





SKP'S

C M INTERNATIONAL SCHOOL

MIND MIRAGE - SCHOOL MAGAZINE SEPTEMBER 2023



Dear Readers.

With immense pride and great pleasure, I present to you the quarterly issue of our CMIS monthly magazine, MIND MIRAGE.

The rationale behind this creative project is to build a bridge between students and the school which will encourage them to voice their opinions freely from an early age on a published platform like MIND MIRAGE.

This magazine aims to bring to life important themes that will nurture the students in becoming responsible citizens in the future. It also aims to provide enriching content to the readers while encouraging them to participate in content creation. This platform will elevate the confidence of students, bring to light their hidden talents, and shower them with recognition.

CMIS in-house monthly magazine will go a long way in improving a student's performance in all spheres with furtherance from parents and teachers in the form of meaningful submissions to the editorial team for every issue of MIND MIRAGE.

The editorial team consists of talented writers who will conceive, design, and develop the theme of the magazine for an enriching reading experience. I hope you enjoy reading this magazine and be inspired by it in a million ways!

Dr. Saagar Balwadkar Secretary- SKP CAMPUS, Balewadi



Dear Readers

I am delighted to present this month's edition of our school's e magazine Mind Mirage to the students, parents and all the well-wishers of our campus. In this edition we have compiled articles from all the students, teachers and parents.

As it is rightly said "Reading is a gateway to learning anything about everything", this edition of Mind Mirage is all about inculcating habits of readings as well as writing in our students. It provides glimpses into the life at C M International School along with creative writings from students, teachers and parents. There is something for every student according to the variable interests.

Behind each presentation is a budding artist who has put his heart and soul into his work.

I am very grateful to all the students for their enthusiastic participation as well as to the editorial team, teachers and parents for their investment of time and care to ensure what is presented in the magazine gives the readers a sense of joy as they ponder over the pages of the magazine. I hope readers will find this edition of the magazine more useful and attractive than the previous editions

Readers suggestions and feedbacks are always welcome.

Reading takes you places. Keep reading and exploring.

Happy Reading..

Iqbal Kaur Rana Principal C M International School

TEACHER INTERVIEW

1) Tell us a bit about yourself.

After Pursuing B.Ed., I have Completed 21 Years in the Teaching Field Teaching has always been my passion, and after completing my B.Ed., I was able to pursue my dream of becoming a teacher. Over the past 21 years, I have had the opportunity to work with hundreds of students and to help them achieve their academic goals. Teaching has been a rewarding and fulfilling career, and I am grateful for the opportunity to have made a positive impact on so many young lives. Throughout my career, I have had the opportunity to work with students from diverse backgrounds and with a wide range of learning needs. I have learned to be patient, empathetic, and flexible, and to create a supportive learning environment that encourages students to reach their full potential. I have also had the opportunity to work with CM International School team of Supporting Principal dedicated educators, who have helped me to grow and develop as a Coordinator of CM International School Junior College.

One of the most rewarding aspects of my career has been seeing my students achieve their academic goals and develop a love of learning. Many of my former students have gone on to pursue successful careers in a wide range of fields, and it is gratifying to know that I played a small role in their success. I have also had the opportunity to see my students grow and mature over time, and to develop lifelong friendships with many of them. Over the years, I have also had the opportunity to participate in a wide range of professional development activities, including workshops, conferences, and training programs. These experiences have helped me to stay up-to-date with the latest teaching techniques and strategies, and to continue to grow and develop as a teacher. As I look back on my 21 years in the teaching field, I am grateful for the opportunity to have pursued my passion and to have made a positive impact on the lives of so many young people. Teaching is a challenging and rewarding career, and I am proud to be a part of this important profession. I look forward to many more years of helping students achieve their academic goals and to continue to grow and develop as a teacher.

2) What is it like being a teacher? Is it fun, exciting or stressful?

Being a teacher can be both fun and exciting, as well as stressful at times. It can be incredibly rewarding to see your students learn and grow, and to know that you have played a role in their development. Teachers have the opportunity to make a difference in the lives of their students, and this can be a very fulfilling experience. However, teaching can also be challenging and stressful, as teachers often have to manage large classrooms, work with students who have different learning styles and abilities, and deal with administrative tasks. Despite these challenges, many teachers find their work to be incredibly fulfilling and rewarding.

3) In what ways do you encourage creativity in your classroom?

Creativity is a vital skill that can help students to think outside the box, to solve problems, and to develop a love of learning. In this article, I will share some of the ways that I encourage creativity in my classroom. 1. Encourage Exploration and Experimentation one of the best ways to encourage creativity is to give students the freedom to explore and experiment. I encourage my students to try new things, to take risks, and to think outside the box. I provide them with a variety of materials and resources, and I give them the time and space to explore and experiment. 2. Provide Open-Ended Assignments Another way to encourage creativity is to provide openended assignments that allow students to express their own ideas and perspectives. I often give my students assignments that have multiple possible solutions or interpretations. This allows them to think creatively and to develop their own unique ideas. 3. Use Creative Teaching Techniques I also use a variety of creative teaching techniques to engage my students and to encourage their creativity. For example, I might use storytelling, role-playing, or games to teach a particular concept or skill. I also encourage my students to work collaboratively and to share their ideas with one another. 4. Emphasize the Process, Not Just the Product Finally, I emphasize the importance of the creative process, not just the final product. I encourage my students to reflect on their work and to think about how they can improve their creative process. I also provide constructive feedback and support to help them develop their skills and to become more confident in their creative abilities. In conclusion, creativity is an essential skill that can help students to succeed in a rapidly changing world. By providing opportunities for exploration, using open-ended assignments, using creative teaching techniques, and emphasizing the creative process, teachers can help students to develop their creative skills and to become more engaged and enthusiastic learners. I am proud to be a teacher who encourages creativity in the classroom, and I look forward to continuing to inspire my students to think creatively and to reach their full potential.

4) Tell us about your likes & hobbies.

I have a wide range of likes and hobbies outside of my work. I enjoy reading, writing, and other creative pursuits, enjoy sports, Sunday I love enjoying listening music, or spending time outdoors with family. Have unique passion in doing something new.

5) Do you make learning fun for your students? How?

By incorporating games, hands-on activities, and interactive lessons into teaching, help to make the learning process more enjoyable and memorable for students. Additionally, use humor and storytelling as a way to connect with students and create a positive classroom environment. Ultimately, the goal of making learning fun is to help students feel more motivated and engaged in their education, which can lead to better learning outcomes and a more positive attitude towards learning in general.

6) Besides lecture, what methods of teaching do you use?

I will share some of the methods of teaching that I use in my classroom to create a more dynamic and interactive learning experience for my students. 1. Group Work One of the most effective ways to engage students and to encourage collaborative learning is through group work. I often divide my students into small groups and give them a task or assignment to work on together. This allows them to learn from one another, to develop essential skills such as communication and teamwork, and to become more engaged and invested in the learning process. 2. Active Learning I also use active learning techniques to engage my students and to encourage them to take an active role in their own learning. This might include activities such as roleplaying, simulations, or debates, which allow students to apply what they have learned in a more hands-on and interactive way. 3. Technology As I mentioned in a previous article, technology can be a powerful tool for enriching lessons and engaging students. I use a variety of technology tools, such as interactive whiteboards, online resources, and mobile devices, to create a more dynamic and interactive learning experience for my students. 4. Inquiry-Based Learning Another method of teaching that I use in my classroom is inquiry-based learning.

This approach encourages students to ask questions, to explore new ideas, and to develop their own unique perspectives on a topic. It allows students to become more invested in the learning process and to develop essential critical thinking skills. 5. Project-Based Learning Finally, I often use project-based learning in my classroom to help students develop essential skills such as research, communication, and creativity. Projects can be a fun and engaging way to learn, and they allow students to take ownership of their own learning and to develop a deeper understanding of a topic. In conclusion, there are many methods of teaching that can be used to create a more engaging and interactive learning experience for students. By using group work, active learning, technology, inquiry-based learning, and project-based learning, teachers can help students become more invested in the learning process and develop essential skills for the 21st century. I am proud to be a teacher who uses a variety of teaching methods in my classroom, and I look forward to continuing to explore new ways to engage and inspire my students.

7) Would you describe yourself as a tough or understanding teacher?

Teachers can have different teaching styles and personalities, and may be perceived by their students as either tough or understanding, or a combination of both. Tough teachers may have high expectations for their students and hold them accountable for their actions and performance. They may use strict discipline and have clear rules and consequences for misbehaviour. While this approach can be effective in fostering discipline and responsibility, it can also be intimidating for some students and may not work for every learning style. Understanding teachers, on the other hand, may be more empathetic and patient with their students. I usually uses the same. It may take the time to get to know students' strengths and weaknesses, and tailor my teaching to meet the individual needs of each student. This approach can be effective in building relationships and creating a positive learning environment, but may also be perceived by some students as too lenient. Ultimately, the most effective teaching style is one that balances high expectations with empathy and understanding, and is responsive to the needs of each individual student.

8) How do you use technology to enrich your lessons?

1. Interactive whiteboards: Interactive whiteboards allow teachers to create dynamic and interactive presentations that engage students and facilitate group discussions. I use these boards to create diagrams, charts, and other visual aids that help students better understand complex concepts. 2. Educational apps: There are many educational apps available that can use to supplement the lessons. These apps can provide interactive simulations, quizzes, and other activities that help students learn in a fun and engaging way. 3. Online resources: use online resources such as videos, articles, and interactive websites to supplement the lessons and provide students with additional information and learning opportunities. 4. Virtual field trips: use virtual field trips to take students on virtual tours of museums, historical sites, and other places of interest. This can help students gain a deeper understanding of the subject matter and make learning more engaging and interactive. Additionally, having a strong command of the subject matter is also important for effective teaching, as it allows to answer questions and provide explanations with confidence and clarity.

