 10 benefits of science experiments:

Develops Scientific Vocabulary

Science experiments help students develop scientific vocabulary and terminologies that they can use throughout their lives when discussing the latest news in science.

They Get to Learn About Different Concepts

It is a fun way to teach children about concepts like gravity, inertia, and friction using real-life examples through hands-on activities.

Allows Teachers to Access the Knowledge of Students

Experiments allow teachers to assess how well students grasped certain principles at home or school while also giving them feedback on what should be taught next time around without having to rely solely on tests as a measure of understanding content covered so far in class.

Provide an Opportunity for Learners

They provide an opportunity for learners to experiment themselves which helps improve critical thinking skills by observing various outcomes with different variables set up within specific parameters.

Provides Chances to Design and Execute

The opportunity to design and execute their own experiments also helps students develop a sense of ownership which in turn encourages them to take more responsibility for what they learn, as well as have fun trying things out on their own.

Provides Chances of Hands-On Experiences

Experiments provide learners with hands-on experiences that are not found elsewhere than by doing specific tasks themselves rather than just passively absorbing information through reading or listening.

They Are Taught About Engaging with Action

Students can become more engaged when learning is associated with action – whether it be tinkering around in the lab setting up variables and testing hypotheses so they can see how theories about matter work; manipulating materials to test their properties; or exploring the natural world by making observations.

Emphasises on Critical Thinking

Science Experiments emphasize critical thinking skills, problem-solving techniques, communication skills, and higher-order thinking.

They Are Taught About Scientific Methods

They teach students about the scientific method – how scientists work on questions in science using experiments with variables that can be controlled so as not to lead to false conclusions.

Provides Students with Life Long Achievements

These hands-on experiences prepare students for life after graduation – whether that means a four-year university degree program, apprenticeship programs, trade schools, community colleges with technical degrees, etc.

To discover new ideas and concepts during their search for knowledge. Some experiments can be very simple, but even the simplest can contribute important evidence that helps scientists better understand the natural world.

Here is one experiment that deals with solubility and density.

Floating Fish

Material needed -

Paper, glass plate, water, measuring cup and dry-erase marker

Procedure -

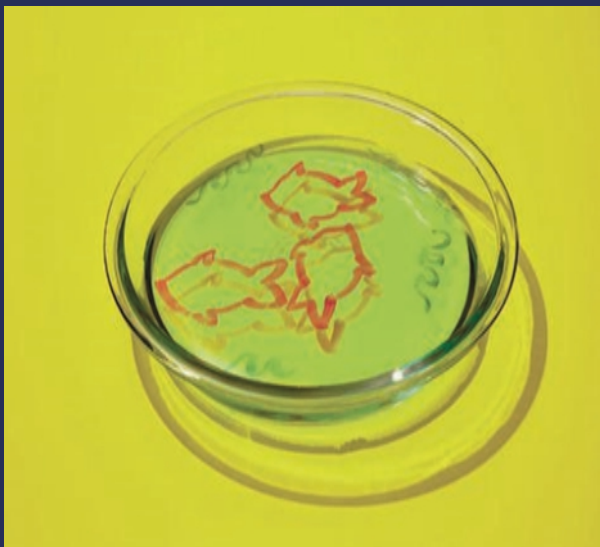
1. Draw the outline of a fish on the bottom of a glass plate or tray in dry-erase marker. Retrace your drawing to make sure all the lines are connected. Let dry for a minute or two.
2. Fill the measuring cup with tap water. Place the pour spout just inside the corner of the dish and add water very slowly until it just covers the bottom. Be careful not to pour water directly onto your drawing or make splashes near it. The water will move toward your drawing, eventually surrounding it. Observe what happens. If the water splashes or it doesn't work on your first try, empty the dish, erase the drawing with a paper towel, dry off the dish, and try again.
3. Tilt the dish slightly from side to side

Observation -

we can see the fish moves around on the water's surface.

Conclusion -

The ink in dry erase markers is engineered to be slippery. It's made with a chemical that causes it to easily release from surfaces. The easy-release ink lets go from a surface, but why does it float? There are two reasons. First, dry erase ink isn't soluble, which means it won't dissolve in water. Second, dry erase ink is less dense than the water, so it becomes buoyant, meaning it can float. When you tilt the dish, the fish moves around on the water's surface.



By:

Manisha Dhole,
Pre-Primary Teacher

Teacher Interview

SPOTLIGHT INTERVIEW- QUESTIONS FOR TEACHERS

1) Tell us a bit about yourself.

After Pursuing B.Ed., I have completed 21 Years in the Teaching Field. Teaching has always been my passion, and after completing my B.Ed., I was able to pursue my dream of becoming a teacher. Over the past 21 years, I have had the opportunity to work with hundreds of students and to help them achieve their academic goals. Teaching has been a rewarding and fulfilling career, and I am grateful for the opportunity to have made a positive impact on so many young lives. Throughout my career, I have had the opportunity to work with students from diverse backgrounds and with a wide range of learning needs. I have learned to be patient, empathetic, and flexible, and to create a supportive learning environment that encourages students to reach their full potential. I have also had the opportunity to work with the CM International School team of Supporting Principal and dedicated educators who have helped me to grow and develop as a Coordinator of CM International School Junior College.

One of the most rewarding aspects of my career has been seeing my students achieve their academic goals and develop a love of learning. Many of my former students have gone on to pursue successful careers in a wide range of fields, and it is gratifying to know that I played a small role in their success. I have also had the opportunity to see my students grow and mature over time, and to develop lifelong friendships with many of them. Over the years, I have also had the opportunity to participate in a wide range of professional development activities, including workshops, conferences, and training programs. These experiences have helped me to stay up-to-date with the latest teaching techniques and strategies, and to continue to grow and develop as a teacher. As I look back on my 21 years in the teaching field, I am grateful for the opportunity to have pursued my passion and to have made a positive impact on the lives of so many young people. Teaching is a challenging and rewarding career, and I am proud to be a part of this important profession. I look forward to many more years of helping students achieve their academic goals and to continue to grow and develop as a teacher.

2) What is it like being a teacher? Is it fun, exciting or stressful?

Being a teacher can be both fun and exciting, as well as stressful at times. It can be incredibly rewarding to see your students learn and grow, and to know that you have played a role in their development. Teachers have the opportunity to make a difference in the lives of their students, and this can be a very fulfilling experience. However, teaching can also be challenging and stressful, as teachers often have to manage large classrooms, work with students who have different learning styles and abilities, and deal with administrative tasks. Despite these challenges, many teachers find their work to be incredibly fulfilling and rewarding.

3) In what ways do you encourage creativity in your classroom?

Creativity is a vital skill that can help students to think outside the box, to solve problems, and to develop a love of learning. In this article, I will share some of the ways that I encourage creativity in my classroom.

1. **Encourage Exploration and Experimentation:** One of the best ways to encourage creativity is to give students the freedom to explore and experiment. I encourage my students to try new things, to take risks, and to think outside the box. I provide them with a variety of materials and resources, and I give them the time and space to explore and experiment.
2. **Provide Open-Ended Assignments:** Another way to encourage creativity is to provide open-ended assignments that allow students to express their own ideas and perspectives. I often give my students assignments that have multiple possible solutions or interpretations. This allows them to think creatively and to develop their own unique ideas.
3. **Use Creative Teaching Techniques:** I also use a variety of creative teaching techniques to engage my students and to encourage their creativity. For example, I might use storytelling, role-playing, or games to teach a particular concept or skill. I also encourage my students to work collaboratively and to share their ideas with one another.
4. **Emphasize the Process, Not Just the Product:** Finally, I emphasize the importance of the creative process, not just the final product. I encourage my students to reflect on their work and to think about how they can improve their creative process. I also provide constructive feedback and support to help them develop their skills and to become more confident in their creative abilities.

In conclusion, creativity is an essential skill that can help students to succeed in a rapidly changing world. By providing opportunities for exploration, using open-ended assignments, using creative teaching techniques, and emphasizing the creative process, teachers can help students to develop their creative skills and to become more engaged and enthusiastic learners. I am proud to be a teacher who encourages creativity in the classroom, and I look forward to continuing to inspire my students to think creatively and to reach their full potential.

4) Tell us about your likes & hobbies.

I have a wide range of likes and hobbies outside of my work. I enjoy reading, writing, and other creative pursuits. I also enjoy sports, listening to music, or spending time outdoors with family on Sundays. I have a unique passion for doing something new.

5) Do you make learning fun for your students? How?

Incorporating games, hands-on activities, and interactive lessons into teaching helps to make the learning process more enjoyable and memorable for students. Additionally, using humour and storytelling as a way to connect with students and create a positive classroom environment is helpful. Ultimately, the goal of making learning fun is to help students feel more motivated and engaged in their education, which can lead to better learning outcomes and a more positive attitude towards learning in general.

6) Besides lecture, what methods of teaching do you use?

I will share some of the methods of teaching that I use in my classroom to create a more dynamic and interactive learning experience for my students.

1. **Group Work:** One of the most effective ways to engage students and to encourage collaborative learning is through group work. I often divide my students into small groups and give them a task or assignment to work on together. This allows them to learn from one another, to develop essential skills such as communication and teamwork, and to become more engaged and invested in the learning process.
2. **Active Learning:** I also use active learning techniques to engage my students and to encourage them to take an active role in their own learning. This might include activities such as role-playing, simulations, or debates, which allow students to apply what they have learned in a more hands-on and interactive way.
3. **Technology:** As I mentioned in a previous article, technology can be a powerful tool for enriching lessons and engaging students. I use a variety of technology tools, such as interactive whiteboards, online resources, and mobile devices, to create a more dynamic and interactive learning experience for my students.
4. **Inquiry-Based Learning:** Another method of teaching that I use in my classroom is inquiry-based learning. This approach encourages students to ask questions, to explore new ideas, and to develop their own unique perspectives on a topic. It allows students to become more invested in the learning process and to develop essential critical thinking skills.
5. **Project-Based Learning:** Finally, I often use project-based learning in my classroom to help students develop essential skills such as research, communication, and creativity. Projects can be a fun and engaging way to learn, and they allow students to take ownership of their own learning and to develop a deeper understanding of a topic.

In conclusion, there are many methods of teaching that can be used to create a more engaging and interactive learning experience for students. By using group work, active learning, technology, inquiry-based learning, and project-based learning, teachers can help students become more invested in the learning process and develop essential skills for the 21st century. I am proud to be a teacher who uses a variety of teaching methods in my classroom, and I look forward to continuing to explore new ways to engage and inspire my students.

7) Would you describe yourself as a tough or understanding teacher?

Teachers can have different teaching styles and personalities, and may be perceived by their students as either tough or understanding, or a combination of both. Tough teachers may have high expectations for their students and hold them accountable for their actions and performance. They may use strict discipline and have clear rules and consequences for misbehaviour. While this approach can be effective in fostering discipline and responsibility, it can also be intimidating for some students and may not work for every learning style. Understanding teachers, on the other hand, may be more empathetic and patient with their students.

I usually use the same. It may take the time to get to know students' strengths and weaknesses, and tailor my teaching to meet the individual needs of each student. This approach can be effective in building relationships and creating a positive learning environment, but may also be perceived by some students as too lenient. Ultimately, the most effective teaching style is one that balances high expectations with empathy and understanding, and is responsive to the needs of each individual student.

8) How do you use technology to enrich your lessons?

