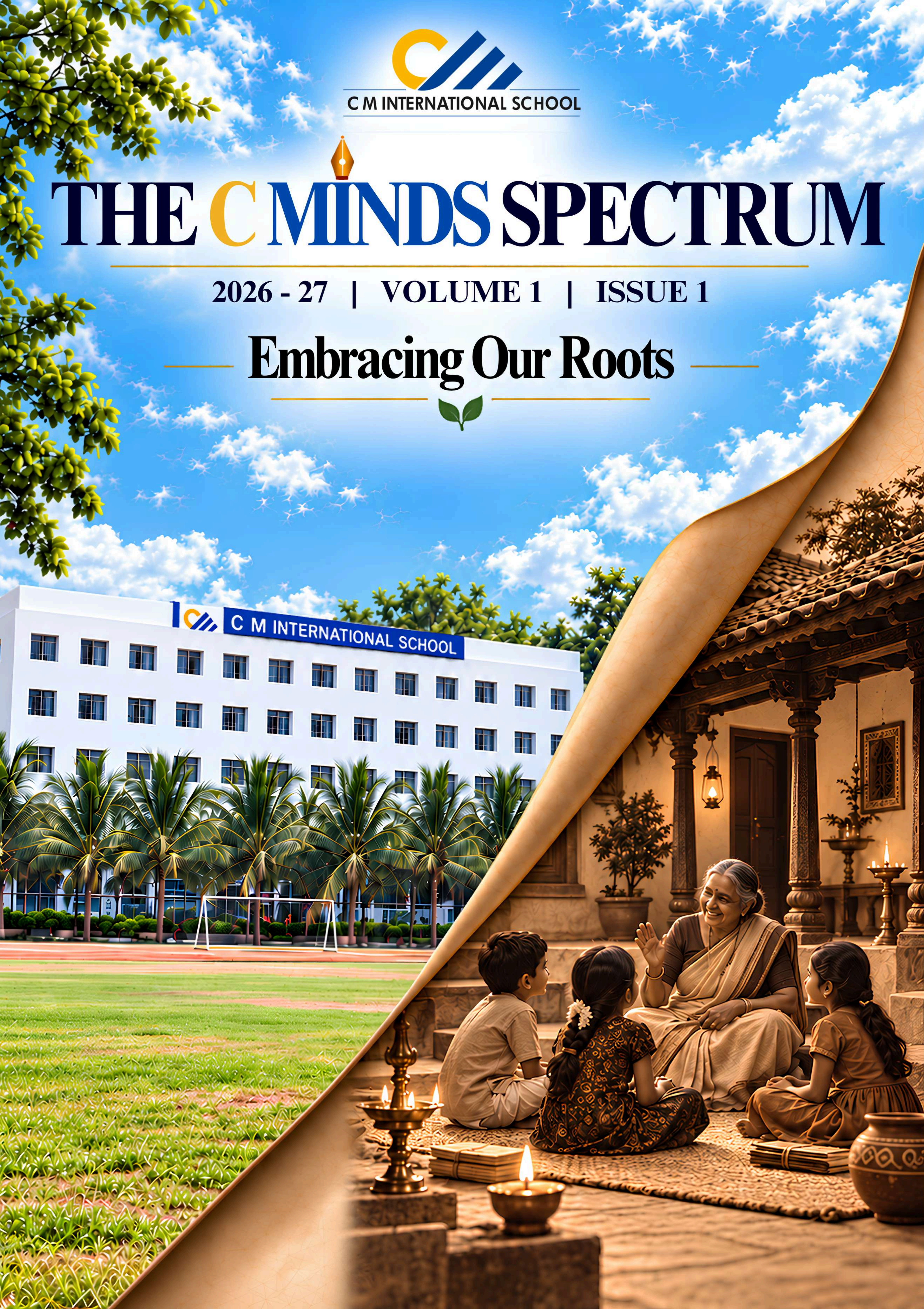




THE C MINDS SPECTRUM

2026 - 27 | VOLUME 1 | ISSUE 1

Embracing Our Roots



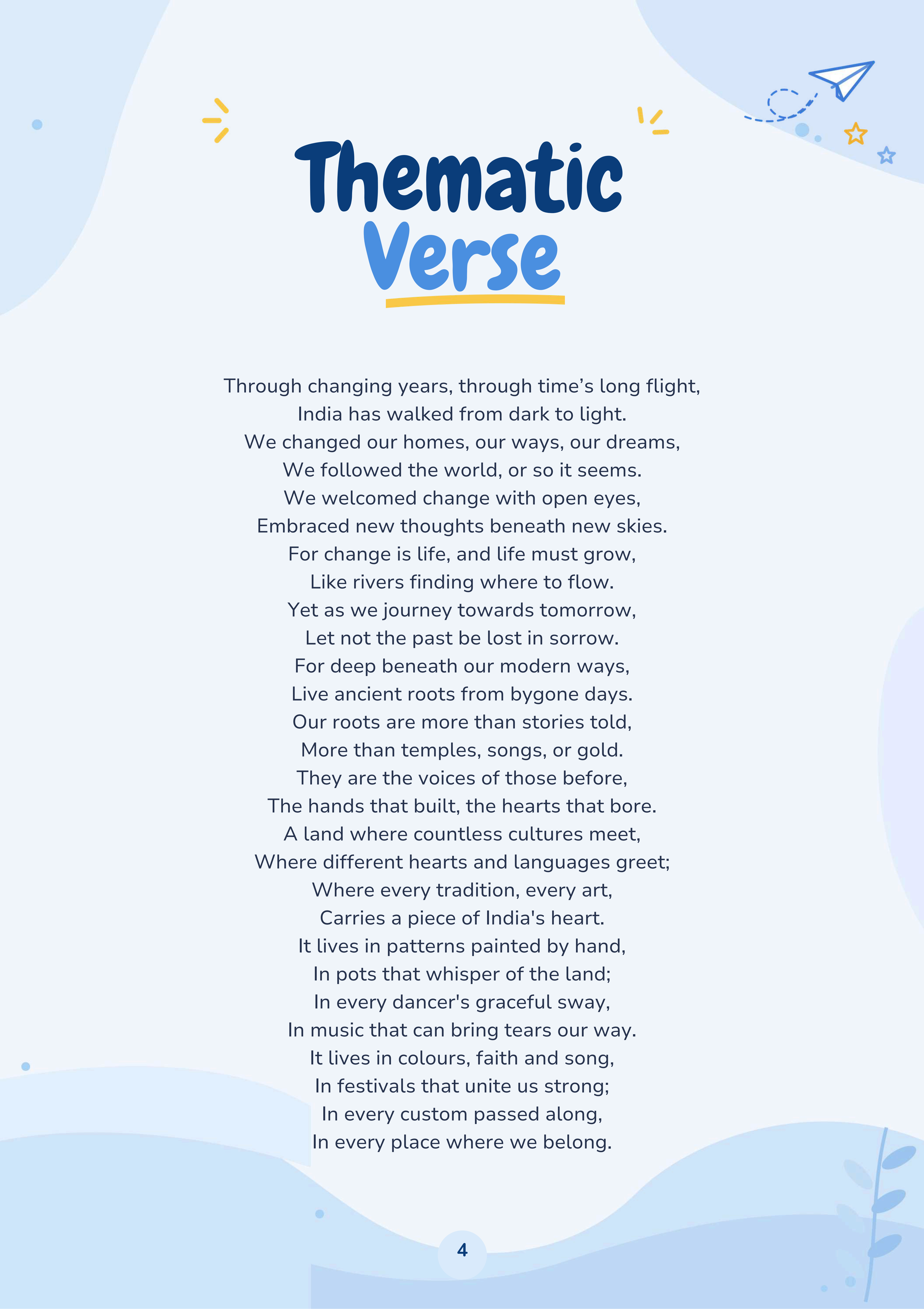
Contents

I. Thematic Verse	4
II. Message from the Secretary	6
III. Message from the Principal	7
IV. The Stakeholder Digest	8
1. Teacher Interview	8
2. Student Interview	11
3. Guess the Teacher	13
4. The C Minds Speak	14
V. School Chronicles	16
1. The Journey So Far!	16
2. Young Minds: Voices of the Special Assembly	18
3. Picture Gallery	35
4. Beyond the Classroom	39
5. Hall of Fame	43
6. Council Members	45
VI. Theme Spotlight	46
1. Lessons I Learnt from My Grandparents	46
2. The Story Behind My Name	47
3. A Day in My Native Village	49
4. Old Values in a New World	50
5. Yoga: India's Gift to the World	51
6. A Recipe That Carries Generations (Young Chef)	52
7. Behind Every Champion – A Parent's Role	53
8. The Evolution of Indian Education: From Gurukula to Smart Classrooms	54
9. The Importance of Mother Tongue in Identity Formation	56
10. "Living Libraries": Interviews with the Oldest Living Members of Students' Families	57
11. Grandma's Remedy: For Health Issues at Home Level	61
12. Alumni Spotlight – Interview of a Former Student	62
13. Kindness – A Value That Never Goes Out of Style	65
14. The Teachers Who Changed My Life	67



15. The Home: A Child’s First School of Culture	69
16. What Made the Indus Valley Civilisation One of the World’s Greatest Urban Societies?	72
17. Science Behind India’s Traditional Practices	74
18. The Silk Road: The Ancient Internet of Ideas	76
19. The World’s Lost Cities and What They Teach Us	78
20. Can Modern Society Thrive Without Historical Awareness?	81
21. Readers Digest: Books and Beyond	83
22. Architectural Scientific Relevance	84
24.From the Counsellor’s View	87
25.To Be Continued Story	88
VII. The BrainQuest	91
VIII. Editorial Board	94





Thematic Verse

Through changing years, through time's long flight,
India has walked from dark to light.
We changed our homes, our ways, our dreams,
We followed the world, or so it seems.
We welcomed change with open eyes,
Embraced new thoughts beneath new skies.
For change is life, and life must grow,
Like rivers finding where to flow.
Yet as we journey towards tomorrow,
Let not the past be lost in sorrow.
For deep beneath our modern ways,
Live ancient roots from bygone days.
Our roots are more than stories told,
More than temples, songs, or gold.
They are the voices of those before,
The hands that built, the hearts that bore.
A land where countless cultures meet,
Where different hearts and languages greet;
Where every tradition, every art,
Carries a piece of India's heart.
It lives in patterns painted by hand,
In pots that whisper of the land;
In every dancer's graceful sway,
In music that can bring tears our way.
It lives in colours, faith and song,
In festivals that unite us strong;
In every custom passed along,
In every place where we belong.



These roots remind us who we are,
They guide us like a northern star.
They hold the wisdom time has known,
And tell us: You are not alone.
So let us step towards the new,
But keep the old within our view.
Let progress rise, let dreams take flight,
But let our roots remain our light.
For culture is not a chain behind—
It is a bridge between mankind.
And every branch we choose to save
Keeps alive the ones who came before us, brave.
So cherish each tradition, each song, each art,
For somewhere within them lives a part
Of who we were, of who we are—
And perhaps, who we are yet to become.
As we embrace the future and reach for the skies,
May we never forget where our strength lies.
For a nation may change and a people may roam,
But the roots of people will always lead home.



Dear Readers,



It is with immense pride and great pleasure to present to you the first edition of The C Mind Spectrum, a milestone that marks the beginning of a new journey in celebrating the vibrant spirit of C M International School.

A school is not merely a place where knowledge is imparted; it is a space where ideas take shape, talents flourish and dreams begin to find their wings. The C Mind Spectrum has been envisioned as a platform to capture these moments of learning, creativity, achievement and self-expression. It reflects the diverse spectrum of thoughts, experiences and accomplishments that make our school community truly unique.

Every page of this magazine is a testament to the enthusiasm of our students, the dedication of our teachers and the unwavering support of our parents. From academic pursuits and creative expressions to cultural celebrations, sporting achievements and innovative initiatives, this edition beautifully showcases the many facets of life at C M International School.