9) Describe a gifted student.

Gifted students often exhibit the following characteristics: 1. Exceptional abilities: Gifted students demonstrate exceptional abilities in one or more areas, such as academics, music, art, or athletics. 2. High levels of creativity: Gifted students are often highly creative, with a unique perspective on the world and a willingness to take risks. 3. Intense curiosity: Gifted students are often highly curious and interested in exploring new ideas and concepts. 4. Strong problem-solving skills: Gifted students are often skilled at analyzing complex problems and developing innovative solutions. 5. High levels of motivation: Gifted students are often highly motivated to learn and to achieve their goals.

Challenges Faced by Gifted Students Despite their exceptional abilities, gifted students face a number of challenges, including: 1. Boredom: Gifted students may become bored with traditional classroom instruction, which may not challenge them or provide them with opportunities to explore their interests. 2. Perfectionism: Gifted students may be perfectionists, setting high standards for themselves and feeling frustrated when they do not meet those standards. 3. Social isolation: Gifted students may feel isolated from their peers, who may not share their interests or abilities. 4. Pressure to perform: Gifted students may feel pressure to perform at a high level, which can lead to stress and burnout. 5. Lack of support: Gifted students may not receive the support they need to reach their full potential, which can lead to underachievement and frustration. Conclusion Gifted students are a unique and valuable part of our educational system. They possess exceptional abilities and a unique perspective on the world, but they also face a number of challenges that can hinder their academic and personal growth. As educators, it is our responsibility to identify and support gifted students, providing them with the education and resources they need to reach their full potential. By doing so, we can help these students to become the innovators, leaders, and problem-solvers of tomorrow.

10) Who influenced you to become a teacher?

Many people are inspired to become teachers by the positive experiences they had with their own teachers. I had a teacher who was particularly engaging, supportive, and inspiring, and who helped them to develop a love of learning. These experiences motivate me to want to become teachers to have a similar impact on the lives of own students. I may also be drawn to teaching because of my love of a Social Science subject. I am passionate about sharing the knowledge and expertise with others, and about inspiring young people to explore and discover the world around themRegardless of the inspiration, becoming a teacher is a noble and rewarding profession that can have a profound impact on the lives of others.

11) List 5 adjectives that accurately describe yourself.

1. Passionate 2. Patient 3. Creative 4. Enthusiastic 5. Dedicated

12) What were you like, as a student?

As a teacher with over 22 years of experience, I have had the opportunity to work with a wide range of students, each with their unique strengths, challenges, and personalities. But what was I like as a student? In this article, I will reflect on my own experiences as a student and how they have shaped my approach to teaching. As a student, I was a curious and motivated learner. I enjoyed exploring new ideas and concepts, and I was always eager to learn more. I was particularly interested in history and literature, and I spent many hours reading and researching these topics. I also enjoyed writing, and I was often praised for my ability to express my ideas clearly and persuasively. However, I was not without my challenges as a student. I struggled with math and science, finding these subjects difficult to understand and apply. I also struggled with organization and time management, often leaving assignments until the last minute and feeling overwhelmed by deadlines. Despite these challenges, I was fortunate to have teachers who recognized my strengths and supported me in my areas of weakness. They encouraged my love of learning, provided me with opportunities to explore my interests, and helped me develop essential skills such as critical thinking, communication, and collaboration. As a teacher, my own experiences as a student have shaped my approach to teaching.

I strive to create a learning environment that is supportive, engaging, and challenging, where students feel valued and encouraged to explore their interests and strengths. I also recognize the importance of providing students with opportunities to develop essential skills such as critical thinking, communication, and collaboration, which will serve them well in all areas of their lives. In conclusion, my experiences as a student have shaped my approach to teaching and have helped me to better understand the needs and challenges of my own students. As a teacher, I am committed to providing my students with the support, resources, and opportunities they need to reach their full potential and to become lifelong learners.

13) Tell us about an award or recognition during your teaching career?

Appreciation from students and management is a significant source of motivation for teachers. When students express their gratitude and acknowledge the hard work, dedication, and passion of their teachers, it can be incredibly rewarding.

Such appreciation can help teachers feel valued and recognized for their efforts, which can boost their morale and motivation. Similarly, when management recognizes the contributions of their teachers, it can help create a positive work environment and improve job satisfaction. When teachers feel appreciated and valued, they are more likely to be productive and engaged in their work. This, in turn, can lead to better student outcomes and improved school performance. However, as a teacher, it is essential to remember that appreciation and recognition should not be the sole motivators for doing the job. The primary responsibility of a teacher is to provide quality education and support to their students. Regardless of the designation or position, teachers have a critical role to play in shaping the minds and futures of their students.

14) In your opinion what are the biggest challenges that teachers face today?

In todays world, teachers face various challenges that make their job more difficult and demanding. Some of the most significant challenges that teachers face include: 1. Student Engagement: Keeping students engaged and motivated in the classroom is a significant challenge for teachers. With so many distractions and competing interests, it can be challenging to keep students focused on learning. 2. Technology Integration: With the increasing use of technology in education, teachers need to be proficient in using technology to enhance learning. However, not all teachers are comfortable with technology, and it can be challenging to integrate technology effectively into the classroom. 3. Student Diversity: Todays classrooms are more diverse than ever before, with students from different backgrounds, cultures, and abilities. Teachers need to be able to create an inclusive learning environment that meets the needs of all students. 4. Time Management: Teachers often have a lot of work to do outside of the classroom, such as grading papers, preparing lesson plans, and attending meetings. It can be challenging to balance all of these tasks while still providing quality instruction to students.

Overall, being a teacher is a challenging but rewarding profession. Despite the challenges, teachers play a critical role in shaping the minds and futures of their students and making a positive impact on society

15) What would be your advice for upcoming teachers.

Be passionate about teaching: Teaching can be a challenging and demanding profession, but it can also be incredibly rewarding. To be a successful teacher, it is essential to have a genuine passion for teaching and a desire to make a positive impact on the lives of your students. 2. Build relationships with your students: Students learn best when they feel connected to their teacher. Building positive relationships with your students can help create a safe and supportive learning environment and improve student outcomes. 3. Be flexible and adaptable: Every student is unique, and every classroom is different. As a teacher, it is essential to be flexible and adaptable to meet the needs of your students and adjust your teaching style accordingly. 4. Continuously learn and grow: Teaching is a lifelong learning process. To be an effective teacher, it is essential to continuously learn and grow, stay up-to-date with the latest research and teaching strategies, and reflect on your teaching practices. 5. Seek support and collaborate with colleagues: Teaching can be a challenging and isolating profession. It is essential to seek support from colleagues, mentors, and professional networks and collaborate with other teachers to share ideas, resources, and best practices. Overall, teaching is a challenging but rewarding profession that requires passion, dedication, and continuous learning. By following these tips and seeking support and guidance when needed, upcoming teachers can be successful in their careers and make a positive impact on the lives of their students.

> By Neerja Wahi Junior College Coordinator

Student Interview

- 1.) Three adjective that describe me
- -Ambitious, Polite, and hard working
- 2.) Three things that I get scolded upon by my parents.
- -My carelessness about health, taking unnecessary stress and rise late in morning.
- 3.) I like doing my homework with (Either of parents / grandparent).
- -till now I don't have any coaching because I am a person who complete with myself and I like my own company for homework in short I am a solo learner
- 4.) My favourite colour
- Black and purple.
- 5.) My favourite cartoon character.
- Nowadays I am t older to watch cartoons but still I like Shin Chan
- 6.) My favourite novels/book series:
- -the case book of Sherlock Holmes.
- 7.) The food that I dislike eating (Mention homes cooked dishes)
- -as a foodie I like all kinds of food accept dishes that include or made by using Radishes.
- 8.) My three best friends.
- -always happy Shweta, sweet Lavanya and mature Divya
- 9.) I am spicy/ sweet food lover
- -sweet like me
- 10.) My nickname at home is
- -my nickname at home is SHIMY (only called by my father)

- 11.) If my one wish come true, what would it be
- -Iron man. I know it's a movie character as I don't watch cartoons anymore But it's very charismatic and eccentric, he is very altruist and heroic so cool
- 12.) Who is your favorites teacher
- -Vijayalaxmi ma'am, she is very strong personality, and polite to each and every student and what to say about Neerja ma'am how sweeter she is, and of course the way she handles the situations I exactly want to copy her
- 13.) My favorites flavor of birthday cake
- -cake is my weakness I am cake lover, hazelnuts and red velvet are my favorite
- 14.) If I was allowed to have a pet the animal would be
- -After a lot of requests to my parents I got a precious gift "Daisy",my pet ,she is now 5 years old dog she is my kiddo and I love her she is also my bodyguard
- 15.) Toys I cry for
- As I am resolved person so if I don't get any toys it doesn't matter to me
- 16.) Wish me birthday on
- -12th of July
- 17.) My parents and teachers like me because
- I am blessed to have teachers and parents like them they are my mentors. for my mom I am very obedient and sturdy for my father I am very sweet and caring and for my teachers I am very respectful and polite.

By Kadambari Kudchikar Student of Grade XI

JANE AUSTEN

Jane Austen (1775-1817) was a renowned English novelist known for her witty and insightful portrayals of the British landed gentry in the early 19 th century. Her works have achieved enduring popularity, and she is considered one of the most influential writers in the English canon.