1. Interactive whiteboards: Interactive whiteboards allow teachers to create dynamic and interactive presentations that engage students and facilitate group discussions. I use these boards to create diagrams, charts, and other visual aids that help students better understand complex concepts. 2. Educational apps: There are many educational apps available that can be used to supplement the lessons. These apps can provide interactive simulations, quizzes, and other activities that help students learn in a fun and engaging way. 3. Online resources: Use online resources such as videos, articles, and interactive websites to supplement the lessons and provide students with additional information and learning opportunities. 4. Virtual field trips: Use virtual field trips to take students on virtual tours of museums, historical sites, and other places of interest. This can help students gain a deeper understanding of the subject matter and make learning more engaging and interactive. Additionally, having a strong command of the subject matter is also important for effective teaching, as it allows to answer questions and provide explanations with confidence and clarity.

9) Describe a gifted student.

Gifted students often exhibit the following characteristics: 1. Exceptional abilities: Gifted students demonstrate exceptional abilities in one or more areas, such as academics, music, art, or athletics. 2. High levels of creativity: Gifted students are often highly creative, with a unique perspective on the world and a willingness to take risks. 3. Intense curiosity: Gifted students are often highly curious and interested in exploring new ideas and concepts. 4. Strong problem-solving skills: Gifted students are often skilled at analysing complex problems and developing innovative solutions. 5. High levels of motivation: Gifted students are often highly motivated to learn and to achieve their goals.

Challenges faced by gifted students despite their exceptional abilities include: 1. Boredom: Gifted students may become bored with traditional classroom instruction, which may not challenge them or provide them with opportunities to explore their interests. 2. Perfectionism: Gifted students may be perfectionists, setting high standards for themselves and feeling frustrated when they do not meet those standards. 3. Social isolation: Gifted students may feel isolated from their peers, who may not share their interests or abilities. 4. Pressure to perform: Gifted students may feel pressure to perform at a high level, which can lead to stress and burnout. 5. Lack of support: Gifted students may not receive the support they need to reach their full potential, which can lead to underachievement and frustration.

Conclusion: Gifted students are a unique and valuable part of our educational system. They possess exceptional abilities and a unique perspective on the world, but they also face a number of challenges that can hinder their academic and personal growth. As educators, it is our responsibility to identify and support gifted students, providing them with the education and resources they need to reach their full potential. By doing so, we can help these students to become the innovators, leaders, and problem-solvers of tomorrow.

10) Who influenced you to become a teacher?

Many people are inspired to become teachers by the positive experiences they had with their own teachers. I had a teacher who was particularly engaging, supportive, and inspiring, and who helped us to develop a love of learning. These experiences motivate me to want to become a teacher to have a similar impact on the lives of students. I may also be drawn to teaching because of my love of a Social Science subject. I am passionate about sharing the knowledge and expertise with others, and about inspiring young people to explore and discover the world around them. Regardless of the inspiration, becoming a teacher is a noble and rewarding profession that can have a profound impact on the lives of others.

11) List 5 adjectives that accurately describe yourself.

1. Passionate 2. Patient 3. Creative 4. Enthusiastic 5. Dedicated

12) What were you like, as a student?

As a teacher with over 22 years of experience, I have had the opportunity to work with a wide range of students, each with their unique strengths, challenges, and personalities. But what was I like as a student? In this article, I will reflect on my own experiences as a student and how they have shaped my approach to teaching. As a student, I was a curious and motivated learner. I enjoyed exploring new ideas and concepts, and I was always eager to learn more. I was particularly interested in history and literature, and I spent many hours reading and researching these topics. I also enjoyed writing, and I was often praised for my ability to express my ideas clearly and persuasively. However, I was not without my challenges as a student. I struggled with math and science, finding these subjects difficult to understand and apply. I also struggled with organization and time management, often leaving assignments until the last minute and feeling overwhelmed by deadlines. Despite these challenges, I was fortunate to have teachers who recognized my strengths and supported me in my areas of weakness. They encouraged my love of learning, provided me with opportunities to explore my interests, and helped me develop essential skills such as critical thinking, communication, and collaboration. As a teacher, my own experiences as a student have shaped my approach to teaching. I strive to create a learning environment that is supportive, engaging, and challenging, where students feel valued and encouraged to explore their interests and strengths.

I also recognize the importance of providing students with opportunities to develop essential skills such as critical thinking, communication, and collaboration, which will serve them well in all areas of their lives. In conclusion, my experiences as a student have shaped my approach to teaching and have helped me to better understand the needs and challenges of my own students. As a teacher, I am committed to providing my students with the support, resources, and opportunities they need to reach their full potential and to become lifelong learners.

13) Tell us about an award or recognition during your teaching career?

Appreciation from students and management is a significant source of motivation for teachers. When students express their gratitude and acknowledge the hard work, dedication, and passion of their teachers, it can be incredibly rewarding. Such appreciation can help teachers feel valued and recognized for their efforts, which can boost their morale and motivation. Similarly, when management recognizes the contributions of their teachers, it can help create a positive work environment and improve job satisfaction. When teachers feel appreciated and valued, they are more likely to be productive and engaged in their work. This, in turn, can lead to better student outcomes and improved school performance. However, as a teacher, it is essential to remember that appreciation and recognition should not be the sole motivators for doing the job. The primary responsibility of a teacher is to provide quality education and support to their students. Regardless of the designation or position, teachers have a critical role to play in shaping the minds and futures of their students.

14) In your opinion what are the biggest challenges that teachers face today?

In today's world, teachers face various challenges that make their job more difficult and demanding. Some of the most significant challenges that teachers face include: 1. Student Engagement: Keeping students engaged and motivated in the classroom is a significant challenge for teachers. With so many distractions and competing interests, it can be challenging to keep students focused on learning. 2. Technology Integration: With the increasing use of technology in education, teachers need to be proficient in using technology to enhance learning. However, not all teachers are comfortable with technology, and it can be challenging to integrate technology effectively into the classroom. 3. Student Diversity: Today's classrooms are more diverse than ever before, with students from different backgrounds, cultures, and abilities. Teachers need to be able to create an inclusive learning environment that meets the needs of all students. 4. Time Management: Teachers often have a lot of work to do outside of the classroom, such as grading papers, preparing lesson plans, and attending meetings. It can be challenging to balance all of these tasks while still providing quality instruction to students.

Overall, being a teacher is a challenging but rewarding profession. Despite the challenges, teachers play a critical role in shaping the minds and futures of their students and making a positive impact on society.

15) What would be your advice for upcoming teachers.

1. Be passionate about teaching: Teaching can be a challenging and demanding profession, but it can also be incredibly rewarding. To be a successful teacher, it is essential to have a genuine passion for teaching and a desire to make a positive impact on the lives of your students. 2. Build relationships with your students: Students learn best when they feel connected to their teacher. Building positive relationships with your students can help create a safe and supportive learning environment and improve student outcomes. 3. Be flexible and adaptable: Every student is unique, and every classroom is different. As a teacher, it is essential to be flexible and adaptable to meet the needs of your students and adjust your teaching style accordingly. 4. Continuously learn and grow: Teaching is a lifelong learning process. To be an effective teacher, it is essential to continuously learn and grow, stay up-to-date with the latest research and teaching strategies, and reflect on your teaching practices. 5. Seek support and collaborate with colleagues: Teaching can be a challenging and isolating profession. It is essential to seek support from colleagues, mentors, and professional networks and collaborate with other teachers to share ideas, resources, and best practices. Overall, teaching is a challenging but rewarding profession that requires passion, dedication, and continuous learning. By following these tips and seeking support and guidance when needed, upcoming teachers can be successful in their careers and make a positive impact on the lives of their students.

By:

Neerja Wahi,

Secondary Teacher

Student Interview

1. Three adjectives that describe me.

- Good drawing skills
- Social
- Creative

2. Three things I get scolded upon by my parents.

- Too much screen time (phone)
- Staying up past 12am on weekends and past 10:30 on weekdays
- Sometimes for not helping with the household work

3. I like doing my homework with- (Either of parent/ grandparent)

- I do it on own or with my mom on very rare occasions

4. My favourite colours

- Black
- Oxford blue

5. My Favourite Cartoon Character

- Shin-chan
(I prefer anime now a days like Tokyo Ghoul, Jujutsu Kaisen, One piece, etc)

6. My favourite novels/ book series:

- The Fault in Our Stars by John Green
- Percy Jackson and Heroes of Olympus by Rick Riordan

7. Food that I dislike eating (Mention home-cooked dishes)

- I'm a big-time foodie I don't dislike anything in particular except bitter gourd.

8. I am a spicy/ sweet food lover.

- Sweet food lover

9. My three best friends

- Abha Bhatt
- Deeya Sarkar
- Shefali

10. **My nickname at home is**
 - Diya
11. **If my one wish came true, what would it be**
 - To study abroad and get a high paying job
12. **If I get a chance to be a cartoon character, I would be**
 - I don't know
13. **Who is your favourite teacher?**
 - Ajeeta ma'am (previous teacher)
14. **My favourite flavour of a birthday cake is?**
 - Chocolate truffle (gnash-based cakes, I don't like frosting)
15. **If I was allowed to have a pet, the animal would be**
 - German Shepherd, Dober Man or a Husky (Dog Breeds)
16. **Toys I cry for**
 - I don't
17. **Wish me Birthday on**
 - 23rd of April
18. **My parents and teachers like me because**
 - Because I am caring, helping and social

By:
Advika Bhardwaj,
Victorious IXC

C M Literary Club : Author Introduction- Manu.S. Pillai

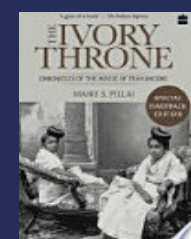
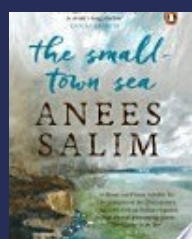
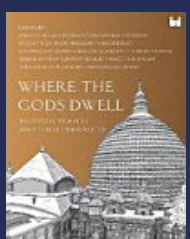
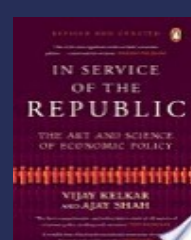
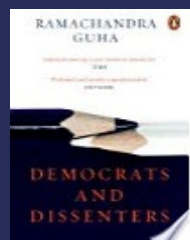
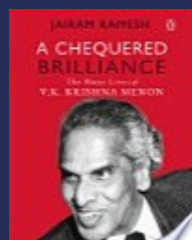
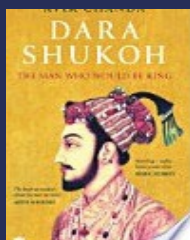


Manu S. Pillai was born in Mavelikkara, Kerala in 1990. He grew up in Pune. He got his Bachelor's Degree in Economics from Fergusson College, Pune. He got a Master's Degree in International Relations from King's College London.

Following his education, he worked with the Parliamentary office of Shashi Tharoor in New Delhi and Lord Karan Bilimoria in London. He also worked as a researcher on the BBC Series, Incarnations with Sunil Khilnani, which tells the story of India through fifty great lives. In 2017, he became a full-time historian and writer. He is currently pursuing his PhD at King's College, London.

Pillai is known for his debut non-fiction *The Ivory Throne: Chronicles of the House of Travancore* for which he won the Sahitya Akademi Yuva Puraskar in 2017. The story is expected to be adapted into a web series by Arka Mediaworks. *Rebel Sultans*, Pillai's second work, narrates the story of the Deccan from the end of the thirteenth century to the dawn of the eighteenth century. His most recent book is *The Courtesan, the Mahatma and the Italian Brahmin*. He has announced that he is working on his next work which is due to be published in 2022.