As we unveil this inaugural edition, I hope it inspires every reader to appreciate the power of imagination, the joy of learning and the importance of nurturing values alongside knowledge. May the magazine become a cherished tradition that continues to document our journey, celebrate our milestones and inspire generations of learners in the years to come.

I extend my heartfelt congratulations to the editorial team, students, teachers and everyone who contributed to bringing this vision to life. Your passion, creativity and commitment have transformed an idea into a meaningful publication that reflects the true essence of our institution. I invite you to turn these pages with curiosity and pride, and I hope you enjoy this first edition as much as we enjoyed creating it.

Happy Reading!

Warm Regards,

Dr. Saagar G. Balwadkar

Secretary
SKP Campus



Message from the Principal



Dear Readers,

With great joy and pride I present this new version of our school magazine to our readers. ***The C Minds Spectrum*** is a special platform that brings together the creativity, curiosity, achievements, ideas and experiences of the C M International School community.

A school is much more than classrooms, textbooks and examinations. It is a space where young minds learn to question, explore, create, express and discover their unique potential. *The C Minds Spectrum* is an extension of this spirit a platform where thoughts find expression, talents find recognition and memorable moments become a part of our shared journey.

The C Minds Spectrum represents the collective spirit of our C M International school community. It brings together the thoughts, ideas, talents, experiences and perspectives of our students, teachers and parents, creating a shared space where every contribution finds its place. In this sense, *Spectrum* is a reflection of our togetherness, where many voices come together to create one shared identity and a strong sense of belonging.

I encourage my dear students to read with curiosity, write with confidence, think independently and express their ideas fearlessly. Our students' imagination and creativity have the power to inspire others.

I extend my heartfelt appreciation for continuous efforts of my teachers in nurturing young minds and creating meaningful learning experiences in the classrooms every day and along with their daily commitments, their contribution to make this magazine a meaningful one is much appreciated.

I extend my heartfelt appreciation to our parents for their unwavering support and contribution. I also encourage every parent to take the time to read the magazine and discover the thoughts, ideas and expressions of our young learners. Your encouragement will inspire our students to read, write, explore and contribute more actively to the future editions.

As we begin this new journey with the first edition, centred on “**Embracing Our Roots,**” may *The C Minds Spectrum* continue to grow as a cherished reflection of our school and inspire every child to remain grounded in strong values, embrace lifelong learning and aspire towards a broader global outlook.

Happy Reading!

Warm regards,

Iqbal Kaur Rana

Principal

C M International School





Teacher Interview

Q.1. Introduction of the Teacher?

I am Sheetal Rana and I have been in the teaching profession for almost 14 years. From teaching playgroup to serving as a Pre-Primary Coordinator, my journey has been filled with learning, growth and memorable experiences.

Q.2. Could you tell us a little about your journey as an educator?

Although I completed my Diploma in Computer Science Engineering, I never imagined that I would become a teacher. After my daughter was born, I realised that working with young children brought me more happiness than a corporate career. That inspired me to complete my Montessori Teacher Training and step into the world of education.

Q.3. What makes education special to you?

Education gives us the opportunity to shape young minds and make a positive difference in a child's life. Watching children grow in confidence, discover new things and enjoy learning is the most rewarding part of my profession.

Q.4. What are some of your interests and hobbies outside the classroom? How do they help you unwind?

I enjoy travelling, listening to old Hindi movie songs & spending quality time with my family and friends. I also practise meditation, which helps me stay calm, focused and positive. These activities refresh me to give my best every day.

Q.5. What are some of the ways you make learning engaging, enjoyable and meaningful for your students?