Early Life: Jane Austen was born on December 16, 1775, in Steventon, Hampshire, England, into a close-knit family. She was the seventh of the eight children and received an informal education from her father and her three brothers. Despite her lack of formal schooling, she developed a deep love for literature and began writing at a young age.

Literary Career: Austen's novels are known for their keen social commentary, sharp humor, and astute observations of the society she lived in. Her famous works include: Pride and Prejudice (1813), Sense and Sensibility (1811), Emma (1815), Mansfield Park (1814).

Tragically, Jane Austen passed away on July 18, 1817, at the age of 41. She achieved only modest recognition during her lifetime, with her novels being published anonymously. However, her brother Henry revealed her authorship after her death.

Legacy: Jane Austen's novels continue to captivate readers with their timeless themes and well-drawn characters. Her works have been adapted into numerous films, television series, and stage productions. Austen's exploration of societal expectations, love, and the role of women in her era remains relevant and thought-provoking today.



By Aashna Ranjan Victorious IX A

Teacher's Quiz: Identify which teacher?



- She takes classes from Grade 3 to Grade 9
- She teaches lawn tennis



CMIS/2023/PS/025

Upcoming Events Circular for October 2023

Dear Parent,

Kindly note the following events for the month of October 2023.

Date: 30/09/2023

Sr. No.	Date	Day	Event	Note
1	02/10/2023	Monday	Khadi Day	(Grade III-IX) - Make in India Activity. Details will be shared with the students. Students to come in Khadi dress.
2	09/10/2023	Monday	World Post Office Day	Mann ki Baat Activity - Students to put the letter in postoffice box.
3	14/10/2023	Saturday	PTM-2 (Grade I – IX)	Time slots will be shared.
4	23/10/2023	Monday	Ravan Dahan Celebration /Orange Day	Students are to come in orange-coloured attire
5	24/10/2023	Tuesday	Dussehra	Holiday
6	27/10/2023 and 28/10/2023	Monday and Tuesday	Curriculum Modules Expo	Details will be shared

Young Chef Vegetable Sandwich Recipe

You can make a simple mixed vegetable sandwich for Breakfast or an evening snack in under 15 minutes. This veg sandwich is so delicious, sort of healthy, and is devoid of sauces, chutney, or cheese. Most Sandwich recipes call for some or the other sauces, spreads, or cheese. I do not like any bottled spreads or sauce as most of these come with loads of creepy ingredients additives that are not good for health.

Ingredients:

- 2 White bread
- 2 tbsp Cheese spread
- 4 slices Cucumber
- 2 tbsp Carrot shredded
- 2 slices Capsicum
- 2 slices Tomato

Green chutney

Recipe:

- 1. Take a slice of bread and spread the cheese evenly. You can use cheese slices too
- 2. Put slices of cucumber, shredded carrots, capsicum slices, tomato slices.
- 3. Take another slice of bread and spread green chutney on it.
- 4. Put that bread slice on the prepared bread press slightly.
- 5. Bake the sandwich in a hot pan or oven to make it a little crispy.
- 6. A sandwich is ready to serve.

Health Benefits:

The veg sandwich contains a high amount of fiber because of the good amounts of vegetables used in preparing it, Fiber helps to improve our digestion and overall health.

The veggies inside the sandwich are quite rich, with a high protein content. Therefore, it is the right source of protein to support the body's needs

The ingredients inside the sandwich also contain a lot of calcium-rich veggies. Therefore, it is also a good way to include the source of calcium that can be considered important for the body.

Veg sandwich contains cheese, which is a high source of proteins, Vitamins, Calcium etc providing us a good health.









By Saket Deshmukh Empowering 2D

Young Chef's – Healthy Eating Sandwich on Stick

Recipe:

This all in one Sandwich is tasty and full of nutrition. This Sandwich on Stick is a great choice for breakfast or any time munching option. Kids will love to eat and parents will be happy that the kids are enjoying the combination of bread, peanut butter, fruit jam and the real fruit. One can't resist these healthy bytes. Do try this recipe and forget the stress of leftover tiffin boxes.



Ingredients:



- 1. Bread
- 2. Peanut Butter
- 3. Fruit Jam
- 4. Banana
- 5. Guava (any seasonal fruit)
- 6. Skewers (sticks)

Steps make Sandwich on Stick:

1.)



Collect all the ingredients, Chop the Banana/ fruits into slices.

2.)



Apply Peanut Butter on one and fruit jam on the other slice of bread

3.)



Put the slices of bread together and cut into squares/ any shape of choice with shape cutter.

4.)



Arrange the cut breads, fruit slices one by one in sticks



Yummy tasty Sandwich on Stick is ready to eat.

By Kaira Empowering 1D

The most memorable holiday with my Family

Everyone likes to go out on vacation with their family. So am I. My most memorable holiday with my family was one week vacation in Kerala. There I visited many places like – Kochi, Mummar, Thekkady, Alleppey, Thiruvananthapuram, etc. Some of my favorite destinations are –lush green tea and spice garden in Munnar, a big zoo with a variety of animals and fishes in Thiruvananthapuram, a beach with crabs and tortoises in Kochi, a one-night stay in a houseboat in Kerala.

In the vast tea garden of Munnar, we took a long walk and stood behind the old tea trees to take photos and selfies. We also enjoyed a performance of Kalaripayattu – a traditional martial art of ancient India and a traditional Kathakali dance. We took the opportunity to take photos with the dancers and martial artists along with swords. We enjoyed visiting the zoo where a big tiger came near the cage which frightened me as well as thrilled me. We also saw a white tiger, a sleeping lioness, a big catfish and many more. I also fooled my grandmother in a museum with a fake lizard which was nothing but a statue, but so realistic! On the beaches, we saw many crabs coming to the shore with the waves which washed our feet. But the most memorable one within the trip is a night stay in a Houseboat in Alleppey. It is a nicely arranged house in a boat within the sea with all the facilities. We took a trip with it to the Arabian Sea. We also took a ride in a small boat through the narrow streams of backwater and also saw mangroves.

It was my best trip to 'The God's own country'. Its stunning beaches, serene backwater, cool hill stations and rich cultural heritage made us mesmerized throughout the trip.

By Avirup Paul Empowering IVA

Five Delicious Bengali Dishes from India

West Bengal is famous for an array of things, and one of the most important of them is food. The mouth-watering Rashogullas, Chom-Chom, and Mishti Doi, the super tasty Sorshe Ilish and Chingri Macher Malai Curry and but a few of the mouthwatering and tempting food of the highly illustrated and exquisite Bengali cuisine. Bengali foodis widely cooked in mustard oilas it the medium of cooking. The Bengali cuisine carters to the six flavours- sweet, sour, salty, bitter, hot and kosha.

Food has always been a weakness for the Bengalis. They have been winners in all the delicacies they have presented to the world. Not just mutton, fish and vegetables but the varieties of confections have always overawed the gluttons of the world. A distinct culinary tradition emerged in Bengal based on the availability of local ingredients.

1. Rashogulla:

Description: Rashogulla is a quintessential Bengali dessert made from soft, spongy cottage cheese balls soaked in a sugar syrup. These delectable white orbs are known for their melt-in-the-mouth texture and mildly sweet taste. Rashogullas are a symbol of celebrations and are often served during festivals and special occasions.

2. Machher Jhol:

Description: Machher Jhol is a spicy Bengali fish curry that reflects the state's deep love for seafood. It features tender pieces of fish cooked in flavourful gravy made from mustard oil, spices, and a hint of tangy tamarind. This dish is a staple in Bengali households and showcases the region's culinary expertise.

3. Shorshe Ilish:

Description: Shorshe Ilish is a classic Bengali preparation of hilsa fish in a mustard sauce. The rich, pungent mustard paste adds a unique and vibrant flavour to the fish. It's often served with steamed rice and is a must-try for seafood enthusiasts looking to experience the authentic tastes of Bengal.

4. Aloo Posto:

Description: Aloo Posto is a simple yet delightful Bengali dish that features potatoes cooked in a poppy seed paste. The creamy texture of the poppy seed paste complements the mild spices and tender potatoes, creating a comforting and homely dish that's enjoyed across generations

5. Mishti Doi:

Mishti Doi is a sweet, thick, and creamy yogurt dessert that encapsulates the essence of Bengali sweets. It's sweetened with jaggery or sugar and traditionally set in earthen pots, which impart a unique earthy flavour. Mishti Doi is a heavenly way to end a Bengali meal.

These five Bengali dishes offer a glimpse into the rich and diverse culinary heritage of West Bengal, India. Whether you have a sweet tooth or a penchant for savoury delights, Bengali cuisine has something to satisfy every plate.

By Ms. Rajeshwari Neogi Secondary Teacher

The Chronicles of Narnia: The Lion, the Witch and the Wardrobe

It is an enthralling film created in 2005. Narnia was directed by Andrew Adamson. This story is the first of many C.S Lewis novels. The film takes the genre of fantasy since it depicts many mythical creatures. I thoroughly enjoyed the idea of watching a fantasized story that had been turned into a film.

For the past fifty years, The Chronicles of Narnia have transcended the fantasy genre to become part of the canon of classic literature. Each of the seven books is a masterpiece, drawing the reader into a world where magic meets reality and the result is a fictional world whose scope has fascinated generations.