Books He Has Written



By:

Diya Katte,
Inspiring VIIIA

Types of Bags for Different Occasions

Bags, beyond doubt, are one of the most important accessories adorned by men and women. Along with being extremely useful, they act as style statements and help to enhance your personality. They are a must-have for most occasions and will never disappoint you.

There are a variety of bags-some for style, some for utility and some to add a vibe to your appearance. In today's world, there is a never ending list of options for every type, shape and colour and it becomes very difficult to determine which to use when and where. So here's a small guide to help you through some tough decisions.

1. **Clutch bags:** Tiny but elegant and convenient, these bags are a must have in every woman's wardrobe. There are different types of clutches-some to just fit your phone and a lipstick, while some can carry a few more items. Some of them come without strings so have to be held in the hand, hence the name. These bags can be carried at formal events, weddings and parties.
2. **Sling bags:** These stylish bags are meant to keep your hands free. They come with long chains or straps and can be worn across the body to help you perform errands while not worrying about your belongings.
3. **Tote bags:** Extra large bags for those who like to carry everything with them when they travel. These bags are super convenient as they can fit books, clothes, wallet, medicines and other accessories. They can be used for school, gym, shopping and vacations.
4. **Duffle bags:** These are large and functional and are mainly used to carry your wardrobe when going out for a weekend or a work trip. The smaller ones can also be used for the gym, park and while travelling with children, when you need to carry a lot more stuff than you normally do.
5. **Backpacks:** The most beloved and convenient bags of all time, these bags are comfortably rest on your shoulders and carry anything and everything you want to carry to any event, be it a house party, office, school, weekend travel or just shopping. There are now a variety of backpacks you can choose to fit your wardrobe and style.

There is world of bags out there and this is a very tiny list. Bags provide comfort and luxury and make you independent and complete wherever and whenever you leave the house. They are as important as any other piece of jewellery you adorn and make you look stylish and trendy.

By:

Mridha Saluja,

Pre – Primary Coordinator

How much you love MIND MIRAGE, our very own E - Magazine.

Preface :

School magazine is important artifact in every educational institution and serves as a footprint of school growth that would reflect on its future generation of students. It speaks of how the traditions of educational institution have evolved and nourished by everyone. The great culture and traditions that have been followed for years or generations altogether. It provides arena for students and teachers to exhibit their creative talents.

What is Mind Mirage?

MIND Mirage is a window to a whole new dimension of life and brings in a very different perspective to how we look at things or approach them. It provides a platform where students, teachers, parents as well as coordinators can express their views.

How do readers benefit?

The quarterly edition covers wide range of topics from academic subjects like English, History, geography, mathematics, Science, Technology, Stock Market. It covers 360° knowledge on Investments, current affairs, social affairs, Journalism, Sports, Handicrafts, etiquettes, mannerism, etc.

It is fun to learn recipes from young chefs and enriching to gain experiences of teachers, students, Principal, as well as parents. It keeps every reader updated about school activities, school participation, achievements, as well contribution of school, students, teachers as well as Management and celebrations held in school.

Why do I like it?

I personally love to read Mind Mirage because it contains articles with lot of Innovations, fun content and progressive thoughts. I love Travel essay very much because we can virtually explore more about the places we never visited from writers lenses and digitally experience them.

I love travelling a lot but hardly find time to do so but was very excited to read “Best Places to visit” article in last quarter Mind Mirage. I virtually reached to Salar De Uyuni, Rainbow mountains in China, Naica mine, Victoria falls of Zambia, Sea of stars on Vaadhoo island in Maldives, Northern lights Norway, etc. And had a mesmerizing experience.

While reading the description of these places I really feel the beauty of the nature.

In short :

MIND MIRAGE brings platter of experiences to gain by students, parents or teacher and increase our imaginations, develop creativity, and generate positivity. Gain ideas about hobby classes, children movies, new books to read. Each and every aspect of day to day life has expressed in an elaborative and interesting manner.

By:

Sarika A. Patwardhan,

Pre – Primary Teacher

Teachers Quiz- Identify the Teacher.

He teaches u discipline.

He insists you to Cut your hairs and Nails.

He is strict and his personality is very cheerful.



Young Chefs-Healthy Eating (Recipe by Students)

Jal Jeera Recipe

How to make Jaljeera Drink / Jal Jeera Recipe! In Hindi "Jal" means water and "Jeera" means cumin seeds which literally means Jeera Water. But it tastes far better than jeera water and is a popular summer drink in India. It is a natural, best summer drink or coolant and can be had during stomach upset as it hydrates and rejuvenates the body. Do try this Jaljeera drink!



Ingredients for Jaljeera Drink

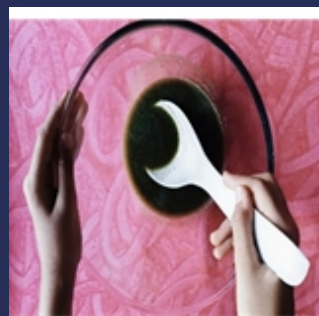
- Coriander Leaves - 1 cup
- Mint Leaves - 1 cup
- Sugar - ½ cup
- Chat Masala Powder - 1.5 tsp
- Cumin Powder - 1.5 tsp
- Tamarind - 1 small lemon size
- Lemon Juice - 3 tbsp
- Salt - 1 tsp
- Ginger - 3 cm piece peeled and chopped
- Cold Water as needed
- Ice cubes as needed

How to Make Jaljeera Drink

1) Take all the ingredient in a blender, add little water to it and make it into a fine paste.



2) Strain this through a sieve. This is the syrup.



Now add more cold water because this is the strong essence. You can store this in a fridge for a week.

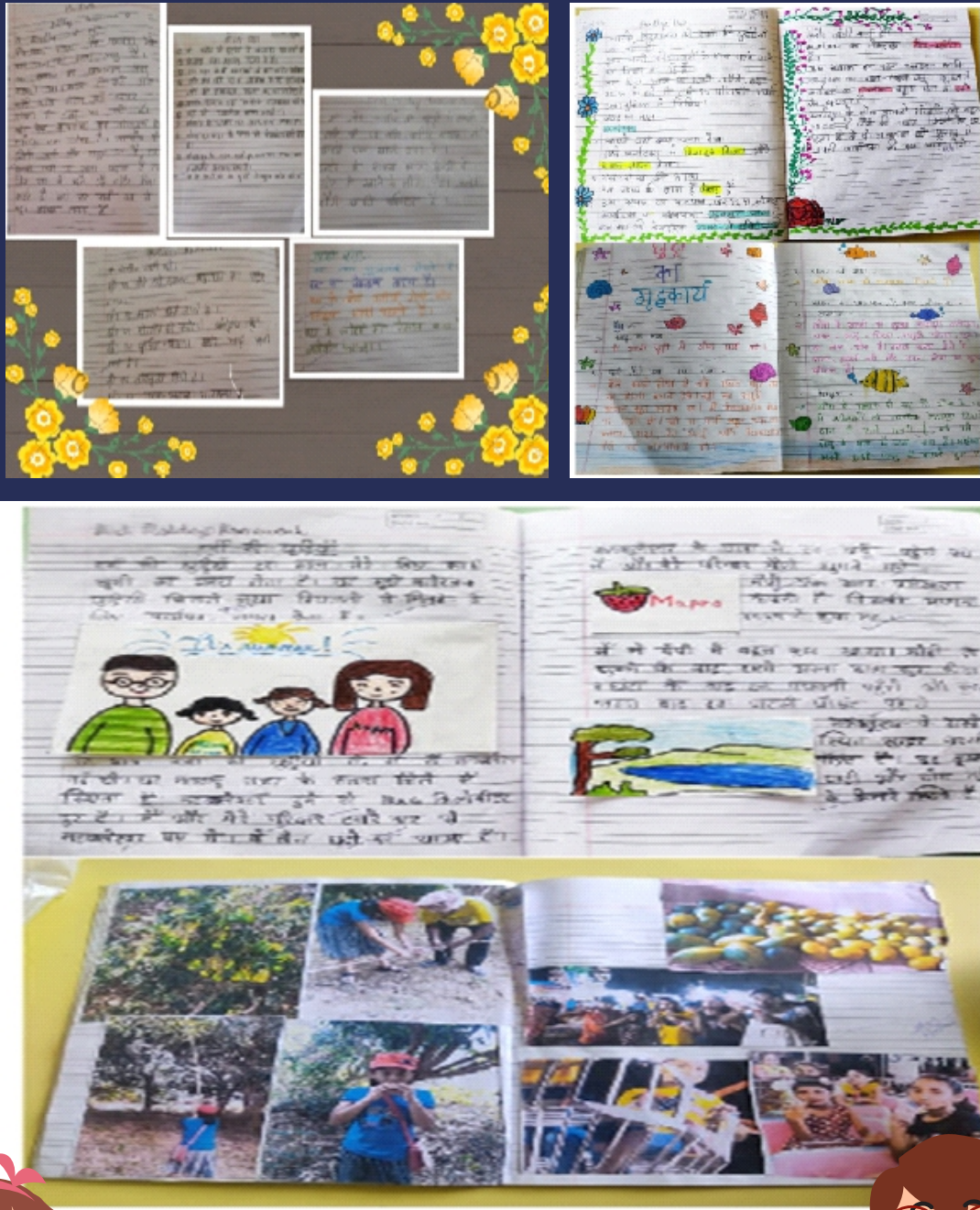
4) Take a glass, add few ice cubes, pour the juice in and garnish your drink with lemon slice and mint leaves. Your Jaljeera Drink is ready! Enjoy!!



By Bhairavee Jagtap ,
Empowering IIC

The most memorable holiday with my parents

By Students of Grade Emp III, Emp IV and Insp V



School Library - Book reviews by Student

My book report is on Harry Potter and the Chamber of Secrets. I chose this book because I love Harry Potter and I decided to read the books. It was first published on July 02, 1998. Before it, there was Harry Potter and the Philosopher's Stone and after the Chamber of Secrets, it was Harry Potter and the Prisoner of Azkaban.

Harry Potter and the Chamber of Secrets is about Harry Potter and his friends at Hogwarts. Harry Potter is an ordinary 11-year-old boy living with his aunt and uncle. He learns that he is actually a wizard and has been invited to attend the Hogwarts School for Witchcraft and Wizardry. In the beginning, Dobby went to Harry's house and told him that he should not go to school this year. It is very dangerous. Harry went to school anyway. A cat and a lot of people got petrified. Some of Harry's friends think it is him causing the problems. When Harry was playing Quidditch, Dobby made the ball hit him and Harry lost all of the bones in his arm. Then, Professor Lockhart taught the students at Hogwarts how to fight evil. Harry spoke in Parseltongue which is making sounds like a snake. Harry lives with his aunt and uncle in Surrey, England. He goes to school at Hogwarts, which is in Scotland. JK Rowling has said that Harry is born on July 31, 1980. The main story starts when he's 11, meaning that, it takes place throughout the nineties. Harry finishes his last year at Hogwarts in 1998. Harry's horrible uncle, aunt, and cousin are keeping him trapped in the house with no one to keep him company but his snow-white owl, Hedwig. He is afraid that the magical life he once had at Hogwarts was all just a dream. His summer is not enjoyable, until a house elf from the magical world appears in his room. Dobby, the house elf, warns Harry that danger awaits him back at Hogwarts. Hogwarts was his first real home where he finally had real friends. Dobby causes destruction downstairs purposely to discourage Harry from going back.