I believe learning should be joyful. I use stories, rhymes, games and hands-on activities to make lessons interesting. When children actively participate and enjoy learning, they remember concepts much better.

Q.6. Beyond traditional classroom teaching, what innovative teaching strategies or learning activities do you enjoy using?

I enjoy activity-based learning, storytelling, theme-based projects and digital learning tools. These methods encourage curiosity, creativity and active participation while making learning more meaningful for children.



Q.7. How would your students describe you—as a disciplined mentor, a compassionate guide, or a balance of both?

I think my students would describe me as a balance of both. I believe discipline helps children grow, while kindness helps them feel secure. Building trust and maintaining a happy classroom environment are equally important to me.

Q.8. How do you integrate technology into your lessons to create a more enriching learning experience?

I try to use interactive presentations, educational videos and digital learning resources whenever required to make concepts easier to understand. Technology makes lessons more engaging and keeps children excited about learning.

Q.9. What is your view on inclusive education and why do you think it matters in today's schools?

Every learner has unique strengths and it is our responsibility as educators to provide equal opportunities for all children to learn and succeed.

Q.10. In your view, what qualities define a truly gifted student?

A truly gifted student is curious, eager to learn, creative and kind. I believe good values, confidence and a willingness to learn are just as important as academic excellence.

Q.11. Who or what inspired you to choose teaching as your profession and why?

My daughter inspired me to choose this profession. Spending time with her made me realise how much I enjoyed being around children. That experience encouraged me to pursue Montessori Teacher Training and begin my journey as an educator.

Q.12. If you had to describe yourself in five words, what would they be?

Compassionate, Dedicated, Patient, Approachable, Dependable

Q.13. What kind of student were you during your school days? Any memorable experiences you'd like to share?

I was a sincere, disciplined and active student. I enjoyed participating in different school activities and those experiences helped build my confidence and taught me the importance of teamwork.



Q.14. Have you received any awards, recognitions or achievements during your teaching career? Tell us about a moment that made you especially proud.

I have been honoured with recognitions like Best Teacher and Pillar of Strength, for which I am truly grateful. However, the proudest moment of my career was being promoted to the Pre-Primary Coordinator. It was a milestone that strengthened my confidence and inspired me to take on greater responsibilities. I sincerely thank our respected Principal, Ms. Iqbal Kaur Rana, for giving me this wonderful opportunity. I also sincerely thank my family, friends and Mridha ma'am (my coordinator), whose constant support and encouragement have been my greatest strength throughout my journey.

Q.15. What do you believe is the greatest challenge an educator faces in today's rapidly changing world?

Keeping pace with changing technology while meeting the individual needs of every child is one of the biggest challenges. As educators, we must continue learning so that we can prepare students for the future.

Q.16. What message or advice would you like to share with aspiring teachers who are just beginning their journey in education?

Teach with patience, kindness and dedication, keep learning, believe in yourself and remember that even the smallest encouragement can make a lifelong difference in a child's life.

"Every child you teach leaves a little lesson in your own heart as well."



Ms. Sheetal Rana

Pre-Primary Academic Coordinator



Student Interview

1. What is your name, class, age and school?

Answer: My name is **Devansh Amol Salunkhe**. I am **14 years old** and study in **Inspiring VIII A** at **C.M. International School**.

2. Give three adjectives that describe your personality.

Answer: I am **creative, strong and intelligent**.

3. What are your hobbies?

Answer: My hobbies are **playing cricket, sketching and painting and exercising in the gym**.

4. What do you like the most about your school?

Answer: I like that my school focuses on both **academics and non-academic activities**. It also has **excellent facilities**.

5. Which subject interests you the most and why?

Answer: **Science** is my favourite subject because I enjoy learning about **life and biology**.

6. Who is your favourite teacher and why?

Answer: All my teachers are good, but my favourite is **Manisha Ma'am** because she explains every topic thoroughly and is very kind to us.

7. Who is your role model and why?

Answer: My role model is **Chhatrapati Shivaji Maharaj** because of his leadership, war strategies, architectural vision, care for his people and belief in equality. I respect him a lot.

8. What do you want to become when you grow up? Why?

Answer: I want to become an **artist** because I love drawing and can stay focused on it for hours.

9. What is your all-time favourite food or snack?

Answer: My favourite food is **paneer**.



10. What do you usually do on weekends or Sundays?

Answer: I complete my homework, draw, take some rest and play.

11. What qualities do you look for while making friends?

Answer: I value loyalty and honesty. Sometimes, we boys become friends instantly.

12. Do you have any phobias? If yes, what are they?

Answer: No, I do not have any phobias.

13. If one of your wishes came true, what would it be?

Answer: I wish I could have every drawing material available in the market.

14. If you got a chance to become a cartoon character, who would you be?

Answer: I would choose **Doraemon** because he is my favourite cartoon character.

15. How many hours do you spend playing outdoors?

Answer: On holidays, if my friends are available, I spend about **2 hours** playing outdoors.

16. Tell us about the sport you play and your experiences that have shaped your journey so far.

Answer: I play **cricket** as a hobby, though not professionally. It helps me feel refreshed, relaxed and satisfied.

17. What is one skill you would love to learn this year?

Answer: I want to improve my **sketching** skills and learn to **play the drums** better.

18. What message would you like to share with your fellow students?

Answer: My message to everyone is: "**Stay together and always support one another.**"

19. How do you like to spend your free time after school or on weekends?

Answer: I like helping my mother with cleaning, washing our vehicles, drawing, studying, or watching TV during my free time.