His enjoyable story produced by Walt Disney Pictures is based on C.S Lewis books. It begins during German air raids over London in WWII. The Pevensie's four children (Henley, Keynes, Moseley and Poppewell) are sent to live at the country house of eccentric teacher Kike (Jim Broadvent). Meantime they are playing hide and seek, Lucy encounters a strange wardrobe that lead to the snowy land of Narnia. There, she finds a sympathetic but coward faun (James McAvoy). Later she returns at home and the others don't believe her at first, but soon are convinced. Then, all of them go throughout the fantastic world with fauns and centaurs and where animals speaking, a beaver (voice by Ray Winstone), fox (voice by Rupert Everett) and furthermore the Father Christmas (James Cosmo). This magic land with perpetual winter is ruled by the nasty White Witch (Tilda Swinton). But the children are the chosen ones, according anancient prophecy, and they team up with Aslem, the mighty Lion and real king of Narnia, fighting to defeat the evil witch in an epic finale battle.

The picture is a magic story with rip-snorting adventures, exciting fantasy, sensational scenarios and good feeling. Plenty of action and emotion and with an incredible battle scenes similar to "Lord of the Rings". Provide enough amusement to keep the chat rooms humming until the epicn ending comes out. In spite of overlong runtime and the difficult of adapting, the film still managing to keep a quick enough pace for those unfamiliar with the lengthy literary and highly detailed work by C. S. Lewis. This two and a half hour movie stays closer to the original work than any of the former efforts, mostly animated. The film displays a colorful and evocative cinematography by Donald McAlpine. Musical score fitting perfectly to the action-adventure byHarry Gregson-Williams. The motion picture is marvellously directed by Andrew Adamson, he'sthe director, producer, writer of "Shrek" trilogy.

By Ms. Rajpreet Kaur Primary Teacher

Book Review of Charlie and the Chocolate Factory

Charlie and the Chocolate Factory is a children's novel written by Roald Dahl. It also has a movie of its own and the director of the movie was Tim Burton. Some of the Characters from the movie are Willy Wonka the founder of chocolate factory. Charlie Bucket a young boy from a poor family. This story tells us about Charlie Bucket who wins the golden ticket of a tour to Willy Wonka's chocolate factory.

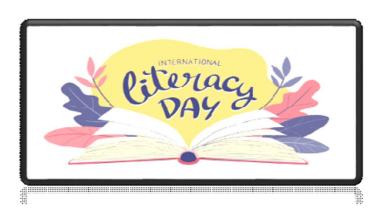
What happens is when Willy Wonka wants to change the owner of the chocolate factory, he decides to make five golden tickets and puts it into five chocolates and then he wrapped the chocolates. Now whichever five people will get the golden ticket will get a tour of his very own chocolate factory. Now over here Charlie Bucket wins the last golden ticket left. These five people who won golden ticket including Charlie Bucket now were on the television. Then after a few days Willy Wonka invited them to the chocolate factory. When they all get in, they get a welcome from Willy Wonka. Actually, this was not a tour for those five people, this was an elimination in which whoever lasts or whoever is not out till the end of the tour will be the owner of the chocolate factory. In the factory Charlie did not know this, he also was very innocent when he was exploring.

Mike Teavee got out because he ate a chocolate in the factory. Augustus Gloop got out because when he saw the chocolate lake, he dived into it. Violet Beauregarde got out because she chewed on a chewing gum from the factory. Verica Salt got out because she wanted to tame a squirrel working in the factory and she disobeyed Willy Wonka. And at the last Charlie was left so after some time Willy Wonka took him to the lift and gave him the surprise that Charlie is the new owner of this chocolate factory and then he gifted him access to his house.

One of the morals of the story is that if we dream of something, we can make it happen and nothing is impossible.

By Shourya Kshirsagar Inspiring V-B

International Literacy Day



Since 1967,International Literacy Day (ILD) celebrations have taken place annually around the world to remind the public of the importance of literacy as a matter of dignity and human rights, and to advance the literacy agenda towards a more literate and sustainable society.

Despite steady progress made across the world, literacy challenges persist with at least 763 million young people and adults lacking basic literacy skills in 2020. The recent COVID-19 crisis and other crisis, such as climate change and conflicts, have been exacerbating the challenges.

Rapidly changing global context took a new meaning over the past years, hampering the literacy progress and widening inequalities across world regions, countries, and populations. In low- and middle-income countries, the share of 10-year-old children who could not read and understand a simple text with comprehension has increased from 57 per cent in 2019 to an estimated 70 per cent in 2022.

In this context, this year's International Literacy Day will be celebrated worldwide under the theme, 'Promoting literacy for a world in transition: Building the foundation for sustainable and peaceful societies'

ILD2023 will be an opportunity to join efforts to accelerate progress towards the achievement of the Sustainable Development Goal 4 (SDG4) on education and lifelong learning and to reflect on the role of literacy in building more inclusive, peaceful, just, and sustainable societies. In doing so, it will embrace the reciprocal relations between literacy and other areas of development.

World Literacy Day, observed on September 8th annually, is a global initiative that highlights the significance of literacy as a basic human right and a catalyst for personal and societal progress. On this day, schools, local governments and communities raise awareness about literacy issues, advocate for higher literacy rates, and support literacy programs. UNESCO also organises and presents the annual International Literacy Awards on this day. World Literacy Day encourages reflection on literacy's role in building inclusive, peaceful, and sustainable societies in alignment with global development goals. It emphasises on the importance of literacy for critical thinking, lifelong learning and responsible citizenship and not just mere reading and writing.

What is Literacy?

According to the definition provided in the Indian census, Literacy is defined as "acquiring the skills of reading, writing with understanding". Anyone aged 7 or above with the ability to read and write at least in any one language is considered a literate person.

UNESCO and National Literacy Mission have their own definition for literacy. The international definition provided by **UNESCO** consists of three main concepts:

- 1. The ability to read and write;
- 2. Knowledge of a language;
- 3. The skills needed for a person to work, communicate and participate in society.

Having a basic understanding of these components makes it easier to evaluate literacy rates around the world.

The Importance of Literacy

Literacy is an important indicator of a country's human development, and literacy rates are widely used to compare different countries and regions. They can also be used to determine a child's ability to read at grade level, in order to direct interventions for those children who may need extra support. Overall literacy rates increase as educational attainment increases. Over 93 percent of those who completed secondary education can read and write, compared with only 66 percent of those who completed lower levels of education.

Statistics of Literacy in India

According to the report published by the National Survey of India, the Literacy Rate of India in 2023 is 77.7 per cent. The literacy rate in 2011 was 73%. There is an increase of 4% compared to the last census data. That's pretty impressive compared to other developing countries. Kerala is the Most literate state in India. The literacy rate of Kerala is 96.2%. As per UNESCO, India will achieve Universal Literacy in the year 2060.

Literacy Rate of India in 2023	77.7%
Male literacy rate of India in 2023	84.7%
Female literacy rate of India in 2023	70.3%

The gap between the literacy rates of males and females remains grave. Girls dropping out of schools increased due to economic difficulties. With the launch of many female literacy campaigns, the gender gap could narrow in the coming years.

Literacy Rate in Urban Areas of India 87.7%

Literacy Rate in Rural Areas of India 73.5%

Highest Literacy Rate in India

Kerala achieved the highest literacy rate of 96.2% in India, followed by Delhi (88.7%). Kerala has the highest female literacy rate (95.2%) in India, and Lakshadweep had the highest male literacy rate.

Highest Literacy State in India Kerala

Highest Male Literacy State in India Lakshadweep

Highest Female Literacy State in India Kerala

Lowest Literacy Rate in India

Andhra Pradesh has India's lowest literacy rate of 67.35%. Rajasthan has the lowest male literacy rate in India and Bihar has the lowest female literacy rate.

Lowest Literacy State in India Andhra Pradesh

Lowest Male Literacy State in India Rajasthan

Lowest Female Literacy State in India Bihar

Statewise Highest Literate Rate in India

The Most literate state in India is Kerala, with the rate of 96.2%

STATE	LITERACY RATE	MALE	FEMALE
Kerala	96.2%	96.11%	92.07%
Delhi	88.7%	90.94%	87.33%
Uttarakhand	87.6%	87.4%	70.01%
Himachal Pradesh	86.6%	89.53%	75.93%
Assam	85.9%	77.85%	66.27%
Maharashtra	84.8%	88.38%	75.87%
Punjab	83.7%	80.44%	70.73%
Gujarat	82.4%	85.75%	69.68%
West Bengal	81.69%	70.54%	80.5%
Haryana	80.4%	84.06%	65.94%

International Literacy Day 2023:

Understanding The Theme

The theme "Literacy for a Sustainable Future" emphasizes the vital role of literacy in achieving sustainability on multiple levels:

1.Environmental Sustainability: Literacy enables individuals to better understand environmental issues, climate change, and sustainable practices. Informed and literate communities are more likely to take environmentally responsible actions and advocate for sustainable policies.

- **2.Economic Sustainability:** Literacy is a key driver of economic development. It empowers individuals to access better job opportunities, engage in entrepreneurship, and contribute to the growth of their communities and nations.
- **3. Social Sustainability:** Literacy fosters social inclusion and cohesion. It enables people to participate actively in their societies, understand their rights, and engage in civic activities, ultimately leading to more stable and harmonious communities.
- **4. Cultural Sustainability:** Literacy preserves cultural heritage and traditions. It allows communities to document their histories, languages, and traditions, ensuring their survival for future generations.

Activities and Initiatives

To celebrate International Literacy Day 2023 and promote the theme "Literacy for a Sustainable Future," various activities and initiatives can be undertaken:

Education Campaigns:

Launch education campaigns that emphasize the links between literacy and sustainability, encouraging people to become more environmentally conscious and economically self-sufficient through literacy.

Community Workshops: Organize workshops and seminars that explore the connections between literacy and sustainability, inviting experts to share insights on how literacy can contribute to a sustainable future.

Literacy Programs:

Develop and support literacy programs that incorporate sustainability education into their curriculum, teaching learners not only to read and write but also to understand and address environmental, economic, and social challenges.