Harry's horrid Uncle Vernon is outraged and locks Harry in his room. In the middle of the night. Harry hears a noise outside. His friend Ron and his twin brothers came to save him. Harry escapes from Privet Drive and they fly to the Burrow, the Weasley's home. Mr. Weasley was happy to see Harry in the middle of the night.

By:

Ananya Kanaskar,

Victorious IXA

"How Effective Parenting can make children responsible as Adult"

When it comes to parenting, there is a great deal of diversity among families. Cultural background has a major impact on how the family units exist and how children are reared. Every parent has a different approach in how to interact and guide their children. The definition of culture refers to a pattern of social norms, values, languages and behaviour shared by individuals. As a result, parents are affected by their culture.

'Intelligence is not enough, intelligence plus character, that is the goal of true education'- Martin Luther King Jr.

Character is a set of qualities, values, that shape our thoughts, actions, reactions and feelings. Conception of who parents are and what constitutes the best condition for raising children vary widely. From classic anthropological and human development perspectives, parenting often is defined as a primary mechanism of socialization, that is a primary means of training and preparing children to meet the demands of their environments and take advantage of opportunities within those environments. As Borstien (1991, p.6) explains, that "particular and continuing task of parents and other caregivers is to enculturate children----- to prepare them for socially accepted physical, economic and Psychological situations that are characteristic of the culture in which they are to survive and thrive". Attachment security is a central aspect of development that has been defined as a child's sense of confidence that the caregivers is present to meet his or her needs. (Mai and Cassidy, 1988).

Development psychologist and economist have described investing resources in their children as anticipation of promoting the children's social, economic and psychological well-being. (Kahil and Deleire 2004) characterised this as the goals of these investments as helping children successfully regulate biological, cognitive and social-emotional function functioning. Parents are central to children's development, other influencers such as relatives, close family friend, teacher, community members, peers and social institutions also contribute to the children's growth and developments. The most important thing we can do for our children is to help them acquire values and skills that they rely on throughout their lives. In doing so, they will have the best chance to lead good lives as individuals and citizens of their communities and of nation.

It provides the emotional root for caring about other people. Being truthful with ourselves and with others. Fair decision making for the right of everyone to be treated equally and honestly, self-discipline to set a realistic goal or to make a plan. Good judgement developed in children results in a strong character by learning to think about and make sound judgement. Respect for others, children learn to respect others when they are treated with respect themselves. Teaching children self-respect, however, does not mean complimenting everything they do. They also need honest criticism from time to time. When we do criticize, we should focus on things they have done, not on them personally. Encourage them to overcome to fear in order face a difficult situation.

Children need to learn that being part of a family and community involves accepting responsibilities to make our families and communities will be stronger. Help them as a coach to focus on their attention, on what is important and fine-tune important skills step by step. Support them with praise, encouragement, and gentle reminders. Involve them in other activities where they get to help others, make a positive impact and to develop their social skills. Effective parenting has been found to impact everything from self-esteem to physical health to academic performance.

Adults who were raised by parents who adopted a healthy parenting style tend to have a more secure attachment style while displaying better social skills and individual life skills.

By:

Rajeshwari Neogi,

Secondary Teacher

How reading News and staying updated with current affairs makes you stand out in the crowd

Reading is key to learning, whether it is reading a novel, subject book, or the daily newspaper. Newspaper has always been an essential part of our routine. With changing times, the mode of reading news and ways of keeping updated on current affairs has drastically changed, but the value of it has never decreased/diminished.

Reading news always enhances analytical skills and improves our ability to think and analyse various aspects of our daily life.

By reading news and understanding about current affairs, we get the power to express ourselves in the crowd of millions. It helps us to improve our language comprehension, vocabulary and writing skills which are the key to stand out in the crowd confidently.

By reading news and current affairs, we also get to know different views and perspectives on events or issues, that help us to develop an unbiased and comprehensive understanding of any topic. Reading of news broadens our outlook and can help us to be unique in the crowd.

It can help us to be a social reformer and public educator.

Reading news fosters our psychological confidence and courage and sparks our personal growth. It is a source of inspiration and helps boost our confidence to express ourselves freely in all odd situations. It helps us to get rid of all sorts of anxiety and fear of speaking in public events and proving ourselves to the mass public.

Reading news and keeping us updated on current affairs help us becoming more knowledgeable and knowing the world around us.

By:

Anandita Sharma,

Inspiring VIIC

Life stories - Veer Savarkar

The Most Feared Revolutionary Swatantrya Veer Savarkar

अनादि मी अनंत मी अवध्य मी भला ।
मारिल रिपु जगति असा कवण जन्मला ।

I have no beginning, no end. I cannot be killed. That enemy who would kill me is not yet born.

As written in above poem, Swatantrya Veer Savarkar and his thoughts are eternal.

The Most Feared Revolutionary Vinayak Damodar Savarkar was born on 28 May 1883 at Bhagpur near Nashik, Maharashtra. He was blessed with a patriotic mind and nationalistic ideas from an early age.

V.D Savarkar was immensely influenced and inspired by ideas and philosophy of Lokmanya Tilak. In 1902, he joined the Ferguson College for graduation, later in 1906 he went to London for higher studies and became Lawyer.

Before going to London in 1905, the young patriot actively participated in swadeshi movement. In 1910, he was jailed for sending 20 pistols from London to Bombay to carry out armed operation against British government in India. During his transfer from London to India on the way near Marseilles, he jumped through the porthole of the steamboat of 'Morya' and swam till he reached the beaches of France. This jump (Marseilles leap) was famous universally. He was jailed in the Andaman Cellular jail. He has spent 50 years in the jail. Savarkar was kept in solitary confinement at the infamous Cellular jail in Andaman. The treatment given to the prisoners was inhuman. To further torture him mentally, the jailor had given him a special cell. It was all dark and cold, with a small window. And the only scene visible from that window was of the gallows. The jailor was trying to tell Savarkar that only way out of here is through death. In those days also he was very much optimist and written the Poem "अनादि मी अनंत मी .." on the walls of the Jail.

In 1920, British Govt. moved him from the Andaman Cellular jail to Yerwada Jail. After 4 years He got released from jail on the condition that he should not take part in politics. He was detained at Rantnagiri for 13 years. He actively participated in many social works like stoped the casteism uprooting, prevention of untouchability and protection of the cows. He tried for better language speaking and writing. For 60 years he took efforts for social works. This famous patroit, V.D Savarkar, passed away on 26 February 1966 at the age of 83. He was a historical freedom fighter and got to see his results after so much efforts that he took to free India and witnessed it on 15 August 1947.

He had a very high patriotism and had a single goal that was to free India. Few of his famous Poems and Books are

जयोःस्तु ते श्रीमहन्गले शिवास्पदे शुभदे

(Jayostute Shree Mahanmangale Shivaspade Shubhade)- Poem

सागरा, प्राण तळमळला

(Sagara Pran talmalala) - Poem

माझी जन्मठेप

(Mazi Janmathep) - Book

1857 Swantantra Samar - Book

Hindutva - Book (which he wrote in the Ratnagiri Jail)

By:

Parth Pande,

Inspiring VIIIA

Opinions Matter – Importance of Sengol



India's traditions have always been the rich and most diverse in the world. One such example we hear nowadays is the installation of the historic Sengol at Lok Sabha in the newly constructed parliament of India. On 28th May 2023, Sengol was installed by the Honorable Prime Minister of India Shri Narendra Modi.

Sengol is a gold-plated silver scepter made by Vummidi Ethiraju a jeweler from Madras in 1947. There is a Nandi bull on top of the sengol symbolizing justice and strength.

The origin of handing over the Sengol can be traced back to the Chola dynasty of South India, one of the longest-ruling dynasties in the world. During Chola's rule, the power was transferred from one king to the new one in the presence of a priest, and it was sanctified with Sengol that would remind the king to rule with justice.

In 1947 Lord Mountbatten, the last Viceroy of India asked Pandit Nehru about the ceremony that should be followed to symbolize the transfer of power from British to Indian hands. C Rajagopalachari, the last Governor-General of India, told Pandit Nehru about a ceremony performed during the Chola dynasty, in which the transfer of power from one king to the other was sanctified and blessed by high priests. "The symbol (for the transfer of power) used was the handover of the 'Sengol' from one King to his successor.

On 14th August 1947, Lord Mountbatten handed the Sengol to Shri. Pandit Jawaharlal Nehru as a symbol of power transfer from the British to the Indian government. It was also considered as a symbol of achieving independence. 11 poems were sung at that time from a Tamil literature 'Kolaru Pathigam'. Then the Sengol was kept at 'Teen Murthi Bhavan' the residence of Pandit Jawaharlal Nehru at Prayagraj.

Although we are parliamentary democracy now and these practices were observed by monarchs. The Sengol is symbol of power transfer to people of India and parliament is symbol of people's representation in the power. Sengol in parliament will always give the message that people of India are the real rulers of this Nation.

By:

Sayali Raikar,
Inspiring VIII B

Hobby Classes – Origin of Board Games. Players and popularity in India

Board games are table top games that typically use pieces. These pieces are moved or placed on a pre-marked board (playing surface) and often include elements of table, card, role-playing, and miniatures games as well.

Many board games feature a competition between two or more players. To show a few examples: in checkers (British English name 'draughts'), a player wins by capturing all opposing pieces, while Euro games often end with a calculation of final scores. Pandemic is a cooperative game where players all win or lose as a team, and peg solitaire is a puzzle for one person.

Viswanathan Anand (born 11 December 1969) is an Indian chess grandmaster and a former five-time World Chess Champion. He became the first grandmaster from India in 1988, and is one of the few players to have surpassed an Elo rating of 2800, a feat he first achieved in 2006. In 2022, he was elected the deputy president of FIDE



Anthony Maria Irudayam (born 1956 in Chennai, India) is a two-time World Carrom Champion and nine-time national champion of India. He was awarded the prestigious Arjuna Award, a sporting honour presented by the Government of India, in 1996.[2] As of 2007, he is the only person to have received the award for carrom. He is the current secretary of the Chennai District Carrom Association. He has rued over lack of sponsorship in carrom over the years.

Koneru Humpy (born 31 March 1987) is an Indian chess player best known for winning the FIDE Women's rapid chess championship in 2019. In 2019, she became women's World Rapid champion after coming back from a two-year maternity sabbatical. In 2020, Humpy won the BBC Indian Sportswoman of the year award, following a public vote. Humpy is representing India at 2022 Chess Olympiad which is being held in Mahabalipuram, Tamilnadu.

By:

Dinesh Ingale,
Sport Teacher

Popular Children Movies- Review by Teacher

"Chillar Party" is a heart-warming and delightful Indian film that captures the innocence and charm of childhood friendships. Directed by Nitesh Tiwari and Vikas Bahl, This 2011 comedy-drama revolves around a group of mischievous kids who come together to fight for a cause.

The film tackles several important social issues, such as child labour, the power of unity, and the importance of standing up for what is right. It presents these themes in a way that is accessible to both children and adults, making it an engaging and thought-provoking watch for the whole family. The direction and storytelling in "Chillar Party" are commendable. The film manages to maintain a lighthearted and entertaining tone while addressing serious topics.

Movie opens up with each child character from Chandan Nagar society being introduced through their traits. While each character is distinct and well-developed, Naman Jain as Jhangiya, the kid who doesn't wear underwear, is a scene-stealer and entertains the most. Their camaraderie feels authentic, and it's a joy to watch them navigate their adventures, pranks, and challenges together.