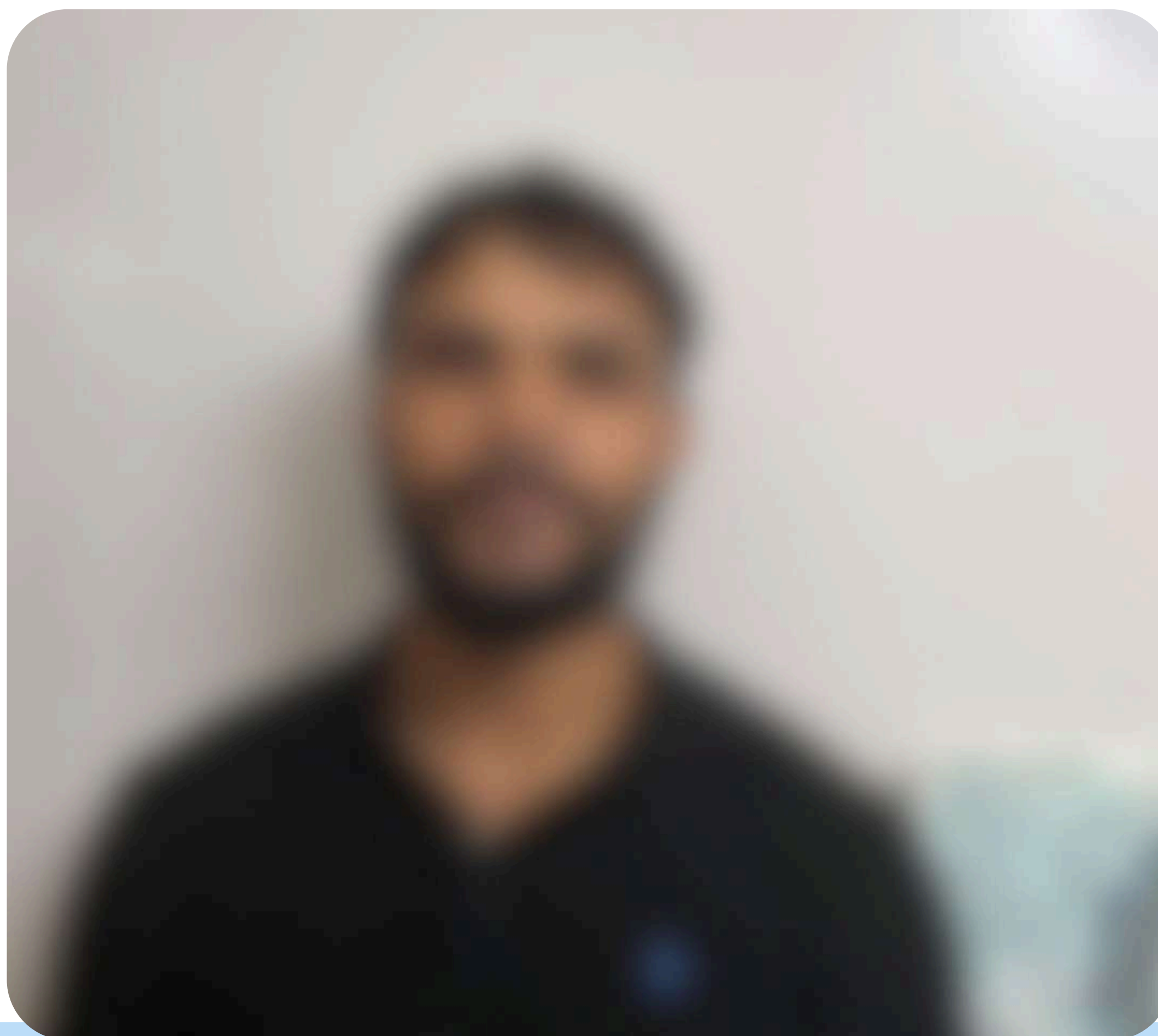


Devansh Amol Salunkhe

Inspiring VIIIA

Guess the Teacher

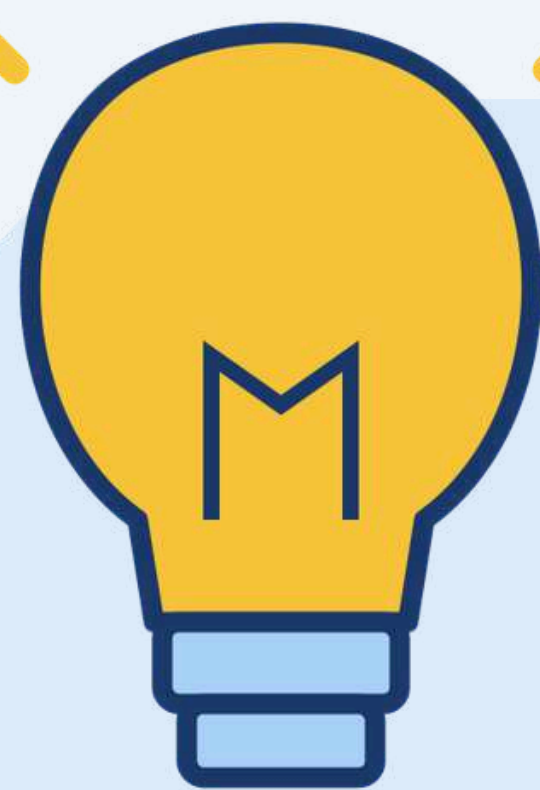
Can You Identify This Teacher?



Always encouraging, always energetic and always ready to teach a new dance move!

This teacher helps students discover the joy of dancing and performing.

Take a guess! 😊



The C Minds Speak

Why Failure Is Important for Success

Many people think that failure is the opposite of success. However, failure is often an important step on the path to success. It teaches us valuable lessons and helps us become stronger and wiser.

When people fail, they learn about their mistakes and understand how to improve. Failure encourages us to work harder and develop new skills. Many successful people, such as scientists, athletes and inventors, faced failures before achieving their goals. For example, Thomas Edison conducted many unsuccessful experiments before inventing the electric bulb.

Failure also builds confidence and determination. When we overcome challenges, we become more resilient and better prepared for future difficulties. Instead of giving up, we should view failure as an opportunity to learn and grow.

Students can also benefit from failure. Poor marks in a test should not discourage anyone. Instead, they should motivate students to identify their weaknesses and improve their performance.

In conclusion, failure is not the end of the journey but a stepping stone to success. Those who learn from their failures and continue to work hard are more likely to achieve their dreams and goals.

Siddharth Shukla

Inspiring VIIB





History's Most Mysterious Ship: The Ghost Ship

– Mary Celeste

On 4 December 1872, the crew of a cargo ship named Dei Gratia spotted a ship in the Atlantic Ocean. It was the Mary Celeste, an American ship which was going from New York to Italy. The captain of Dei Gratia knew the Mary Celeste's captain well. He knew him as a smart, brilliant and experienced sailor. As he saw the ship he sensed something was wrong and had a bad feeling about the ship. Then, he sent his group of men to investigate the ship. When they stepped into the ship, a heavy silence greeted them. And when they investigated the ship properly, they found something creepy: the ship carried cargo, plenty of fresh food and water stocked for six months and the crew's clothes were neatly packed in their trunks.

Everything was in its proper place. The valuable cargo had 1,701 barrels of industrial alcohol and when they inspected it properly, they found out that 9 barrels of alcohol were empty. Captain Benjamin Briggs, his wife Sarah Briggs, their 2-year-old daughter Sophia Briggs and seven skilled crew members, who were on board, had vanished without any trace. They had boarded the ship on 7 November 1872. The clue they found was that the ship's simple lifeboat was missing, along with some navigation tools. Historians believe the crew abandoned ship in a sudden panic rather than a pirate attack. The most realistic theories might be:

The Fume Scare: Alcohol leaked in the hold, creating a foul smell. Fearing a massive explosion, the captain ordered everyone into the lifeboat to wait it out.

The Faulty Pump: A broken pump caused water to pool at the bottom of the ship. The crew may have falsely panicked, thinking the vessel was actively sinking.

Out in the open ocean, the tiny boat stood no chance and no trace of the crew was ever found. This is the most creepy and mysterious ship. People also call it “The Ghost Ship” because many incidents happened with this ship before.

Manaswi Nath

Inspiring VIB



The Journey So Far!

Sr. No.	Date	Event
1	04/04/2026	Parent Orientation and PTA Elections – Part 1
2	07/04/2026	World Health Day
3	07/04/2026	Special Assembly XB – Title: “The Youth of 2026: A Lost Fire on Public Trial”
4	09/04/2026	Special Assembly XA – Title: “Idea Mela – Where young ideas take flight”
5	11/04/2026	Parent Orientation and PTA Elections – Part 2
6	13/04/2026	Student Council Formation Process Begins
7	20/04/2026	Ekatvam Interschool Competition
8	21/04/2026	Special Assembly Inspiring VIID – Title: “Forwarded as Received? – Pause. Think. Verify.”
9	22/04/2026	Earth Day / Blue Day
10	22/04/2026	Special Assembly Empowering IVB – Title: “If Art Could Speak”
11	23/04/2026	World Book Day
12	23/04/2026	Special Assembly Empowering IIIE – Title: “The Case of Books vs Screens”
13	28/04/2026	Special Assembly Empowering IVE – Title: “Dance – Where Culture Meets Creativity”
14	29/04/2026	World Dance Day
15	03/06/2026	World Bicycle Day
16	05/06/2026	World Environment Day / Green Day
17	12/06/2026	Investiture Ceremony
18	15/06/2026	Special Assembly Inspiring VIC – Title: From Queue to QR Code: Understanding Modern Banking
19	16/06/2026	Special Assembly Empowering IVC – Title: Music: Connecting Hearts and Cultures