Partnerships:

Collaborate with local governments, NGOs, and businesses to create sustainable literacy initiatives that address specific community needs and leverage available resources.

Conclusion: A Call to Action

International Literacy Day 2023, with its theme "Literacy for a Sustainable Future," underscores the interconnectedness of literacy with environmental, economic, social, and cultural sustainability. It is a reminder that literacy is not just about reading and writing but about building a better future for individuals.

By
Shalini Patel
CM INTERNATIONAL SCHO Primary Teacher

Changes which should be brought in the Education System

The education system in India has made significant progress over the years, but there are still several areas that require improvement and reform. improving the education system in India is a crucial step towards fostering a knowledgeable, skilled, and innovative society. Here are some suggested changes that could be considered:

1. Quality of Education:

Improve the quality of education by focusing on better teacher training and development. Update curriculum and teaching methods to make them more student-centric and practical. Encourage critical thinking, problemsolving, and creativity in the curriculum.

2. Access and Inclusivity:

Ensure access to quality education for all, including marginalized and underprivileged communities. Invest in infrastructure and resources for schools in rural and remote areas. Promote inclusive education for children with disabilities.

3. Digital Literacy and Technology Integration:

Integrate technology into the classroom to enhance learning experiences. Provide training for teachers and students in digital literacy. Bridge the digital divide to ensure equitable access to technology.

4. Teacher Training and Development:

Invest in ongoing professional development for teachers. Attract and retain talented educators by offering competitive salaries and benefits. Implement a merit-based system for hiring teachers.

5. Assessment and Evaluation:

Rethink the examination system to reduce stress on students. Encourage continuous assessment and project-based learning. Focus on holistic development rather than rote memorization.

6. Vocational Education and Skill Development:

Promote vocational education and skill development programs to prepare students for the workforce. Collaborate with industries to design relevant curriculum. Provide career counseling and guidance.

7. Languages and Multilingual Education:

Promote multilingual education to preserve and celebrate India's linguistic diversity. Encourage the teaching of regional languages along with English and Hindi. Develop resources for language preservation and learning.

8. Gender Equality and Safety:

Create a safe and inclusive environment for female students and staff. Promote gender-sensitive curriculum and education policies. Encourage more female participation in STEM fields.

9. Higher Education Reforms:

Encourage research and innovation in universities. Establish stronger industry-academia collaborations. Revise admission and funding policies to promote meritocracy.

10. Parent and Community Engagement:

Involve parents and communities in the education process. Encourage parents to take an active role in their children's education. Foster a sense of ownership and accountability at the local level.

11. Education Funding:

Increase public spending on education to reach the recommended 6% of GDP. Promote public-private partnerships to mobilize additional resources. Ensure transparent and efficient allocation of funds.

12. Environmental Education:

Include environmental education and sustainability in the curriculum. Promote awareness about climate change and conservation. Encourage eco-friendly practices in schools.

13. Ethics and Values Education:

Integrate ethics and values education to promote moral and ethical values in students. Teach tolerance, empathy, and respect for diversity.

Reforming the education system in India is a complex and long-term process that requires the collaboration of educators, policymakers, parents, and communities. These changes should be implemented gradually, with a focus on continuous improvement and adaptability to changing needs and circumstances.

By Advika Patil Victorious IX-B Sport Captain

APPRECIATING TEACHERS FOR THEIR EFFORTS DURING PANDEMIC

The COVID-19 pandemic unleashed unprecedented challenges across the globe, affecting every facet of society. As schools and educational institutions faced abrupt closures, teachers found themselves thrust into a new and uncharted territory of remote and hybrid learning. Despite these daunting circumstances, educators demonstrated unwavering resilience, creativity, and dedication in their commitment to nurturing young minds. This essay explores the remarkable efforts of teachers during the pandemic and the importance of appreciating their tireless work.

I. Adapting to the New Normal

When schools closed their doors to mitigate the spread of the virus, teachers were tasked with an urgent need to adapt to the digital landscape. In a matter of weeks, they transitioned from traditional classrooms to online platforms, learning to navigate various tools and technologies to facilitate distance learning. The dedication with which they embraced this change was nothing short of remarkable.

II. Going Above and Beyond

Teachers did not merely focus on delivering lessons; they became emotional support systems for their students. Recognizing the strain the pandemic placed on young minds, educators devoted countless hours to providing reassurance, empathy, and a sense of normalcy. They listened to the fears and anxieties of their students, offering guidance and encouragement.

III. Innovative Teaching Approaches

In the face of remote learning challenges, teachers exhibited exceptional creativity. They designed engaging online lessons, used multimedia resources, and explored interactive platforms to maintain student engagement. These innovative approaches kept education alive amidst the chaos.

IV. Bridging the Digital Divide

Teachers recognized the disparities in access to technology and resources among their students. Many educators worked tirelessly to ensure that all students, regardless of their socio-economic backgrounds, had access to the necessary tools and internet connectivity to continue their education. This effort was not only about teaching but also about promoting equity in education.

V. Balancing Personal and Professional Life

Teaching during the pandemic blurred the boundaries between work and personal life. With remote teaching, the lines between home and classroom became increasingly porous. Teachers juggled their own family responsibilities while ensuring the educational needs of their students were met. Their dedication to both roles is a testament to their commitment.

VI. Navigating Uncertainty

The pandemic presented teachers with uncertainty on multiple fronts. They faced the challenges of constantly shifting guidelines, the anxiety of their students and their own health concerns, and the loss of traditional classroom dynamics. Despite these uncertainties, teachers demonstrated resilience and adaptability.

VII. The Emotional Toll

The pandemic took an emotional toll on teachers, as they grieved the loss of in-person connections with their students. They missed the laughter in the classroom, the daily interactions, and the feeling of making a difference. Yet, they persevered in their commitment to education.

Conclusion

The COVID-19 pandemic tested the mettle of teachers like never before, and they emerged as unsung heroes in the battle for continued education. Their adaptability, creativity, and unwavering dedication deserve our utmost appreciation. As we navigate the path to recovery, let us remember the profound impact educators have had on our lives and commit to supporting and appreciating them for their heroic efforts during these challenging times. A simple " thank you" can go a long way in recognizing the immeasurable contributions teachers make to our society, both in times of crisis and in the everyday pursuit of knowledge.

C M INTERNATIONAL SCHOOL

By Hilan Dhanraj Yadav Parent of Aditya Yadav Victorious IX B

GALAXY NEWS - TOKYO OLYMPIC HIGHLIGHTS OF INDIA

India had an impressive performance at the Tokyo Olympics with several highlights. India achieved its best-ever medal tally at the Olympics, securing a total of 7 medals. The achievements include 1 gold, 2 silver, and 4 bronze medals.

One of the standout moments was Neeraj Chopra winning the historic gold medal in the mens javelin throw event. This victory made Neeraj Chopra the first-ever Indian athlete to win a gold medal in track and field at the Olympics.

Another significant highlight was the Indian mens hockey teams victory over Australia in the quarterfinals. This win marked a major upset as the Indian team defeated one of the tournament favorites.

Mirabai Chanus silver in weightlifting: Saikhom Mirabai Chanu won a silver

medal in the womens 49 kg weightlifting category, ending Indias 21-year-long wait for an Olympic medal in weightlifting. She lifted a total of 202 kg.

Ravi Kumar Dahiyas silver in wrestling: Ravi Kumar Dahiya clinched the silver medal in the mens freestyle 57kg wrestling event. He showcased exceptional skills and resilience throughout the tournament.

PV Sindhus bronze in badminton: Pusarla Venkata Sindhu, a renowned Indian badminton player, bagged the bronze medal in the womens singles event. Her stellar performance added another accolade to her previous Olympic silver medal.

India also celebrated a long-awaited achievement in the sport of hockey. The Indian mens hockey team secured a bronze medal after 41 years. This accomplishment brought great pride to the nation and reflected the resurgence of Indian hockey on the global stage. Overall, Indias performance at the Tokyo Olympics showcased the immense talent and potential of Indian athletes. The record-breaking medal tally and historic achievements have left a lasting impact on the sporting landscape in India.

By Tanisha Sharma Victorious IX C

Dr. Sarvepalli Radhakrishnan

Dr. Sarvepalli Radhakrishnan was an Indian politician, philosopher and statesman who served as the second president of India from 1962 to 1967. He previously served as the first vice president of India from 1952 to 1962. He was the second ambassador of India to the Soviet Union from 1949 to 1952. He was also the fourth vice-chancellor of Banaras Hindu University from 1939 to 1948 and the second vice-chancellor of Andhra University from 1931 to 1936. Radhakrishnan is considered one of the most influential and distinguished 20th century scholars of comparative religion and philosophy, he held the King George V Chair of Mental and Moral Science at the University of Calcutta from 1921 to 1932 and Spalding Chair of Eastern Religion and Ethics at University of Oxford from 1936 to 1952.

Radhakrishnans philosophy was grounded in Advaita Vedanta, reinterpreting this tradition for a contemporary understanding. He defended Hinduism against what he called, uninformed Western criticism, contributing to the formation of contemporary Hindu identity. He has been influential in shaping the understanding of Hinduism, in both India and the west, and earned a reputation as a bridge-builder between India and the West.

Radhakrishnan was awarded several high awards during his life, including a knighthood in 1931, the Bharat Ratna, the highest civilian award in India, in 1954, and honorary membership of the British Royal Order of Merit in 1963. He was also one of the founders of Helpage India, a non profit organisation for elderly underprivileged in India. Radhakrishnan believed that "teachers should be the best minds in the country. Since 1962, his birthday has been celebrated in India as Teachers Day on 5 September every year.