Real story started when Fatka enters society as domestic help with his mate, stray dog, Bhidu, the boy and his dog become inseparable from Chillar party gang. Scenes showing the society kids being influenced by Fatka's tapori lingo or the ones where the Chillar Party is trying to get a grip on news headlines are hilarious. When a scheming politician comes up with a drive to get rid of stray dogs from the city which endangers the life of Bhidu, the society members want Fatka to leave with his dog but the Chillar Party stands up in support of their friend. Together they attempt every possible trick from chaddi march to spreading public awareness to save their friends.

Another noteworthy aspect of the film is its realistic portrayal of child psychology and the challenges faced by children growing up in a complex society. It explores their innocence, their dreams, and the pressures they face from their families and society. By giving a voice to these young characters, "Chillar Party" provides an insightful perspective on the world through their eyes.

Overall, "Chillar Party" is a delightful and meaningful film that blends comedy and drama with a social message. It is a film that successfully captures the essence of childhood and reminds us of the power of friendship, unity, and compassion. If you're looking for a feel-good movie that leaves you with a smile on your face and a warm feeling in your heart, "Chillar Party" is definitely worth a watch.

By:
Prachi Modi,
Primary Teacher

Popular children movies

1. The Elephant Whisperers (2022)

Documentary/Short movie



What an amazing documentary showing the true bond between the caretakers and the animal depicted beautifully on the screens. This movie is a true story about Bomman and Bellie, a middle aged couple of the Kattunayakan tribe in a Tamil Nadu national park, devote their lives to take care for two orphaned baby elephants named Raghu and Ammu. It is the first Indian documentary to win an Oscar. Really a proud moment for us! This film is directed by documentary filmmaker Kartiki Gonsalves in her directorial debut. It was intriguing and mesmerizing film to watch. It gives me goose bumps to know the tribe's perspective of taking form nature, what is just needed, is truly awesome. We read all these in text books but fail to do in our own life.

World need more people like them. Humans like Bomman and Billie should exist everywhere. The Elephant Whispers is one of the most enchanting documentary I have ever seen. Each frame is unique and realistic that reflects the creative temperament of the director and the entire team thoroughly. Just mind blowing how a human can bond with an elephant and how it reciprocates back to the love it is given. No wonder this documentary got an Oscar. The best thing about this short documentary is that it has something for everyone. Cinematography was just awesome. Loved watching every moment. The title of the movie is so apt. An elephant whisperer is someone who has the unique ability to connect with and understand the needs of many animal species. It is no doubt a well-researched and neatly presented documentary. It is a must see movie that everyone should watch at least once.

Popular children movies

2. Life of Pi (2012)



This movie is based on a novel written by Yann Martel in 2001 with the same name and directed and produced by Ang Lee in 2012. It is about faith as a survival tool and a source of courage and persistence. Life of Pi is an exhilarating drama about the mysteries which light up our lives, the faith that enables us to make a leap into the dark, the teachings of animals, the fierce and turmoil of emotions and leaving with a feeling of blankness and fulfilment both. Hats off to the entire team!

By:

Atasi Verma,

Primary teacher

Journalism as a Profession: Shaping the World Through Truth and Accountability

Journalism is a dynamic and crucial profession that serves as the backbone of a democratic society. It plays a vital role in informing, educating, and engaging the public by providing accurate and timely information about events, issues, and trends that shape our world. With a rich history dating back centuries, journalism has evolved significantly, adapting to technological advancements and societal changes. In this era of digital media and information overload, the role of journalism has become even more important in separating fact from fiction and maintaining the integrity of information.

As a journalist, I am privileged to be part of a profession that holds immense power and responsibility. Journalism is not just a job for me; it's a calling, a passion that drives me to seek the truth, tell compelling stories, and make a difference in the world. Every day, I wake up knowing that I have the opportunity to inform, educate, and inspire others through my work. I am entrusted with the task of providing accurate and unbiased information, allowing people to make informed decisions and understand the complexities of the world we live in.

Being a journalist means being a voice for the voiceless. It means giving a platform to those who are marginalized, oppressed, or unheard. It means shining a light on injustice, corruption, and wrongdoing, even when it's uncomfortable or risky. It means holding those in power accountable, asking tough questions, and seeking the truth, no matter the consequences.

Journalism is about telling stories that matter. It's about capturing the human experience, the triumphs, the struggles, and the emotions that shape our society. It's about giving a voice to individuals and communities, amplifying their stories, and raising awareness about the issues they face.

But being a journalist also comes with challenges. We face pressure from various sources, including political and corporate interests. We navigate through a constantly changing media landscape, where the lines between news and entertainment are blurred, and the demand for instant news often sacrifices accuracy and depth. We are subject to scrutiny, criticism, and even threats to our safety as we pursue the truth.

Yet, despite these challenges, I remain committed to my profession. Journalism is not just a career; it's a responsibility to the public. I strive to uphold the highest standards of integrity, to verify facts, to provide balanced and comprehensive coverage, and to engage in critical thinking. I believe in the power of journalism to shape public opinion, foster dialogue, and contribute to positive change.

In the face of misinformation, sensationalism, and the erosion of trust in media, I am reminded of the importance of my role as a journalist. I am driven to rebuild that trust by delivering accurate, reliable, and impactful stories. I am determined to adapt to the ever-evolving digital landscape, utilizing new tools and platforms to reach wider audiences and engage with readers in meaningful ways.

Journalism encompasses various forms of media, including print, broadcast, and online platforms. Journalists work in newsrooms, conducting interviews, investigating stories, and writing articles or producing news segments. They are often found on the front lines of major events, reporting from conflict zones, covering political campaigns, or documenting social movements. Journalists also specialize in specific areas such as politics, economics, science, or entertainment, providing in-depth analysis and expert commentary.

By:
Prashant Patil,
Parent

English Language Trivia – One Word for Many

1. Study of Stars – astronomy
2. A room or building equipped for gymnastics – gymnasium
3. A storehouse for threshed grains – granary
4. A place where coins or medals are made – mint
5. A farm/field where fruit trees grow – orchard
6. A self-governing country – autonomy
7. A family of young animals – brood
8. A large lake used as a source of water supply - reservoir
9. A large, tall cupboard in which clothes may be hung or kept – wardrobe
10. The supervising person during an examination - invigilator

By:

Pranjali Parite,

Primary Teacher

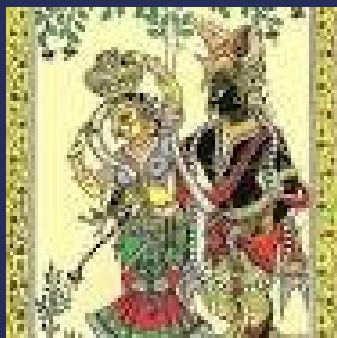
Handicrafts of India

A handicraft, sometimes more precisely expressed as artisanal handicraft or handmade, is any of a wide variety of types of work where useful and decorative objects are made completely by one's hand or by using only simple, non-automated related tools like scissors, carving implements etc. and natural colours.

From time immemorial, India is known for its customs. As far as art and culture are concerned, India features among the topmost-rated culturally rich countries in the world. The handicrafts of India have been loved and respected worldwide and have left everyone awestruck.



Madhubani art : Madhubani art is a style of painting practiced in the Mithila region of India, traditionally it was created by the women of various communities in the Mithila .It is named after the Madhubani district of Bihar, India, which is where it originated. Artists create these paintings using a variety of mediums, including their fingers, or twigs, brushes, nib-pens, and matchstick.



Pattachitra : Pattachitra is a general term for traditional, cloth-based scroll painting, based in the eastern Indian state of Odisha. Patachitra art form is known for its intricate details as well as mythological narratives and folktales inscribed in it. The Pattachitra when painted on cloth follows a traditional process of preparation of the canvas. First, the base is prepared by coating the cloth with the soft, white, stone powder of chalk and glue made from tamarind seeds.



Kondapalli : Kondapalli Toys are made of tella ponik wood in Kondapalli of Krishna district of Andhra Pradesh. They are famous for their lightweight, vibrant colours and age-old production techniques. Themed around mythology, rural life and animals, these toys exhibit joyous and realistic expressions. The craftsmen of Kondapalli are well-versed in the subjects of Indian mythologies, and themes from Dashavatara, Hitopadesha and the life of Lord Krishna are depicted using toys.



Bidriware : Handicrafts made of a mixture of zinc and copper, and usually finishing touch given with the silver are well known as Bidriware. It is a great contribution by the people of Aurangabad to the art & craft of the state of Maharashtra. Bidriware arts were earlier used to make PaanDaans and Hookahs.



Pashmina Shawls : Pashmina is a fine type of wool. Its textiles are first woven in Kashmir. These shawls are made from a fine type of cashmere wool and are then transported to the valley of Kashmir in northern India, where it is entirely hand processed. All steps from combing and spinning, to weaving and finishing, are entirely carried out by hand by dedicated craftsmen and women. The major centre of Pashmina fabric production is the old district of Srinagar. The approximate craft time put into producing a single Pashmina shawl is 180 hours. They come in beautiful vibrant colours and have exquisite embroidery on them at the same time can keep you warm and are also known for their softness.

In conclusion, the handicrafts of India are a testament to the rich artistic traditions and skilled craftsmanship that have been passed down through generations. From the intricate Madhubani art to the detailed Pattachitra paintings, each handicraft reflects the cultural diversity and creative spirit of the country. The vibrant Kondapalli toys and the elegant Bidriware showcase the mastery of materials and techniques. Furthermore, the exquisite Pashmina shawls exemplify the dedication and patience of the artisans. These handicrafts not only captivate with their beauty but also serve as a tangible link to India's heritage and cultural legacy. As they continue to be cherished and admired worldwide, the handicrafts of India truly leave everyone awestruck with their timeless charm and artistic excellence.

By:

Manaswini Pattanaik,

Primary teacher

“How Printing Press helped the Indian Freedom Struggle”

The printing press played a big role in carrying ideas to the people. Many nationalist journals were published which aroused the sentiments of the Indian public against the British rule. Many papers fostered patriotism and ideas of liberty and justice in our country. India.

Many newspapers fostered the ideas of nationalism, patriotism, justice, liberty, equality, etc in the country. Many prominent newspapers such as The Times of India, The Bengali, The Hindu and newspapers in regional languages also wrote about it. The Delhi press criticised the unjust and oppressive policies of the British government which created awareness among the Indian citizens. People also became aware of what was happening around them, particularly the political and social development of the world outside India and this led them demanding the policies and programs that would benefit the people of India.

Young India was one such example of nationalist weekly paper or journal in English published by Gandhi from 1919 to 1931. Gandhi particularly used this journal to inspire people and spread his ideology and thoughts of non-violence in organising movements and urged readers to organise and plan for the freedom of India from Britain. Note: Several Nationalist newspapers were published in the 1900s. It includes Bande Mataram which was an English language newspaper founded by Bipin Chandra Pal in 1905, Bombay chronicle in 1910 by Firoz Shah Mehta etc. However, the press Act of 1910 was passed by the British government to impose strict censorship on all kinds of publications and to bring down the influence of Indian vernacular and English language newspapers in promoting Indian nationalism.

By:

Aarti Gupta,

Secondary Teacher

World Environment Day

World Environment Day: Nurturing Our Planet for a Sustainable Future

"Earth provides enough to satisfy every man's needs, but not every man's greed." - Mahatma Gandhi

In a world grappling with environmental challenges, World Environment Day stands as a reminder of our shared responsibility to protect and preserve our planet. Celebrated annually on June 5th, this day serves as a global call to action, urging individuals and communities worldwide to come together and make a positive impact on the environment. With the theme for this year being "Ecosystem Restoration," it is a timely opportunity to reflect on our actions and find ways to heal the planet we call home.