Sr. No.	Date	Event
20	17/06/2026	Special Assembly Inspiring VIIC – Title: Operation Curiosity: Mission Science Temperament
21	18/06/2026	Special Assembly Empowering IVA – Title: The Noisy Mind vs. The Peaceful Soul
22	19/06/2026	Special Assembly Inspiring VIIID – Title: Which is better for Learning – Books or the Internet?
23	20/06/2026	SKP Founder's Day / International Yoga Day
24	22/06/2026	CMED Talks Phase 1 – Grade X
25	23/06/2026	Special Assembly Empowering IIIC – Title: My Things, My Responsibility
26	23/06/2026	CMED Talks Phase 1 – Grade IX
27	24/06/2026	CMED Talks Phase 1 – Grade VII & VIII
28	25/06/2026	CMED Talks Phase 1 – Grade VI
29	26/06/2026	Special Assembly Victorious IXD – Title: How Young Minds are Inspiring the World Through Talent, Courage and Innovation?
30	26/06/2026	CMED Talks Phase 1 – Grade V
31	27/06/2026	Grandparents' Day
32	29/06/2026 to 03/07/2026	Field Trip – 1
33	01/07/2026	National Doctors' Day
34	01/07/2026	Career Guidance Session – Grade X
35	04/07/2026	PT-1 Exam – Grades I–VIII
36	04/07/2026	PTM 1 – Grade X
37	11/07/2026	PT-1 Exam – Grade IX
38	19/07/2026	Field Trip 2 – Grade VIII
39	20/07/2026 to 24/07/2026	Linguistic Week and Curricular Modules Expo
40	24/07/2026	Ashadi Ekadashi Celebration
41	27/07/2026	Grades I–VIII Term-1 SEA begins
42	28/07/2026	Special Assembly Inspiring VID – Title: The Great Interpreter
43	29/07/2026	Special Assembly Empowering IIID – Title: My Body, My Safety
44	30/07/2026	Special Assembly Inspiring VIIIB - Title: Sakura Symphony: A Celebration of Culture and Nature

Young Minds

Voices of the Special Assembly March 2026 Theme of the Month: Compete with Yourself

1) 18th March 2026 – Victorious XC

Class Teachers – Ms. Shweta Kumbhar and Ms. Prachi Paste



Topic: Stronger Together – Turning Distance into Connection

Summary:

This assembly highlights the importance of building meaningful relationships despite physical, cultural or emotional distances. Through empathy, communication, teamwork and technology, students learn how mutual understanding and cooperation can strengthen bonds and create an inclusive community.

Learning Outcomes: Students will be able to:

1. Develop empathy, respect and effective communication skills while interacting online and offline.



2. Appreciate the role of kindness, collaboration and inclusivity in strengthening human connections.
3. Reflect on ways to maintain a healthy balance between screen time and face-to-face interactions.

2) 31st March 2026 – Victorious XD

Class Teachers – Ms. Deepshikha and Ms. Yogita Mane



Topic: The Unfinished Masterpiece – Growing Beyond Limits

Summary:

Every individual is a work in progress. This assembly encourages students to embrace challenges, learn from mistakes and continuously strive for self-improvement. It inspires them to believe that growth is a lifelong journey and that perseverance shapes success.

Learning Outcomes:

- 1) Developed a growth mindset towards challenges.
- 2) Built resilience through perseverance.
- 3) Recognised the importance of emotional well-being.
- 4) Understood the impact of class-based discrimination.
- 5) Promoted empathy, inclusion and respect.
- 6) Challenged stereotypes and social biases.
- 7) Valued character alongside academic success.
- 8) Inspired to become responsible and compassionate citizens.



April 2026

Theme of the Month: Embracing Our Roots

3) 7th April 2026 – Victorious XB

Class Teachers – Ms. Suchismita Banerjee and Ms. Archana Maheshwari



Topic: Right to Order to Stand Together

Summary:

This assembly focuses on the importance of discipline, responsibility and respect for rules in maintaining harmony within society. Students understand how following order and working together contribute to unity, peace and collective progress.

Learning Outcomes:

1. Enhanced Public Speaking and Performance Skills – Students developed confidence, articulation and stage presence through their participation in a scripted courtroom-style dramatic presentation.
2. Critical Thinking and Perspective-Building – Students engaged in reflective questioning about societal expectations of youth, learning to analyse issues from multiple viewpoints, including those of authority figures and their peers.
3. Emotional Intelligence and Empathy – Through portraying real struggles faced by young people, students cultivated a deeper understanding of empathy, self-expression and the importance of being heard rather than judged.



4. Awareness of Social Responsibility and Leadership – The assembly encouraged students to recognise their potential as agents of change, reinforcing the values of accountability, purpose and constructive leadership.

5. Collaborative Teamwork and Creative Expression – Students strengthened their ability to work collectively towards a shared creative goal, combining scriptwriting, acting and stage coordination to deliver a cohesive and impactful message.

4) 9th April 2026 – Victorious XA

Class Teachers – Ms. Pragatika Pradhan and Ms. Minakshi Karade



Topic: IDEA MELA – Where Young Ideas Take Flight

Summary:

A celebration of creativity and innovation, this assembly encourages students to think critically, solve problems creatively and confidently share their ideas. It showcases how simple ideas can become powerful solutions for a better future.

Learning Outcomes:

1. Developed creative and innovative thinking by designing practical solutions to real-life problems.
2. Enhanced critical thinking and problem-solving skills through ideation and presentation.
3. Improved communication and public speaking skills by confidently presenting ideas before an audience.
4. Strengthened collaboration and teamwork while working together on innovative projects.
5. Fostered environmental awareness and social responsibility through sustainable and community-focused ideas.



5) 21st April 2026 – Inspiring VIID

Class Teacher – Ms. Rachana Pathrikar



Topic: Forwarded as Received? – Pause. Think. Verify

Theme: Decoding News in the Digital Age

Summary:

Inspiring VIID presented a special assembly on “Forwarded as Received? – Pause. Think. Verify.” Through engaging role-plays and an original song, students explored how news is created, how misinformation spreads and why fact-checking matters. The assembly taught them and the audience to be responsible digital citizens and always pause, think and verify before sharing information.

Learning Outcomes:

1. Understand the complete process of news-making, from reporting and interviewing to editing, design and publishing.
2. Recognise the importance of verification and fact-checking in ensuring the credibility of information.
3. Differentiate between responsible journalism and unverified digital content.
4. Analyse how misinformation spreads quickly through social media and the role individuals play in it.
5. Develop awareness about the impact of rumours, fake news and emotional manipulation.
6. Internalise the habit of “Pause. Think. Verify.” before forwarding any message.



6) 22nd April 2026 – Empowering IVB

Class Teachers – Ms. Madhavi Chaphekar and Ms. Ashwini Chillal



Topic: World Art Day

Summary:

Colours of Creativity Come Alive on World Art Day

C M International School, Balewadi, Pune celebrated World Art Day on 22nd April 2026 with great enthusiasm through a special assembly conducted by the students of Empowering IVB. The event beautifully highlighted the importance of art as a medium of expression, imagination and innovation.

The assembly commenced with an introduction to the significance of the day, followed by engaging performances that included thoughtful dialogues, graceful dance and creative presentations. The students confidently conveyed how art helps individuals express their feelings and ideas while encouraging originality and self-confidence.

A key message shared during the assembly was that art is not limited to drawing or painting, but extends to thinking creatively and viewing the world from different perspectives. The young presenters emphasised that every child is an artist when given the freedom to explore without fear of judgement.

The programme concluded on an inspiring note, leaving the audience with a deeper appreciation for creativity in everyday life. The efforts of Empowering IVB made the celebration meaningful and memorable for all.

Learning Outcome: Students will acquire knowledge of various forms of art and develop the ability to express their inner thoughts and emotions effectively.



7) 23rd April 2026 – Empowering IIIE

Class Teacher – Ms. Rajashree Dhepe



Topic: The Case of Books vs Screens

Summary:

C M International School celebrated World Book Day with a creative assembly by the students of Empowering IIIE. Their courtroom-themed skit, “Case No. 1156-B: Books vs Screens,” highlighted the importance of balancing reading habits with responsible use of technology.