By Nandika Shetty Victorious IX A

Science & Technology Satellites What are Satellites?

A satellite is a natural or artificial object that orbits around a larger celestial body, such as a planet or a star. In the context of space exploration and technology, there are two primary types of satellites:

- 1. Natural Satellites: These are celestial objects that orbit around planets or other larger celestial bodies. The most well-known natural satellite is Earth's moon, but many planets in our solar system also have natural satellites. For example, Mars has two natural satellites, Phobos and Deimos.
- 2. Artificial Satellites: These are human-made objects intentionally placed into orbit around the Earth or other celestial bodies. Artificial satellites serve various purposes, including communication, navigation, Earth observation, scientific research, and more. They are launched into space and can be stationary in geostationary orbits or move in various orbits, depending on their intended function.

Artificial satellites are a crucial part of modern technology and have a wide range of applications in telecommunications, navigation, weather forecasting, scientific research, and space exploration, among others. They play a significant role in our daily lives and in advancing our understanding of space and the Earth.

What are types of Artificial Satellites?

Artificial satellites are human-made objects placed into orbit around the Earth or other celestial bodies. They serve various purposes, including communication, navigation, Earth observation, scientific research, and more. There are different types of artificial satellites, including:

- **1. Communication Satellites:** These satellites are designed for transmitting television, radio, internet, and telephone signals. They are placed in geostationary orbits to maintain a fixed position relative to the Earth's surface.
- **2. Navigation Satellites:** These satellites are part of global navigation systems like GPS (Global Positioning System), GLONASS (Russia), Galileo (Europe), and Beidou (China). They provide accurate positioning and timing information for navigation and location-based services.

- **3. Earth Observation Satellites:** These satellites are equipped with sensors and instruments to monitor the Earth's surface, atmosphere, and oceans. They are used for weather forecasting, environmental monitoring, disaster management, and agricultural planning.
- **4. Space Telescopes:** Space telescopes like the Hubble Space Telescope are placed in Earth's orbit to observe distant celestial objects and phenomena without the interference of Earth's atmosphere.
- **5. Scientific Satellites:** These satellites are launched to conduct scientific research in space. They may study space weather, cosmic rays, gravitational waves, or other astronomical phenomena.
- **6.Spy Satellites:** Also known as reconnaissance satellites, these are used for military and intelligence purposes. They gather information about enemy activities, monitor strategic locations, and provide situational awareness.
- **7. Space Stations:** While not traditional satellites, space stations like the International Space Station (ISS) are human-inhabited artificial structures in orbit. They serve as laboratories for scientific research and international cooperation.
- **8. Satellite Constellations:** These are groups of interconnected satellites working together to provide services like internet connectivity (e.g., Star link by SpaceX) or global Earth observation (e.g., the Copernicus program by the European Space Agency).
- **9. Cargo Resupply Satellites:** These are used to transport cargo to the International Space Station (ISS) and resupply it with essential provisions.
- **10.** Lunar and Planetary Probes: These satellites are sent to explore and study other celestial bodies such as the Moon, Mars, Venus, and asteroids.
- **11. Space Probes:** These are unmanned spacecraft sent beyond Earth's orbit to explore the outer planets, the Sun, and interstellar space. Examples include the Voyager probes and New Horizons
- **12. Space Tourism Satellites:** In the emerging field of space tourism, satellites may be designed to provide suborbital or orbital rides for paying passengers.

These are some of the main types of artificial satellites, each serving specific purposes in space exploration, communication, navigation, and scientific research.

By Madhavi Chaphekar Primary Teacher

World Rivers Day

World River Day is observed to raise awareness regarding water bodies and to promote their conservation. It is observed every year on the fourth Sunday of September, and this year, it falls on September 25. This day highlights the values of rivers and strives to increase public awareness and encourages the improved supervision of rivers around the world. Today, rivers in almost every country are facing major threats, and are not just limited to pollution and low water levels. World Rivers Day invites people from around the world to join in and celebrate the rivers around them, and help in starting projects for their conservation. The UN also invites sponsorship organizations to support the world's rivers. Rivers are the building blocks of any civilization. The theme for this year's World Rivers Day is 'The importance of Rivers to Biodiversity'. The absolute need for rivers to keep any civilization going is the focus of this year's theme. Not only humans, but rivers keep a wide range of animals and plant a living breathing part of our ecosystem.

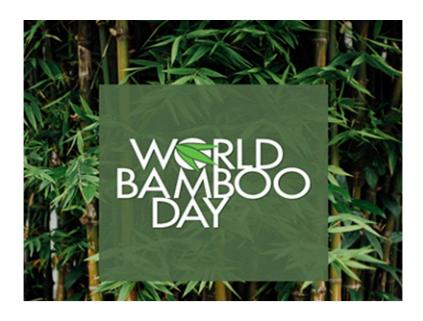
Dying Rivers In India

India's rivers are undergoing a drastic change. Due to the pressures of population and development, our perennial rivers are becoming seasonal. Many of the smaller rivers have already vanished. Flood as well as drought are becoming increasingly frequent, as rivers turn unruly during the monsoon, and vanish once the rainy season is over.

- 25% of India is turning into desert.
- In 15 years, we may have only half the water we need for our survival.
- The Ganga is one of the most endangered rivers in the world.
- The Godavari was dry along much of its length last year.
- The Kaveri has lost 40% of its flow. Krishna and Narmada have lost around60%

In every state, perennial rivers are either becoming seasonal or totally going dry. In Kerala – the Bharatpuzha, in Karnataka – the Kabini, in Tamil Nadu – the Kaveri, Palar and Vaigai, in Odisha – the Musal, in Madhya Pradesh – the Kshipra. Many smaller rivers have already vanished. Most major rivers are the subject of interstate water disputes. Water is a finite resource and the supplies on Earth today are no more than what was there at the beginning of the planet. We should manage and utilise our water resources wisely simply by making small changes and making water conservation a part of our daily routine. Saving water translate into saving energy and money

C M INTERNATIONAL SCHOOL By
Aarna Gupta
Victorious IX-C



World Bamboo Day was declared official on 18 September 2009 at the event of the 8 th World Bamboo Congress conducted in Bangkok. The day was conceptualized by Kamlesh Salam, former President of the WBO, and delegates from around hundred countries. So every year on 18 September World Bamboo Day is observed.

World Bamboo Deserves a platform to raise awareness about the myriad benefits of bamboo and its role in addressing pressing global challenges.

Why is it called Bamboo?- The origin of the word bamboo comes from the Malay word Mambu, the Dutch called it bamboo after which received its neo-Latin name 'bambusa'. Some say the original word was 'bambu' because it resembles the sound bamboo makes when it explodes in an open fire.

Which country is Famous for Bamboo? In Asia ,China boasts the greatest diversity of Bamboo.

Uses of Bamboo Tree-Bamboo has many uses, mainly in construction, furniture, food, biofuel, fabrics, cloth, paper and environmental characteristics. Why is Bamboo called Lucky- Also known as Dragon tree or Ribbon plant "THE PLANT SYMBOLISE GOOD LUCK."



Funny Facts about Bamboo Tree

- 1) You can eat Bamboo.
- 2) Bamboo is the fastest growing plant.
- 3) Bamboo is Worlds tallest grass.
- 4) Bamboo can live for a century or more.
- 5) Music was born on Bamboo.
- 6) One of the strongest natural resources.

"HAPPY WORLD BAMBOO DAY"



"Be like Bamboo ,The higher you grow ,the deeper you bow."

By Gayatri Sonawane Primary Teacher

Celebrating World Rhino Day Ten Facts about Rhinos



World Rhino Day is an annual global event celebrated on September 22nd each year. This day is dedicated to raising awareness about the plight of rhinoceros' species and the need for their conservation. Rhinoceroses are among the most endangered animals on Earth due to poaching and habitat loss, and World Rhino Day aims to highlight their conservation efforts and generate support for their protection.

Indian rhinoceroses, also known as one-horned rhinos, are primarily located in the northeastern region of India, particularly in the state of Assam. Kaziranga National Park in Assam is renowned for its significant population of Indian rhinos and is a UNESCO World Heritage Site. Manas National Park, also in Assam, and Pobitora Wildlife Sanctuary are other crucial conservation areas for these rhinos. In West Bengal, Jaldapara National Park and Gorumara National Park are known to house populations of Indian rhinoceroses.

Here are ten interesting facts about rhinoceroses:

- 1. Two Distinct Genera: There are five species of rhinoceros, and they are divided into two distinct genera: the white rhinoceros and the black rhinoceros. These names are a bit misleading, as both species can vary in color, and the white rhino's name is thought to be a mistranslation of the word which means wide in Dutch and refers to their wide mouths.
- **2. Large Herbivores:** Rhinoceroses are massive herbivores, with some species weighing up to 2,300 kilograms (5,000 pounds). They are second in size among land mammals only to elephants.
- **3. Armor-Like Skin:** Rhino skin looks like armor but is actually quite sensitive. It is composed of layers of collagen-rich tissue. To protect their skin from the sun and insects, rhinos will often wallow in mud.
- **4. Two Horned Species:** Both white and black rhinoceroses have two horns. The front horn is typically longer, while the rear horn is shorter and may be less visible or even absent in some individuals.
- **5. Endangered Status:** All five species of rhinos are considered threatened or endangered due to habitat loss and poaching for their horns, which are highly valued on the black market.
- **6. Rhinoceros Communication:** Rhinos communicate using a variety of vocalizations, including snorts, grunts, and squeaks. They also use body language, such as head tossing and tail-raising, to convey messages.
- 7. **Solitary Animals:** Rhinoceroses are generally solitary animals, except for mothers with calves. They have defined territories and may mark their territories with dung piles.
- **8. Different Habitats:** Rhinoceroses can be found in a range of habitats, from grasslands and savannas to forests and swamps, depending on the species. They are primarily grazers or browsers, depending on the available vegetation.
- **9. Exceptional Sense of Smell and Hearing:** Rhinos have an acute sense of smell and hearing, which compensates for their relatively poor eyesight. They can detect scents from great distances.
- **10. Conservation Efforts:** Conservationists and organizations around the world are actively working to protect and conserve rhinoceros populations. This includes anti- poaching measures, habitat preservation, and breeding programs in captivity to help increase their numbers.