Our planet is a complex web of interconnected ecosystems, supporting the rich tapestry of life. However, human activities have taken a toll on these fragile ecosystems, leading to deforestation, pollution, loss of biodiversity, and climate change. The consequences of our actions are becoming increasingly evident, from extreme weather events to the extinction of species. The urgency to restore and protect our ecosystems has never been greater.

Ecosystem restoration encompasses a range of practices aimed at reviving and rehabilitating degraded ecosystems. It involves restoring forests, conserving wetlands, rehabilitating coral reefs, and replenishing degraded lands. The benefits of ecosystem restoration are manifold. It not only helps combat climate change by absorbing carbon dioxide but also ensures the availability of clean air, water, and fertile soil. Restoration efforts can also create green jobs, enhance biodiversity, and provide habitats for countless species.

The task of ecosystem restoration may seem daunting, but it is within our collective power to make a difference. Each one of us has a role to play, whether it is through individual actions or collaborative initiatives. Small steps such as planting trees, reducing waste, conserving water, and adopting sustainable practices in our daily lives can accumulate into significant positive change. Governments, businesses, and organizations must also take the lead by implementing policies and practices that prioritize environmental sustainability.

Education and awareness are crucial in fostering a mindset of environmental stewardship. By educating ourselves and future generations about the importance of ecosystems, we can inspire a sense of responsibility and empower individuals to take action. Engaging in environmental conservation initiatives, participating in clean-up drives, and supporting local environmental organizations are excellent ways to make a tangible impact.

Furthermore, the power of collective action cannot be underestimated. Collaborative efforts between governments, businesses, civil society, and individuals can amplify the impact of restoration initiatives. By joining forces, we can share knowledge, pool

resources, and implement large-scale restoration projects that have far-reaching benefits for the planet.

World Environment Day serves as a poignant reminder that we are not separate from nature but intrinsically connected to it. Our actions shape the world we live in, and it is up to us to make choices that prioritize sustainability and protect the environment for future generations. By embracing the principles of ecosystem restoration, we can build a world where humans and nature coexist harmoniously, ensuring a vibrant and resilient planet.

On this World Environment Day, let us heed the words of Mahatma Gandhi and reevaluate our relationship with the Earth. Let us acknowledge that our needs can be met without compromising the needs of future generations. Together, let us commit to nurturing our planet, for it is our collective responsibility to ensure a sustainable and prosperous future for all.

By:

Richa Awasthi,
Primary Teacher

What is Education Journalism? Why is it gaining popularity?

Journalism is said to be the gathering, organising and distribution of data through a wide variety of outlets. Considered to be an integral part of communication, the advent of journalism can be traced back to Rome Circa 59 B.C. With time, journalism has evolved tremendously. From the news coverage from various fields of life to the different modes of medium used to communicate, each type of journalism is now playing a vital and independent role.

Journalism in India took its first step under colonization. The first newspaper- The Bengal Gazette- was published on 29th January 1780, marking the official beginning of Journalism in India. In that era, print journalism was the only predominant form of journalism present, but today we have numerous types of modes and mediums.

News can be of two types- hard news and soft news. Hard news covers only facts and figures. It only covers topics of current affairs, governance, crime, business etc. Whereas soft news covers human stories, or interest stories. It is usually considered as less serious, less facts-based news. A lot of opinions are presented in this type of news. Topics such as art, education or sports are covered.

Education Journalism comes under the broad category of soft news. It deals with reporting different developments and events happening in the field of education. This type of journalism helps policymakers understand what is working and what is not in the field of education. It can also help in understanding if a policy needs a makeover or should have a new one in its place as well. The focus of an education journalist is to relay the events that are happening in the surrounding educational areas, increase awareness about the education system and to promote students to opt for higher education. Usually the target group is students, researchers, and teachers.

The Need for Education Journalism in Today's Times-

- It helps us read and understand the functioning of different educational styles without having to travel anywhere.
- It gives an idea of how different functions and cultures are celebrated.
- It brings a sense of belonging.
- It teaches students how to write articles for student feature articles.
- It boosts knowledge and creativity.
- It serves as a space for knowledge and ideas exchange.

By:

Rachana Pathrikar,
Primary Teacher

8 Tips to be a Good Anchor and Orator

Becoming a good anchor and orator not only requires years of practice and preparation but also various soft skills. With enough preparation, you can improve your presentation skills and feel more confident while addressing a large group. Here are some tips to become a good anchor and orator:

1. **Preparation:** Having enough information about your topic will help you use accurate examples and thus feel more confident on stage. Knowing the audience and event can allow you to organise your content appropriately. Creating an outline or script that will help your presentation to be effective is one of the first steps.
2. **Use Visual Aids Effectively:** Visual aids can enrich your presentation but do ensure that your visual aids are not distracting the audience from your message. Use easy to read and appealing visual aids to boost their understanding of your content.
3. **Develop your Communication Skills:** Making sure you are using appropriate body language, listening actively, and connecting with your audience using eye contact and gestures can go a long way to establish rapport with your audience. Pay attention to your audience's reactions and your non-verbal cues such as facial expressions and posture. Using personal anecdotes or reflective questions can result in a conversational tone and feel involved.
4. **Improve your Public Speaking Skills:** Focusing on the tone of your voice and articulation (speaking clearly, fluently, and confidently) will allow your audience to understand what you are conveying more easily. Allow pauses during your discussion to emphasise the important points and pace your delivery to enable the audience to absorb information.

5. Practice: Before your presentation, remember to practice your content multiple times in front of a mirror or your friends / colleagues to receive feedback. Practicing in front of a small group can also help you anticipate potential questions that you may encounter during your presentation.
6. Handle Mistakes like a Professional: Mistakes are a part of the learning process. Acknowledging the mistake, keeping calm and moving forward confidently will ensure that your presentation goes on smoothly.
7. Ask for feedback: After your presentation, approach your trusted mentors and colleagues to receive constructive feedback. They can provide valuable insights to help you identify areas of improvement.
8. Continuous Learning: Never stop learning new skills and improving your existing skills by reading various books, attending workshops and discussing strategies with trusted mentors and colleagues.

Remember to be authentic and confident in your delivery, have knowledge about your topic and practice beforehand. Utilising good communication skills, effective body language and connecting with your audience will help you on your path to becoming an amazing anchor and orator!

By:
Chaitali Tongaonkar,
Secondary Teacher

10 Tips to Good/Positive Parenting

Good parenting plays an imperative role in the holistic development of a child. It shapes the child's personality. It helps foster empathy, honesty, self-reliance, self-control, kindness, cooperation, and cheerfulness. It also promotes intellectual curiosity, motivation, and desire to achieve. And minimizes the risks of undesirable behaviour and related disorders like anxiety, depression, eating disorders, anti-social behaviour, and alcohol and drug abuse.

Ten Tips for positive parenting

1. **Identify Your Child's Strengths.** You can use them to build your child's self-esteem, helping to provide the confidence child needs to tackle whatever seems difficult. Children will be more willing to listen and understand how to correct undesirable behaviours if their dignity is intact.
2. **Show That Your Love Is Unconditional.** As a parent, you're responsible for correcting and guiding your kids. But how you express your corrective guidance makes all the difference in how a child receives it. When you have to confront your child, avoid blaming, criticizing, or fault-finding, which hurt self-esteem and can lead to resentment. Instead, try to nurture and encourage, even when disciplining your kids. Make sure they know that although you want and expect better next time, your love is there no matter what.
3. **Set Limits and Be Consistent with Your Discipline.** Discipline is necessary in every household. The goal of discipline is to help kids choose acceptable behaviours and learn self-control. They may test the limits you establish for them, but they need those limits to grow into responsible adults. Establishing house rules helps kids understand your expectations and develop self-control. Some rules might include : no TV until homework is done, and no hitting, name-calling, or hurtful teasing allowed.
4. **Avoid Negative Emotional Reactions, such as anger, and sarcasm** If your child has problems with control, negativity will only make him or her feel worse.
5. **Children Need Positive Attention.** If they do not receive positive attention from their family, they may choose to seek out negative attention. This is because negative attention is still attention, and any attention is better than being ignored. Remember to communicate with your child. Love and care are the greatest healers.

6. Parent By Example. Think of your kids as little bipedal copy machines who will mimic everything you do. If you behave badly, you are permitting them to act in the same way. Check-in with yourself, and don't lose it in front of the children.
7. Look at the Big Picture. "Once your child hits the teen years, don't get lost in the details by focusing too much on the day-to-day behaviours and moods of your child. At this point, frequently remind yourself that your teenager will soon be able to leave the house and will have the power to decide how emotionally connected he or she wants to remain with you for the rest of your life
8. Use Natural Consequences. "Use natural consequences if possible. Parents may feel they have to punish kids for mistakes or misbehaviour rather than letting real life take its course. If your child refuses to put on his coat, let him get cold. If he fails to clean his room, let his toys get lost. The mystery of what your children will be and how you can affect that outcome is what family life is all about. Give all you can, keep your cool, and stay in the game. The results and your joy will surprise and reward you.
9. Don't Give Up on Your Child, ever! All of your child's problems can be worked through with humour, goodwill, and perseverance. With proper parental support, even the most troublesome teens can become amazing people.
10. Make Them Your Priority.
Children are parents' treasure and their most precious gift on this land. They must have seen the world lesser than you but they see it in a different way which you need to appreciate. Listen to them and try giving them as much time as you can. These moments are more precious than anything in this world...

'Parenting is an art, not a job.'

By:

Manju Rathi,
student counselor

Essay- Effect of Poor Parenting on Children's Holistic Development

बच्चों के समग्र विकास पर खराब परवरिश का प्रभाव

पेरेंटिंग, इसके बिना किसी भी बच्चे का विकास अधूरा है। पेरेंटिंग उस कला का नाम है, जिसमें आप बच्चे के स्वास्थ्य और सुरक्षा का ध्यान रखते हैं। साथ ही आप उसे एक जिम्मेदार, संस्कारी और परिपक्व वयस्क बनाते हैं। बच्चे के इस विकास के लिए आप जिस पेरेंटिंग का इस्तेमाल करते हैं, उसे पेरेंटिंग स्टाइल कहते हैं।

आपकी पेरेंटिंग शैली यह निर्धारित करती है कि आपका बच्चा कैसे विकसित होगा। साथ ही, आपकी पेरेंटिंग शैली इस बात पर निर्भर करती है कि आपका बच्चा अपने बारे में कैसा महसूस करता है। यह सुनिश्चित करना महत्वपूर्ण है कि आपकी पेरेंटिंग शैली उसके विकास का समर्थन करती है। जिस तरह से आप अपने बच्चे के साथ बातचीत करते हैं, आप उसे कैसे अनुशासित करते हैं, वह उसके पूरे जीवन को प्रभावित करेगा। बच्चों के पहले शिक्षक उनके माता-पिता होते हैं, इसलिए आपका पेरेंटिंग स्टाइल आपके बच्चे के बारे में बहुत कुछ बताता है। परवरिश (Parenting) वह व्यवहार है जो माता-पिता अपने बच्चे या बच्चों पर अपनाते हैं; पेरेंटिंग बच्चे के सभी पहलुओं का ख्याल रखती है।