Through engaging performances, students showcased the strengths of both books and screens while emphasising that books build imagination, focus and knowledge. The judge’s final verdict, “Books Before Screens,” left a lasting message, inspiring students to develop lifelong reading habits in today’s digital world.

Learning Outcomes:

1. Developed an appreciation for the value of reading in everyday life.
2. Understood the importance of maintaining a healthy balance between books and digital screens.



8) 28th April 2026 – Empowering IVE



Class Teacher – Ms. Neelam Kharche



Topic: “Junior Jive – World Tour Edition” Celebrates International Dance Day

Summary:

Rhythm Beyond Borders – Celebrating International Dance Day.

The assembly began with an energetic performance titled “Junior Jive – World Tour Edition,” where students showcased the vibrant dance forms of five different nations. From the classical grace and folk spirit of India to the lively salsa rhythms of Cuba, the dynamic blend of tradition and K-pop from South Korea, the elegance of Russian ballet and the energetic hip-hop style of the USA — every performance beautifully reflected the uniqueness of each culture.

Through this celebration, students highlighted how dance promotes confidence, discipline, creativity and cultural appreciation. The assembly beautifully conveyed the message that dance is a universal language that connects people across borders.

Learning Outcome: Students develop confidence, coordination, rhythm and body movement skills through participation in dance activities.



Theme of the Month: Innovate, Inspire, Impact

9) 15th June 2026 – Inspiring VIC

Class Teachers – Ms. Pooja Sharma and Ms. Darshana Sharma



Topic: From Queue to QR Code – Understanding Modern Banking

Summary:

From standing in long queues to scanning a QR code in seconds—witness the remarkable journey of banking through the eyes of our young innovators! Through an engaging skit, role plays, audience interaction and a vibrant dance performance, students showcased the evolution of banking from traditional passbooks and cash transactions to modern digital banking, mobile apps, UPI and QR code payments. The assembly emphasised the importance of financial literacy, cyber safety, responsible digital banking and protection against online frauds. Our respected Principal Ma'am appreciated the efforts of the students and teachers and encouraged everyone to practise safe online banking habits and become smart, responsible digital citizens. The event concluded with the powerful message: "Technology makes banking easier, but smart and safe usage makes it better."

Learning Outcomes:

1. By the end of the lesson, students will be able to:
2. Understand the evolution of banking from queues to QR codes.
3. Identify basic banking services and digital payment methods.
4. Explain how QR code payments work.
5. Compare traditional and digital banking.
6. Practise safe and responsible digital transactions.



10) 16th June 2026 – Empowering IVC

Class Teacher – Ms. Yogita More and Ms. Dynaneshwari Dagade



Topic: World Music Day – Music: Connecting Hearts and Cultures

Summary:

World Music Day – Music: The Rhythm of Life

On World Music Day, the students of Empowering IVC presented a wonderful special assembly celebrating the power of music. Through a creative journey to find the seven musical notes—Sa, Re, Ga, Ma, Pa, Dha, Ni—they showcased how music connects people across cultures and languages. Their confident performances beautifully conveyed the message that every note and every individual makes the world more harmonious.

Learning Outcome: Students will identify that music is a universal language expressed through different cultures, instruments and traditions across the world.



11) 17th June 2026 – Inspiring VIIC

Class Teacher – Ms. Namita Chakradhar



Topic: Scientific Temperament – “Why? – The Smallest Question with the Biggest Power”

Summary:

1. Performance: Students acted as Science Agents and showcased how curiosity led legends like Newton, Einstein, Kalam and Marie Curie to great discoveries.
2. Key Message: Science begins with "Why?" and "How?". Failure is the first step to learning. With curiosity, facts and persistence, anyone can be a scientist.
3. Special Act: The assembly included a wonderful dance performance.

Takeaway: “Stay Curious. Observe Deeply. Think Scientifically. Discover Fearlessly!” The assembly ended with the reminder that the next big discovery could come from any one of us.

Learning Outcomes:

1. Developed Curiosity – Understood that asking "Why?" and "How?" leads to discoveries.
2. Learned from Failure – Realised that failure is the first step to learning and innovation.
3. Built Scientific Thinking – Learned to observe, question, trust facts and not give up.
4. Gained Confidence – Students expressed ideas through acting and dance and learned the value of teamwork.



12) 18th June 2026 – Empowering IVA

Class Teachers – Ms. Vidya Nighojkar and Ms. Geetanjali Rath



Topic: World Yoga Day

Summary:

On the occasion of International Yoga Day, the students of Empowering IVA presented a special assembly in the Seminar Hall. The theme of the assembly, "Noisy Mind vs. Peaceful Soul," beautifully highlighted how yoga helps transform a distracted and worried mind into one that is calm, focused and peaceful. The students showcased more than ten yoga asanas and performed three rounds of Surya Namaskar with great enthusiasm and precision. They confidently explained the benefits of each posture, helping the audience understand how yoga improves physical health, balance, concentration and overall well-being. The assembly served as a meaningful reminder that yoga is not just an exercise but a way of achieving harmony between the mind, body and soul.

Learning Outcomes:

1. In this assembly, students learned that yoga helps calm the mind and brings peace and focus.
2. They understood how yoga keeps the body healthy and the mind stress-free.
3. The students also realised the importance of mindfulness and took a pledge to practise yoga daily for a healthy and happy life.





13) 19th June 2026 – Inspiring VIIID

Class Teachers – Ms. Shital Dalvi and Ms. Praveena Ganapa



Topic: Which is better for Learning – Books or the Internet?

Summary:

The assembly presents a balanced comparison between traditional books and digital learning resources. Students explore the advantages of both, understanding that effective learning comes from using each resource wisely, responsibly and purposefully.

Learning Outcomes:

By the end of the special assembly, students will be able to:

1. Compare the advantages and limitations of books and the Internet as sources of knowledge.
2. Develop critical thinking by evaluating different viewpoints before forming an opinion.
3. Comprehend the importance of balanced learning by using both books and digital resources effectively.
4. Recognise the need for responsible digital citizenship, including verifying online information and using the Internet safely.
5. Appreciate the value of reading books in improving concentration, imagination, vocabulary and deep understanding.
6. Enhance communication skills through active listening, debating, questioning and expressing ideas confidently.
7. Build teamwork and collaboration skills by participating in group discussions and debate activities.
8. Strengthen decision-making skills by identifying the most appropriate learning resource for different situations.
9. Respect diverse opinions and engage in healthy, evidence-based discussions.
10. Develop lifelong learning habits by understanding that books and the Internet complement each other rather than compete.



14) 23rd June 2026 – Empowering IIIC

Class Teacher – Ms. Suvarna Kallianpur



Topic: My Things, My Responsibility

Summary:

From “Where’s My Pencil?” to “I’m Responsible!”

The Special Assembly by Empowering IIIC brought “My Things, My Responsibility” to life. Our students turned into lost school items – a lonely pencil, a forgotten water bottle and a missing lunchbox – and shared powerful lessons on caring for our belongings.

When we respect our things, we respect ourselves.

Learning through drama: Responsibility made fun!

Learning Outcomes

1. Students will be able to identify their personal belongings like books, bag, water bottle and uniforms and learn to keep them properly.
2. Students will be able to explain why it is important to take care of their own things.
3. Students will be able to develop the habit of checking their belongings before leaving home and school.



15) 26th June 2026 – Victorious IXD

Class Teacher – Ms. Sandhya Bhanter



Topic: How Young Minds are Inspiring the World Through Talent, Courage and Innovation

Summary:

This inspiring assembly showcases stories of young achievers who have made remarkable contributions through creativity, resilience, leadership and innovation. It motivates students to believe that age is no barrier to making a positive impact on society and encourages them to discover and nurture their own potential.