By Gunjan Khandekar Primary A Coordinator

Know your rights-What is UN- Peace Keeping Agency?

Article 19 to 22 of the Indian Constitution provides the right to freedom that aims to protect the fundamental freedoms of the Indian citizen, like freedom of personal life, freedom of speech and expression, freedom to live a dignified life, freedom to form associations, and a lot more. When you know your rights, you know what can and cannot be done, you understand what's within the scope of the law, and act accordingly.It helps us see the consequences of our actions and gives us a sense of empathy for others. With this knowledge, we can make better decisions about how to act in the world.

Peace is a Human Right and it's a Right for Everyone!

As peace is a basic human right, it is very, very important that we have peace in all the possible aspects. For example, peace in policymaking processes, peaceful diplomatic relations with other nations etc. Peace simply means being in a place, where no hatred exists and every corner is filled with love, care and respect; where conflicts are handled peacefully. UN peacekeeping is a unique global partnership. It brings together the General Assembly, the Security Council, the Secretariat, troop and police contributors and the host governments in a combined effort to maintain international peace and security. Its strength lies in the legitimacy of the UN Charter and in the wide range of contributing countries that participate and provide precious resources. Peacekeeping has proven to be one of the most effective tools available to the UN peacekeepers. It provide security and the political peace building support to help countries.

UN Peacekeeping is guided by three basic principles:

- Consent of the parties;
- Impartiality;
- Non-use of force except in self-defence and defence of the mandate.

Today's multidimensional peacekeeping operations are called upon not only to maintain peace and security, but also to facilitate the political process, protect civilians, assist in the disarmament, demobilization and reintegration of former combatants; support the organization of elections, protect and promote human rights and assist in restoring the rule of law.

It is not enough to win a war; it is more important to organize the peace. Shine your soul with the same Peacebuilding seeks to address the underlying causes of conflict, helping people to resolve their differences peacefully and lay the foundations to prevent future violence.

By Ms. Rashmi Nagar Secondary Teacher

Importance of Nutrition How Dry Fruits are a great source of Nutrition

As we know that food and water is necessary to build up our body and keep it healthy. Nutrition plays a great role in our daily life. The food that affects our body and health because each food contains particular nutrition like proteins, carbohydrate, fats, some vitamins, minerals and water. These all play different role to keep our body healthy and build new cells in our body, which is very necessary for our physical and mental growth. Improved nutrition boosts the immune system, increases mental alertness, and lowers the risk of chronic diseases such as diabetes.

Dry Fruits are great source of Nutrition:

Dried fruit is an excellent source of fibre, antioxidants, vitamins, and minerals. Dry fruits are rich in potassium, magnesium, calcium, zinc, phosphorus and various vitamins like vitaminA, D, B6, K1 and E. These nutrients are essential for a healthy immune system and It can also help regulate blood sugar levels, improve heart health, and boost energy levels. They arevery effective in the battle against depression and stress. They also improve brain health and memory.

- Almonds are a super food that supplies massive amounts of nutrients to the body. The tiny-looking crunchy dry fruit is rich in fibre, protein, vitamin E etc. Due to the presence of these nutrients, dry fruit delivers ample almonds health benefits such as reducing cholesterol, regulating blood sugar, helping reduce weight and more.
- Pistachios or Pista is sweet and unique dry fruit is mostly preferred as a snack. It is a rich source of 30 minerals, vitamins, and phytonutrients. It good for the heart, manages diabetes and improves the production of haemoglobin and blood circulation.
- Cashews are commonly referred to as a nut, but they are actually seeds.
 These seeds can be very important in improving your overall health.
 It helps with weight loss, controls blood sugar levels and improve your heart health.
- Apricots are small, orange, tart-tasting fruits rich in various vitamins and minerals. Protects your heart and eyes, hydrates skin and reduces wrinkles.
- Dates or Khajoor super delicious and iron-rich dry fruit is perfect for the winter season. It promotes brain health. It helps manage sugar levels in the body.
- Walnuts or Akhrot is brain-shaped nut is a single-seeded stone fruit that contains healthy fats, protein, and fibre. It reduces the risk of cancer and heart disease and helps manage the risk of diabetes.
- Raisins, also known as Kishmish in India. This naturally sweet, dry fruit is a good source of sugars, fat, protein, dietary fibre, vitamins, and minerals.

By Pragatika Pradhan Secondary Teacher

WORLD HINDI DAY AND INTERESTING FACTS ABOUT HINDI LANGUAGE

- World Hindi Day, observed on January 10th, promotes the Hindi languages global importance. It commemorates the first World Hindi Conference in 1975 and encourages the use and propagation of Hindi worldwide. With over 600 million speakers, Hindi is not only Indias primary language but also one of theworlds most widely spoken languages. It plays a vital role in preserving Indias rich cultural heritage. Here are a few key points about World Hindi Day:
 - 1. "Historical Significance:" World Hindi Day was first observed on January 10, 2006, to mark the anniversaryof the first World Hindi Conference held in 1975. The conference was inaugurated by the then-Prime Minister of India, Indira Gandhi, to promote the use of Hindi on the global stage.
 - **2. "Promotion of Hindi:"** The primary aim of World Hindi Day is to encourage the use and propagation of the Hindi language worldwide. Various events, seminars, and cultural programs are organized to celebrate the day, both in India and among Hindi-speaking communities around the world.
 - **3. "Cultural Exchange:"** It serves as a platform for cultural exchange between Hindi-speaking communities and individuals from different countries who have an interest in the language. This exchange helps foster understanding and appreciation of Hindi culture and traditions.
 - **4. "Global Reach:"** Hindi is not only the most widely spoken language in India but also has a significant presence in various countries due to the Indian diaspora. It is the fourth most spoken language in the world, making it an important global language.
 - **5. "Interesting Fact about Hindi:"** Hindi is written in the Devanagari script, which is a syllabic alphabet. It is unique in that each character represents a syllable rather than a single consonant or vowel sound. Devanagari script consists of 11 vowels and 33 consonants, providing a comprehensive system for representing the sounds of Hindi.
 - **6. "Scriptural Significance:"** Hindi has a rich literary heritage, with many classical texts like the Ramayana, Mahabharata, and numerous religious scriptures written in the language. It has played a pivotal role in the preservation and dissemination of Indias ancient knowledge and wisdom.

In conclusion, World Hindi Day is a celebration of the Hindi languages global significance and its cultural richness. Hindi continues to connect millions of people worldwide, and it serves as a testament to the diversity and vibrancy of linguistic traditions in India.

Parnika Awasthi Victorious IX B



Value education is what makes a perfect gentleman or a lady. It consists of the manner, behaviour, etiquette, attitudes, etc., of an individual. It is the real foundation of a good character.

We at CM International school aim at instilling values that help children lead a life that is not only sensible and useful but also socially conscious and compassionate. As we all know Etiquette refers to the rules of conduct, the socially accepted patterns of behaviour.

The building blocks of proper etiquette and good manners begin with the magic words "please", "thank you", "you're welcome" and "I'm sorry". These are the words and phrases that should be taught to children from an early age. Let us tell them that each word has magic powers.

Magical phrases to be used on a daily basis:-

1. "Please"

Encourage your kid to use please more often!

2. "Thank you"

Teach your kid to thank for everything that he/she has been blessed with.

3. "Excuse me"

Using this permission-seeking word is a sign of a good mannered individual.

4. "Sorry"

Apologising does not make someone small or insignificant. Teach your kid to apologise and admit to the mistake done.

5. "You're welcome"

Let children know how to use "you're welcome" whenever someone says "thank you."

Replying to guests, friends, and relatives "you're welcome" after they say thanks leaves a lasting impression on people.

6. "Can I help you?"

Teach your kid that helping a person in need is the first duty of every human.

7. "May I"

With this, you can teach your kid to respect authority and make a significant impact with politeness.

7. "Pardon me "

This is another polite phrase every kid should know.

8. "How are you"

This is a conversation initiator; encourage your kid to make Small talk whenever possible.

9. "You are the best "

Teach your kid to appreciate others; this magic phrase generates positivity

By Deepika Mahadik Pre-Primary teacher

Ideas to decorate your Study Room

A well decorated study room can provide a comfortable environment, improved concentration, increased efficiency, and relaxed space if designed correctly.

When decorating your study room, we need to be aware of many things, such as visuals, aesthetics, efficiency, practicality, and light conditions.

We must use comfortable, adjustable, and ergonomic chairs. When choosing light, it must be of right intensity, color and positioned correctly. Our workspace must be organized to be efficient. A softboard which can be used as wall of fame, sticky notes, timetable, calendar, photos, collages and what not.

Besides, the study is not just workplace, it is fun place too. Therefore, we should have toys/gadgets for relaxation.

Some ideas to decorate your study room are:

Comfort:

- A great adjustable and comfortable chair with cushions.
- A comfortable bed and a cozy blanket for a quick nap.