- परवरिश वास्तव में एक शारीरिक, सामाजिक और मानसिक (Physical, Social and Mental) गतिविधि है जो बच्चे के शैशवकाल से वयस्कता तक चलती है; यह विभिन्न वातावरणों के माध्यम से व्यक्तियों या बच्चों में भिन्नता का कारण बनता है।
- इस गतिविधि में बच्चे की शारीरिक, मानसिक और भावनात्मक सुरक्षा की जाती है और यह गतिविधि बच्चे की जरूरतों को ध्यान में रखकर की जाती है।
- पालन-पोषण की यह शैली सबसे प्रभावशाली मानी जाती है। यहां माता-पिता द्वारा कुछ नियम बनाए जाते हैं जिनका बच्चों को पालन करना होता है और साथ ही कुछ छूट की भी अनुमति होती है। ऐसे माता-पिता अक्सर तार्किक परिणामों का उपयोग करते हैं। जो बच्चों में दुर्व्यवहार को रोकने और अच्छे व्यवहार को प्रोत्साहित करने के लिए सकारात्मक अनुशासन का उपयोग करते हैं। ये माता-पिता ही हैं जो अपने बच्चों की देखभाल करते हैं। यदि किसी बात पर नियम कायदे बनते हैं तो उसका कारण भी बताया जाता है। साथ ही अपने बच्चों के साथ समय बिताते हैं। बच्चों को अपनी बात कहने की पूरी आजादी है।
- मनोवैज्ञानिकों के अनुसार, इस तरह के Parenting style में पले-बढ़े बच्चे खुश और सफल होते हैं। साथ ही, उनके पास निर्णय लेने और जोखिम-मूल्यांकन क्षमता अच्छी होती है। ऐसे बच्चे अधिक जिम्मेदार बनते हैं।

पेरेंटिंग एक चुनौतीपूर्ण काम है जो बहुत सारी जिम्मेदारियों के साथ आता है। कभी-कभी माता-पिता अनजाने में भी गलतियाँ कर देते हैं, जिसका उनके बच्चों के विकास पर नकारात्मक परिणाम हो सकता है। इस लेख में हम कुछ सामान्य पेरेंटिंग गलतियों और उनसे बचने के तरीकों पर चर्चा करेंगे।

गलती 1 : बच्चे की हर बात पर विश्वास करना (Believing everything in the child)

- माता-पिता अक्सर अपना सारा ध्यान अपने बच्चों पर केंद्रित करते हैं, जिससे निर्भरता हो सकती है।
- अपने बच्चे को अपना काम खुद करने के लिए प्रोत्साहित करें और उन्हें निर्णय लेने का कौशल सिखाएं।
- वास्तविक जीवन का उदाहरण: एक माता-पिता हमेशा अपने बच्चे का स्कूल बैग और लंचबॉक्स ले जाते हैं, भले ही बच्चा इसे स्वयं करने में सक्षम हो। नतीजतन, बच्चा माता-पिता पर निर्भर हो जाता है और स्वतंत्रता का अभाव होता है।

गलती 2 : बच्चों के सकारात्मक व्यवहार को नज़रअंदाज़ करना (Ignoring Children's Positive Behavior)

- सकारात्मक व्यवहार के लिए बच्चों की प्रशंसा करने से उनमें आत्म-मूल्य की भावना विकसित करने में मदद मिलती है।
- गलत कामों के बारे में उन्हें बताने से उन्हें सही और गलत के बीच अंतर करना सीखने में मदद मिल सकती है।
- वास्तविक जीवन का उदाहरण: एक बच्चा परीक्षा में अच्छे अंक प्राप्त करता है, लेकिन उसके माता-पिता इसे स्वीकार नहीं करते हैं। नतीजतन, बच्चा अंडरवैल्यूड महसूस करता है और प्रेरणा खो देता है।

गलती 3 : बच्चों के भावनात्मक विकास को रोकना (Stopping the Emotional Growth of Children)

- माता-पिता को बच्चों को अपने भावनात्मक पक्ष का पता लगाने और अपनी गति से विकास करने देना चाहिए।
- जबकि शिष्टाचार महत्वपूर्ण हैं, बच्चों को भावनात्मक रूप से खुद को अभिव्यक्त करने की स्वतंत्रता देना भी उतना ही महत्वपूर्ण है।
- वास्तविक जीवन का उदाहरण: एक बच्चा नृत्य करना पसंद करता है, लेकिन उसके माता-पिता उसे इसके बजाय पढ़ने के लिए मजबूर करते हैं। नतीजतन, बच्चा भावनात्मक रूप से प्रतिबंधित महसूस करता है और अपनी रचनात्मकता को व्यक्त करने में असमर्थ होता है।

गलती 4: बच्चों को जिम्मेदार न बनने दें (Don't let the kids be responsible)

- बच्चों को उनके कार्यों के लिए जवाबदेह ठहराने से उन्हें अपने कार्यों के परिणामों को समझने में मदद मिलती है।
- उन्हें उनकी गलतियों की जिम्मेदारी लेने और भविष्य में बेहतर निर्णय लेने के लिए प्रोत्साहित करें।
- **वास्तविक जीवन का उदाहरण :** एक बच्चा फूलदान तोड़ देता है और उसके माता-पिता इसके लिए दोष लेते हैं। नतीजतन, बच्चा अपने कार्यों की जिम्मेदारी लेना नहीं सीखता है।

निष्कर्ष: पेरेंटिंग एक सीखने की प्रक्रिया है और गलतियाँ इसका एक स्वाभाविक हिस्सा हैं। हालाँकि, माता-पिता की सामान्य गलतियों से अवगत होने से माता-पिता को उनसे बचने और अपने बच्चों के साथ सकारात्मक और स्वस्थ संबंध बनाने में मदद मिल सकती है। स्वतंत्रता को प्रोत्साहित करके, सकारात्मक व्यवहार को स्वीकार करते हुए, भावनात्मक विकास की अनुमति देकर, और बच्चों को उनके कार्यों के लिए जवाबदेह ठहराकर, माता-पिता अपने बच्चों को जिम्मेदार और अच्छी तरह गोल व्यक्ति बनने में मदद कर सकते हैं।

By:

Archana Maheshwari,
Secondary Teacher

Indias New Parliament House

The New Building, with New Features



Design of the New Parliament Building

New Parliament Building for Realizing People's Aspirations

Significance of the new Parliament :

Symbol of the vision and aspirations of India, the spirit of change and continuity and will witness the making of India as '**Aatmanirbhar Bharat**'.

Need for the New Parliament Building

The Parliament House building construction was started in 1921 and commissioned in 1927. It is almost 100 years old and a Heritage Grade-I building. Over the years, the parliamentary activities and the number of people working therein, and visitors have increased manifold. There is no record or document of the original design of the building. Therefore, the new constructions and modifications have been done in an ad-hoc manner. For example, two new storeys constructed in 1956 over the outer circular part of the building hide the dome of the Central Hall and change the facade of the original building. Further, the coverings of Net windows have reduced the natural light in the halls of two houses of the Parliament. Therefore, it is showing signs of distress and over-utilization and is not able to meet the current requirements in terms of space, amenities and technology.

The New Building, with New Features :

A “Platinum-rated Green Building” with about 65,000 sq m built-up area, which will be divyang friendly.

The triangular shape ensures the optimum utilisation of space.

A larger Lok Sabha Hall (888 seats) based on the peacock theme (India’s national bird) and a smaller Rajya Sabha hall (384 seats) based on the lotus theme (India’s national flower).

The Lok Sabha may accommodate up to 1,272 seats for joint sessions of Parliament.

A state-of-the-art Constitutional Hall symbolically and physically puts the Indian citizens at the heart of our democracy.

A Central Lounge that will complement the open courtyard (with a banyan – the national tree) will be a place for members to interact with each other.

Ultra-modern state-of-the-art features like a digitised voting system, well-engineered acoustics and audio-visual systems in the two chambers will be present.

Interior decorations :

Murals depicting maps of ancient India-protected monuments of ASI and UNESCO, etc are on display.

3 ceremonial entrance halls with huge brass images of Mahatma Gandhi, Chanakya, Gargi, Sardar Vallabhbhai Patel, B.R. Ambedkar, and the Chariot Wheel from the Sun Temple at Konark are on display.

Reflecting the cultural diversity of India in line with the “Made in India” initiative, Tripura’s epitome bamboo wood flooring and carpets from UP’s Mirzapur embellish the new Parliament.

Expectations from the new Parliament :

The trend of increasing disruptions and long periods of deadlock is antithetical to the spirit of Parliament – law-making through debate, discussion, and consensus.

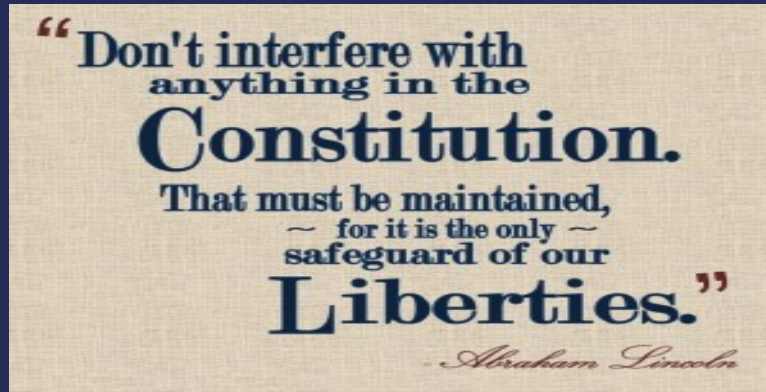
Hence, the new Parliament offers an opportunity to seriously introspect on Parliamentary conduct and make Parliament more efficient and productive.

By:

Neerja Wahi,

Secondary Teacher

Know your Rights – Rights in the Constitution for Freedom of Press



It is good to know your rights, so that you will be able to know how you can protect yourself from unpredictable things. We have to know our rights so that we will be able to fight for what we want, and also be able to identify people who want take advantage of us. If we do not have information on how our Government and Public Institutions function, we cannot express any informed opinion on it.

The Constitution guarantees six fundamental rights to Indian citizens as follows: (i) right to equality, (ii) right to freedom, (iii) right against exploitation, (iv) right to freedom of religion, (v) cultural and educational rights, and (vi) right to constitutional remedies. The newspapers also help in spreading awareness about the extreme measures taken by the government. Press Council Act, 1978 is an Act to establish a Press Council for the purpose of preserving the freedom of the press and of maintaining and improving the standards of newspapers and news agencies in India.

Freedom of the press is important for the press to publish unbiased news. They must have the freedom to publish the wrongdoings of the government. Criticism is an integral part of the public opinion, and the public has every right to be informed about the truth. Hence, the main function of the Press Council of India is to check the media practice and to keep an eye on freedom of the press.

By:

Rashmi Nagar,

Secondary Teacher

E-Paper and E-Magazines v/s Printed Newspapers and Magazines

E-Paper and E-Magazines

| EASY TO ACCESS :

E-Magazines are not limited by any time of day, our reading habits involve extensive use of online information.

| PORTABLE AND CONVENIENT :

Digital magazines are portable and can be accessed as per a user's convenience. With digital magazines, a reader can carry multiple issues together instead of carrying multiple printed magazines.

| COST EFFICIENT :

When compared with similar processes for printed magazines, the creation and distribution process of digital magazines is much more cost effective.

| SUSTAINIBILITY :

With an infinite lifespan, a digital publication even after years of usage. Printed magazines, however, deteriorate with each passing year.

| INTERACTIVE :

Digital magazines can offer links to your website for quick access or ordering.

| NO EYE PROBLEM :

There is an option on smartphones and tablets of reading mode. By this your eyes will not get harmed.