Learning Outcomes:

1. Recognise the achievements and contributions of inspiring teenagers from different fields.
2. Understand that age is not a barrier to achieving meaningful goals.
3. Develop values of determination, courage, empathy, creativity and perseverance.
4. Appreciate the importance of using one's talents and abilities for the betterment of society.
5. Identify how young people can contribute towards social change and sustainable development.
6. Reflect on their own potential, interests and responsibilities as young citizens.
7. Gain confidence to take initiative, overcome challenges and pursue their aspirations.
8. Inspire others through positive actions, teamwork and responsible citizenship.



16) 28th June 2026 – Inspiring VID

Class Teachers – Ms. Esha Agrawal and Ms. Sayali Parandekar



Topic: The Great Interpreter – A Journey Through the Languages of the Universe

Summary:

The students of Inspiring VID presented a captivating special assembly titled "The Great Interpreter – A Journey Through the Languages of the Universe." Through an engaging story featuring the God of the Universe and the Interpreter, the assembly took the audience on a symbolic journey across different countries, showcasing the beauty, significance and values embedded in various languages and cultures.

The presentation highlighted that while people may speak different languages and follow different traditions, the universal values of love, peace, kindness, respect and compassion unite humanity. With expressive dialogues, cultural representations, vibrant performances and a powerful finale, the students conveyed the message that the greatest language in the universe is the language of kindness. The assembly concluded with an inspiring reminder to celebrate diversity, embrace inclusivity and work together to build a peaceful and harmonious world.

Learning Outcomes:

Students will be able to:

1. Appreciate the richness of different languages and cultures.
2. Develop respect for diversity and inclusion.
3. Promote values of kindness, peace and unity.
4. Enhance communication, confidence and teamwork.
5. Foster global citizenship and mutual respect.



17) 29th June 2026 – Empowering IIID

Class Teachers – Ms. Shashikala Sankpal and Ms. Parika Gujrati

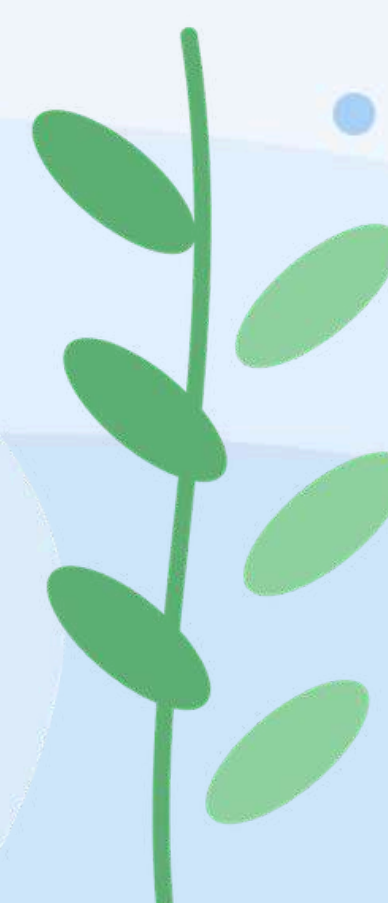


Topic: My Body, My Safety.

Summary: A Good Touch is a touch that makes us feel...Safe, Happy, Comfortable, Respected and Loved. The parts of our body that are covered by our underwear or swimsuit are called private body parts. No one should touch these parts or ask to see them or ask you to touch someone else's private body parts. If someone touches you in a way that makes you feel Scared...Confused...Uncomfortable...Embarrassed...Or if your heart tells you..."This doesn't feel right." That is an UNSAFE TOUCH.

Learning Outcomes:

1. Students were able to comprehend the meaning of good touch bad touch.
2. They learnt to protect themselves by recognising unsafe situations, respecting personal boundaries, using the NO-GO-TELL safety rule and seeking help from trusted adults whenever needed.





Picture Gallery

Pre-Primary Section

Earth Day



World Environment Day



International Yoga Day



National Doctor's Day



Grandparents' Day



Field Trip - 1

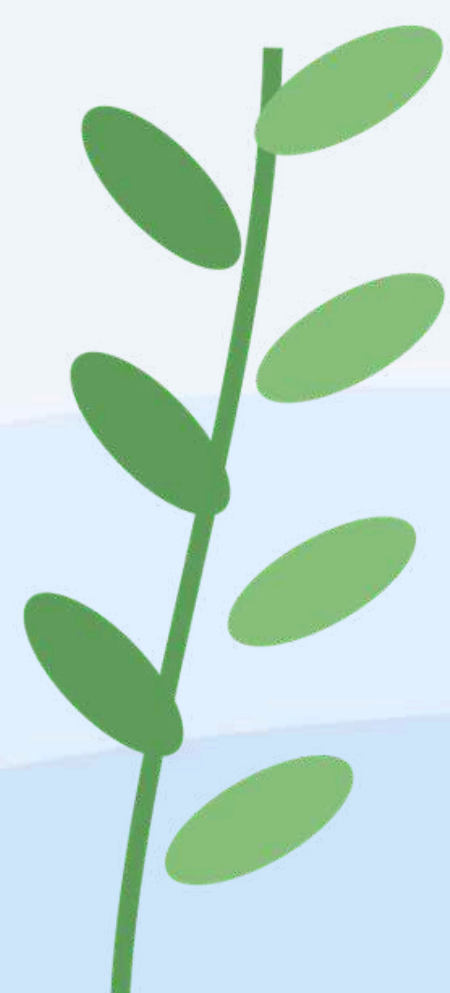
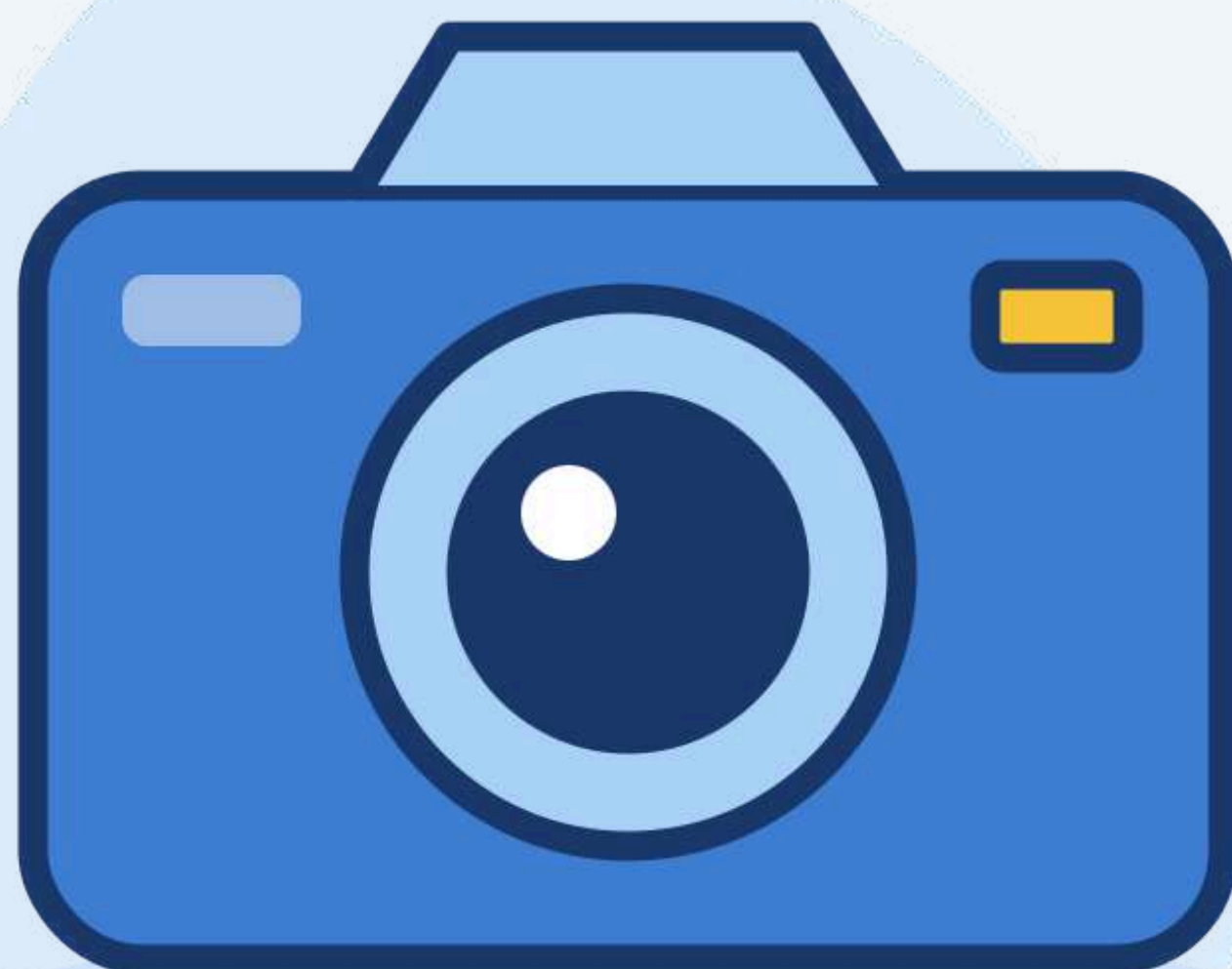