Concentration:

- Install a warm light above your study table, and an additional study light
- color code everything, from your sticky notes to your books for easyn reference

Efficiency:

- organize your books and stationery in a way that is easy to access.
- add a softboard on the wall and stick some pictures of your favorite things, your notes for studying, your creation to share with your friends.

Relaxation:

- keep a radio on a shelf to listen to soothing music while studying
- stick a collage of your family, friends, and favorite people on the wall

I recommend to add some cushions on chairs, a warm light, when using screens, use eye-aid or similar features for easy reading. Buy furniture which allows space for device, books, stationery etc. We can also keep soft balls, toys, board games, photos, collages, radio other toys, and games to relieve the stress. Whenever we study, we prefer studying in a calm, neat and tidy place. We should decorate our study room according to our liking as we will feel comfortable and focused while studying. A proper study space can also improve your concentration and retention skills. A study room is better if it is well decorated.

By Mira Bansal Inspiring VC

World Deaf Day – Challenges faced by deaf people around the world

In a world often drowned in noise, let us pause on World Deaf Day to delve into the world of the hearing-impaired, where resilience meets the determination to communicate and be heard.

The Silent Struggle - Deaf individuals confront numerous hurdles daily. From limited access to education and job opportunities to the absence of effective communication tools, the barriers are immense. The world can be a silent and isolating place for those who cannot hear.

The Silent Struggle - Deaf individuals confront numerous hurdles daily. From limited access to education and job opportunities to the absence of effective communication tools, the barriers are immense. The world can be a silent and isolating place for those who cannot hear.

Technology as a guiding light of Hope - Breakthroughs in technology have opened new doors for the deaf community. Cochlear implants and communication apps have revolutionized the way deaf individuals interact with the world. Technology bridges the gap, providing a voice to the voiceless.

Inclusion: A Shared Responsibility- Inclusive policies at schools, workplaces, and in society at large are essential. By accommodating the needs of the deaf, we create a more equitable and harmonious world.

The richness of our world lies in its diversity. Let us ensure that no one's voice goes unheard. On this World Deaf Day, let us pledge to be agents of change. Learn sign language, support organizations dedicated to empowering the deaf, and advocate for inclusivity. Together, we can break down the walls of silence.

By Sayali Kalyani Pre-primary Teacher

Pre - Primary Teachers at CMIS with their Unique Qualities



Motherly Mridha Saluja



Sincere Veena Kadam



Helpful Farha Bhota



Creative Dipti Joshi



Smart Ankita Mahajan



Effective Manisha Dhole



Composed Megha Ramteke



Presentable Gitu Sawney



Courageous Mukta Mali



Sorted Deepika Mahadik



Sweet Sarika Patwardhan



Responsible Priya Salunke



Energetic Suvarna Mali



Friendly Ashwini Jadhav



Kind Komal Shelke



Loyal Sheetal Rana



Dedicated Seema Sharma



Humble Hemangi Patil



Focused Sayli Kaly<mark>ani</mark>



Funloving Shailza Sharma

C M INTERNATIONAL SCHOOL

Importance Of Nutrition in Early Childhood



Nature and Nurture are the two main influencing factors in every child's growth and development. Nature refers to the genes the child is born with, whereas Nurture is the experiences and nutrition the child receives. The nutrition received in childhood, a time of growth and development will directly affect the child as they grow up. Early childhood is the formative years for habits to be used in their entire lifetime, as parents, we must persist and stay on track to develop healthy eating habits in our children.

What Is Nutrition?

Nutrition is the study of how food affects the body. It includes the processes by which the body uses food to meet its energy needs and support our growth and development.

Why Is Nutrition Important?

Nutrition is important for several reasons.

- 1. It provides the body with the energy it needs to carry out its daily functions.
- 2. It helps to build and repair tissues in the body.
- 3. It supports growth and development, especially in children.
- 4. It plays a crucial role in maintaining a healthy immune system. A good immune system helps to prevent and fight off infections and diseases.
- 5. Good nutrition can help to prevent chronic diseases, such as diabetes, heart disease, and some cancers.

The Benefits And Importance Of Good Nutrition in early childhood.

Increased Energy Levels

Eating a balanced diet that provides the body with all the essential nutrients. When we eat foods that are rich in carbohydrates, our bodies convert them into glucose, which provides us with energy. Example of such foods are leafy green vegetables and lean meats.

Improved Digestion

Good nutrition can improve digestion. Eating a diet that is high in fiber can help to regulate bowel movements and prevent constipation. Consuming probiotic-rich foods, such as yogurt and kefir, can help to promote healthy gut bacteria, which can improve digestion

Better Mental Health- Healthy mind healthy soul.

Good nutrition is important as it can also help to support a healthy immune system. Consuming foods that are rich in vitamin C, such as citrus fruits can help to boost immune function and reduce the risk of infections. Additionally, consuming foods that are rich in zinc can help to improve immune function and reduce the duration and severity of colds and flu.

Here are 7 healthy and child-friendly habits you can begin to form:

- Keep snacks simple: a piece of fruit or handful of nuts
- Eat the rainbow! Create colourful plates with a variety of vegetables
- Involve little ones in cooking, even if they are just watching while you explain the process they are still learning
- Limit sugary drinks, including juices
- Take it slow: don't rush mealtimes.
- Do not punish a child for not eating, as it can develop a negative association.
- Avoid using food as a reward, as it can teach them to rely on it for comfort. Praise and encouragement, sometimes with a hug, can be enough reward for a child

In conclusion, good nutrition is essential for our overall health and well-being. By making small changes to our kids daily habits, we can improve our nutritional intake and support a healthy lifestyle.

Eat Healthy Stay Healthy..

By Ashwini Patil Parent of Anshika Patil Joyful D1

What do you like about "Mind Mirage"?

Hey everyone, guess what? Our school magazine is here, and its totally awesome! I can wait to tell you all about it. Our school magazine is like a treasure chest full of amazing stuff!

First up, there flavorful journey section. Here we come across mouth watering dishes from Rajasthan.

There's the Know Your Teacher section. It's like getting to know our super cool teachers even better. They share their fun stories, hobbies, and sometimes even secrets! I found out my teacher loves sports, which is so cool because I do too.

Also there Identify the Teacher.& like a fun puzzle game. They give you clues and blurred image, you have to guess which teacher is that. It like being a detective, and it so much fun trying to crack the code!

Now, lettalk about the Travelogue. They take us on a journey to different places in India and around the world. I learned about the beautiful Eiffel tower of Paris and the majestic Barcelona. Its like going on a mini-vacation through words and pictures.

For all the science geeks like me, there the Fun and Easy Home-Based Science Experiment section. They show us how to do super cool experiments with stuff we can find at home. I tried making a volcano using baking soda and vinegar, and it was epic!

And guess what? There's a Fireless Cooking section too. They teach us how to make yummy snacks without using the stove. I made a delicious sandwich with my mom, and it tasted so good. Now I can surprise my family with my cooking skills!

Last but not least, there's the section. It's like a brain workout. They ask us fun questions, and we get to test our knowledge. It's like a friendly competition with my friends, and we always learn something new.

Our school magazine is like a magical book that takes us on adventures, teaches us new things, and makes us smile. I can't wait to read it cover to cover and share it

with my family. It's the best thing ever, and Im super proud of our school for making such an amazing magazine.

By Brahmi Rajat Rokde Empowering IV D

Things I like about Mind Mirage Magazine

Hello,

As a devoted reader of Mind Mirage Magazine, I have come to truly appreciate variousarticles and segments within its pages. Among these, one that particularly resonates with me is the Teacher Identify segment. It evokes a sense of nostalgia, reminding me of my past educators, with whom I have shared countless cherished memories. This makes me so happy.

Furthermore, another aspect of Mind Mirage that I truly appreciate is its feature on fire-less cooking. I recently came across an article about a talented, young chef. Reading about their culinary adventures inspired me to get into the kitchen and try out some recipes myself. I prepared the dishes and shared the delightful flavours with my family members, all of whom thoroughly enjoyed the experience.

The third aspect that I deeply admire is the question-and-answer section, which often provides solutions to some of my inquiries.

The most significant aspect I like about this magazine is the collection of simple science experiments designed for students. One of my favourite experiments includes creating Milk Art and Homemade Slime.

Honestly, I genuinely love everything about Mind Mirage, including all its articles. It inspires me and showcases the hard work that teachers and the principal put in.

By Ikshita Shripad Amate Inspiring V D

What do you like about "Mind Mirage"?

Mind Mirage, the monthly school magazine, holds a special place in the hearts of students and educators alike. Its pages serve as a vibrant canvas, showcasing the creative talents, intellectual pursuits, and diverse perspectives of our school's community. Each issue is a testament to the collective effort and dedication poured into its creation, reflecting the essence of our educational institution. Through its insightful articles, thought-provoking essays, captivating artwork, and engaging features, Mind Mirage fosters a sense of unity and pride among students, as well as encourages a spirit of intellectual curiosity and expression.

Personally, I am very interested about the topic, "Teacher's Interview" where all of the teaching staff of our beloved school 'CM International' get to share their background and express their feelings towards this beautiful educational institution. Also, us students get to learn about all of the intellectual teachers of our school.

Furthermore, Mind Mirage plays a pivotal role in enhancing communication within our school community. Its well-curated content not only keeps us informed about academic endeavors but also offers a glimpse into the extracurricular accomplishments of our peers. The dedication of its editorial team, the creativity of its contributors, and the readerships enthusiasm together make Mind Mirage an indispensable part of our educational experience, one that leaves an unforgettable mark on our memories and learning journey.

By Advika Patil Victorious IX-B Sport Captain