Printed Newspapers and Magazines

| **EXTENDED LIFESPAN :**

The lifespan of a print advertisement is longer compared to an online ad. Magazines and newspapers with print ads are better.

| **WIDER REACH :**

Print media offers versatility as everyone can access print and it's not limited to a virtual medium such as smartphone, computer or laptop.

| **LESS COMPETITION :**

Websites and various online platforms are flooded with advertisements, thus increasing the competition. As a result, your ad can go unnoticed among the similar products or services.

| **LASTING IMPRESSION :**

It's no secret that physical interactions and experience are important for people. Therefore, a medium that offers tangibility is likely to create a lasting impression on the customers.

| **CONCLUSION :**

I think that e-magazines and e-newspapers are more beneficial for us in this digital era. This is because they have a greater number of advantages, and they are available at any time on any place. In this busy world people are not having time to go and buy printed magazines and newspapers. So, from my point of view the winner is e-magazines and e-newspapers.

By:

Shaswat Patil,

Victorious IXB

Etiquettes – Why is it important to wait for the other person to complete his/ her sentence during communication. What are other speaking etiquettes.

**“Etiquette is a code of behaviour based on considerations and thoughtfulness”-
Emily Post**

Just imagine when you are speaking and someone stops you, or you not being allowed to speak when you want. Isn't it annoying? Well, this definitely speaks about one's personality and the approach toward living in the society. The philosophy of etiquette is timeless and everlasting. Dictionaries, often have defined etiquette as a customary code of polite behaviour presentation among members of the society, profession and group one belongs to. In simple words, etiquette is clearly just as present in our lives.

Initially, it was measured as something that had to do with power, whereas now, it is more about kindness and making others feel comfortable. Socialising with our environment is a significant aspect of leading a human life. This includes not only 'communicating' but also involves exercising interpersonal communication. Etiquettes, acting as guidelines, controls the way of an individual's actions and reactions in a given space. The need for inculcating etiquette is now significantly vital as it governs an individual's way of talking, making an individual more cultured, and most importantly it helps everyone to realise the worth of earning respect and appreciation.

Interpersonal communication between people depends on several factors like language, technology, norms and notions, conventions, and of course the way you behave- etiquettes. It is also responsible of taking care of the fashion in which we behave which eventually represents the thoughts, feelings and words of an individual. Being very obvious, etiquettes are of many types like social etiquettes, corporate etiquettes, wedding, telephone, eating, business and work etiquettes.

Normally saying, a simple thank you, please, excuse me, good morning, etc; these are trifle things and easily accessible as any common human behaviour. But still, few educated people don't choose to behave in the given manner. Irrespective of age and gender, in many given situations, a number of people don't agree as well as don't understand the essence of etiquette. It lies in respecting others and rationally behaving whenever required. Of course, one should embrace one's own feeling but at the same time, one should respect other's feelings. It is in our strengths to help others, make them feel more at ease around you. Etiquettes are vital, that offers a positive image about you to others making the environment more comfortable.

Therefore, communication is not only about talking and blending with the environment, but it is also about 'what, why and how' when it comes to communications. It is about words being used during communication, the purpose and meeting the aim with right choice of actions.

"To learn etiquettes, is actually learning how to see others, and respect them."
Etiquettes, helps an individual to mould oneself to fit in a place within the given space and gel with the energy, making this place better to survive together.

By:

Suchismita Banerjee,
Secondary Teacher

How to improve your vocabulary with help of small daily habits?

English is one of the most commonly used languages no matter where you go in the world. Rich vocabulary can help to communicate with people all over the globe and can open up opportunities in education and business.

That's why continuously expanding vocabulary is important!

There are plenty of resources which can help improve English skills like online courses, apps etc. But for the simplest way to make progress one needs to put in effort and also needs to develop the right habit.

Plan and set realistic goals - planning and learning day by day or week by week can be rewarding e.g.: you might aim to learn five new linking expressions next week rather than master academic writing.

Be curious : whatever peaks your interest, choose a topic and set out to learn about it.

Reading : Everyday, one can set aside a certain time for reading (ranging from minutes to hours), choose your favorite topic and content make it a daily practice. One can read online news recipes, blogs etc. This way one can absorb grammatical structure, learning spellings, and practice vocabulary acquisition.

By:

Ishani Athley,

Secondary Teacher

Comics



By:

Mayank shah,
Empowering IV A

Friend 1 : How was the paper?
 Friend 2 : It was easy, but Question 5 confused me.
 Friend 1 : What was the question?
 Friend 2 : Question 5 wanted- The Past Tense of "Think", I thought and thought and thought and end up with writing "Thought"

English Man : What is this?
 Sweetmeat- seller : This is Dahi.

English Man : What is Dahi?
 Sweetmeat- seller : Milk sleeps at night and morning become tight

By:

Aaryan Patil,
Empowering IVB

Father : what do you want to be in your life?
Son : A Doctor
Father: : What skills do you have for doctor?
Son : Doctor's handwriting.

One standing below the tube light with an open mouth. Why??? Because his doctor advised him that "Today's dinner should be light.

By:
Nivaan,
Empowering IV C

1. What does a cloud wear under his raincoat?

Ans : Thunder wear

2. How does the cucumber become a pickle?

Ans : It goes through a jarring experience

By:
Manaswi Nath,
Empowering IV D

पत्रकार बनूँगी।

कभी कभी ...
मुझे लगता है मैं पत्रकार बनूँगी। सच में...,
कलम ही हमारी ताकत है।
जान पर अनेकों की आफ़त है।
फ़िर भी मैं नहीं डरूँगी।
सदा सच्चाई लिखती रहूँगी।

सच में एक बार मैं पत्रकार बनूँगी। सच में...,
हीन -दीन को आवाज़ दूँगी।
लोकतंत्र की साज रखूँगी।
धमकियोंको नहीं डरूँगी।
रोज़ नई ख़बर लाओगी।

सच में एक बार पत्रकार बनूँगी। , सच में...,
कलम के बलबूते पर लिखती रहूँगी।
सच के लिए कड़ी मेहनत करूँगी।
कभी भीड़ की शिकार भी बनूँगी।
लेकिन हर दिन नए जोश से निकलूँगी।
सच में एक बार पत्रकार बनूँगी। , सच में...,

सरिता देसाई

प्रथमिक विभाग.

पत्रकार

इस युग में हर इन्सान की आवाज है पत्रकार
रहते हैं हमेशा तत्पर हरबार।
सच की करवाते है पहचान
जिनकी कलम होती हैं तलवार और शब्द होते है असरदार।

इस युग में हर इन्सान की आवाज है पत्रकार
रखते हैं सारे जुर्म की खबरबात।
हर मुजरिम को दिखाते हैं नई पथवाट
देश के न्याय और व्यवस्था के लिए रहते हैं सजग और हमेशा तैयार।

इस युग में हर इन्सान की आवाज है पत्रकार
कोरोना युद्ध के सेनानी हैं ये बलवान।
हर देश की मजबूती का हैं महत्वपूर्ण आधार
आओ सब करे इनका सन्मान हरबार
नए युग में भी रहे इनकी पहचान।

सुवर्णा कल्याणपुर
प्रथमिक विभाग.

पत्रकार

पत्रकार ,पत्रकार ,पत्रकार ,
कौन होता है पत्रकार ?

कलम जिसका होता है शस्त्र,
सच्चाई जिसका होता है अस्त्र,
झूठ से जो कभी न डरता,
निडर होकर जो सच को सबके सामने लाता,
वो होता है पत्रकार ॥

आमिर, गरीब जो है न देखता,
लोकतंत्र को जो बनाए रखता,
सत्य को जो निष्ठा से लिखता,
वो होता है पत्रकार ॥

अखबार कोई कागज नहीं होता,
होता है सच क आइना,
जात – धर्म, उंच – नीच को न देखता,
देश, घर, गली, चौराह
हर जगह की बात जनता तक पहुँचाता,
वो होता है पत्रकार ॥

सिलसिला ये उसके साहस का,
रुक न कभी रुकेगा,
पत्रकार है वो जनाब...
सच के साथ है चलता, न्याय के लिए है लड़ता,
ऐसा होता है पत्रकार ...

मनीषा दिलीप सावंत ,
प्रथमिक विभाग.

पत्रकार

हाँ! मैं एक पत्रकार हूँ,
मैं एक चलता फिरता समाचार हूँ।
हाँ! मैं एक पत्रकार हूँ।

कलम ही हमारी ताकत है, जान पर अनेकों आफत हैं
फिर भी मैं कभी न दरता हूँ, सर्वदा सच्चाई ही लिखता हूँ।
हाँ! मैं एक पत्रकार हूँ।
मैं एक चलता फिरता समाचार हूँ॥

आवाज हीन की आवाज हूँ, लोकतंत्र का मैं साज हूँ
जनता की आलेचनाओं का हर बार बनता मैं शिकार हूँ हाँ! मैं एक पत्रकार हूँ।
मैं एक चलता फिरता समाचार हूँ॥

कलम के बूते मौन लिखता हूँ, कलम के चलते ही मैं जीता हूँ।
धमकियों को रख किनारे, बेबाक पत्रकरिता मैं करता हूँ।
हैं! मैं एक पत्रकार हूँ।
मैं एक चलता फिरता समाचार हूँ॥

रोज नए खबर के लिए मैं कड़ी मेहनत करता हूँ,
काय बार गिरता, कई बार संभलता हूँ,
कई बार तो मैं भीड़ के गुस्से का शिकार भी बनता हूँ।
इन सब को कर दरकिनार हर रोज धैर्य बांधे मैं निकलता हूँ

हाँ! मैं एक पत्रकार हूँ,
मैं एक चलता फिरता समाचार हूँ।
हाँ! मैं एक पत्रकार हूँ।

पत्रकार

अगर करनी होती है हमे बाते चार,
तो पढ़ना पड़ता है हमे अखबार ।
दुनियाभर के अखबारों के वो होते हैं कुम्हार,
पर कहलाते हैं वो पत्रकार ।

हर नई खबरों को जो हमारे हाथों में थमाते हैं,
इंटरनेट के जमाने में हर घड़ी हमारे ज्ञान को उजागर कराते हैं, वो होते हैं पत्रकार ।
ऐसे पेश करते हैं सच्चाई, की आ जाती है गलत काम करने वालों पे आफत,
क्योंकि कलम ही होती है पत्रकारों की ताकत ।

पत्रकार की पत्रकारिता ही है जो जनता के आक्रोश को सरकार तक पहुँचाती है,
अगर ले गलत निर्णय तो सरकार को भी ये आड़ना दिखाते हैं ।
कलम की ताकत ही है जो पत्रकार को हर इंसान से रुबरु कराती है ।
पाताल से लेकर आसमान तक सारी बात बताते हैं,

नई सोच नई उमंग ये जगाते हैं, हमारे पत्रकार ।
अगर न हो पत्रकार तो धीमी चलेगी हमारे ज्ञान की कार,
इसलिए पढ़ो रोज़ अखबार ताकि हमे बताते रहे नई बाते चार, हमारे पत्रकार ।

सेजल रितेश मुथियान
कक्षा - 5 ब

पत्रकार की जिंदगी

पत्रकार की जिंदगी
एक खबर की तरह
खोजना भागना छानबीन
खोजना खबर को दिन रात
कंप्यूटर की स्क्रीन पर
भागना नेता के पीछे
एक बाइट की तलाश में
छानबीन खबर की
उसकी सत्यता उसके तथ्य
आसा नहीं हैं पत्रकार हो जाना ।

वेदांजना भोसले

कक्षा 4 - स

Shri Khanderao Pratishthan