Linguistic Week & Curricular Module Expo





Ashadi Ekadashi



Beyond the Classroom

C M International School Excels at IIMUN Pune Chapter 2026

The students of C M International School delivered a commendable performance at the India International Model United Nations (IIMUN) Pune Chapter 2026, bringing home multiple accolades across a wide spectrum of committees.

The conference provided a stimulating platform for young delegates to engage in informed deliberation on issues spanning legislative reform, public safety, human rights, and emerging global security concerns. This year's committees included the Maharashtra Legislative Assembly (MLA), the All India Political Parties' Meet (AIPPM), the Lok Sabha, the Pune Municipal Corporation (PMC), the United Nations Human Rights Council (UNHRC), the World Health Organization (WHO), the Disarmament and International Security Committee (DISEC), the UN Commission on the Status of Women (UNCSW), a specialised Marvel-themed committee, and an IPL Mega Auctions simulation, complemented by a dedicated Press and Media corps under the ICIJ.

We remain committed to nurturing globally aware, articulate, and confident young leaders, and look forward to celebrating many more such accomplishments in the future.



C M International School Students Explore Career Pathways at FLAMES University, Pune

With the aim of exposing students to higher education opportunities and supporting informed academic decision-making, students of C M International School recently undertook an educational field visit to FLAMES University, Pune.

The programme commenced with a detailed campus tour, during which students visited academic blocks, libraries, and other facilities, gaining first-hand insight into the university's holistic approach to education and its emphasis on liberal learning.

This was followed by an informative session on Business and Digital Marketing, conducted by faculty members. The session outlined the range of subjects offered at the university, along with various course combinations available to students based on individual interests and career aspirations. Faculty members also explained the admission and enrolment process in detail, along with the scholarship opportunities extended to deserving students based on merit and financial need.

The visit concluded on a positive note, with students expressing enthusiasm about the exposure gained and the opportunities that lie ahead, marking the initiative as both educational and inspiring.



C M International School at PICT University Fair 2026

On 4th July 2026, the students of Grade X from C M International School visited the PICT University Fair 2026 hosted at PICT Model School. The educational fair brought together more than 30 renowned universities and colleges from India and abroad, offering students an excellent opportunity to explore diverse higher education pathways in one place.

Students interacted with representatives from various institutions and gained valuable insights into undergraduate programmes, admission procedures, scholarship opportunities,

emerging career options, and international education prospects. These meaningful interactions helped them develop a better understanding of the academic and professional opportunities available after school.

The visit proved to be an enriching and inspiring experience, encouraging students to broaden their horizons, refine their career goals, and make well-informed decisions about their future. C M International School extends its sincere gratitude to PICT Model School for organizing such a valuable initiative that empowered students to envision their future with confidence and purpose.

"Inspiring young minds to explore opportunities, pursue excellence, and shape a brighter tomorrow."



Anti Narcotics Awareness Programme

CM International School and Junior College organized an Anti-Narcotics Awareness Programme for the students of Grades X and XII on 30th June. The session was conducted by Mr. Chandrashekhar Sawant, Senior Police Inspector, Baner Police Station, who shared valuable insights on the dangers of drug abuse and the importance of making informed life choices.

Through an interactive and thought-provoking session, Mr. Sawant emphasized that awareness is the strongest defense against substance abuse. He encouraged students to adopt a healthy, disciplined lifestyle and to remain vigilant against negative influences. Stressing the significance of responsibility and self-discipline, he inspired students to become ambassadors of positive change in society.

The programme proved to be highly informative and impactful, leaving students with a deeper understanding of the importance of staying drug-free. The school extends its heartfelt gratitude to Mr. Chandrashekhar Sawant for his valuable guidance and for motivating the students to contribute towards building a healthier, safer, and drug-free society.



Educational Field Trip to the National Defence Academy (NDA), Khadakwasla

On 19th July 2026, the students of Grade VIII from C M International School embarked on an inspiring educational visit to the National Defence Academy (NDA), Khadakwasla, Pune. Accompanied by their teachers and the Grade Coordinator, the students had the unique opportunity to explore one of India's most prestigious military training institutions.

The visit offered an insightful glimpse into the disciplined and purposeful life of an NDA cadet. Students learned about the academy's illustrious history, its comprehensive three-year training programme, academic excellence, and its role in shaping future officers of the Indian Army, Navy, and Air Force. The experience highlighted the core values of discipline, leadership, teamwork, courage, integrity, and patriotism.

The field trip proved to be both educational and deeply inspiring. It instilled in the students a profound respect for the dedication and sacrifices of the Indian Armed Forces while strengthening their sense of patriotism and national responsibility. Inspired by the NDA motto, "Seva Paramo Dharma – Service Before Self," the experience encouraged students to uphold the values of selfless service, integrity, and leadership in every sphere of life.

This version has a polished, magazine-friendly flow, avoids repetition, and maintains a formal yet inspiring tone suitable for a school annual magazine.



Hall of Fame

C M INTERNATIONAL SCHOOL
CBSE GRADE X 2025-26
100% Result

CONGRATULATIONS

CBSE GRADE X TOPPERS

 Arnav Goel 96.4%	 Parth Pande 95.8%	 Dhruv Thombre 95.4%
--	---	---

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

Congratulations!

CBSE Grade X 100% Result



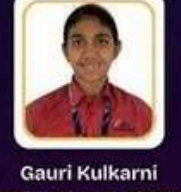
Grade X
2025-26

A Proud Milestone Today, A Promising Tomorrow Ahead!

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL
100% Result

CBSE GRADE X SUBJECT TOPPERS

 Advika Mahajan English - 100/100 Hindi - 96/100	 Dhruv Thombre Mathematics - 97/100	 Arnav Goel Science - 99/100 Sanskrit - 100/100	 Kastav Sharma Social Science - 98/100
 Gauri Kulkarni Social Science - 98/100	 Himanshi Gupta German - 98/100	 Parth Pande Sanskrit - 100/100	 Dhanya Soni Sanskrit - 100/100
 Tanisha Patil Sanskrit - 100/100	 Animesh Wadkar Marathi - 98/100	 Sae Kulkarni Painting - 78/100	

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

HSC Science 100% Result



Grade XII
2025-26

A proud milestone today, limitless possibilities ahead!

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

HSC SCIENCE 2025-26

100% RESULT

Congratulations!

GRADE XII TOPPERS

 Shantanu Jadhav 86.67%	 Aarush Ingole 81.5%	 Atharva Padhye 78.67%
---	---	--

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

HSC SCIENCE 2025-26

100% RESULT

CONGRATULATIONS

GRADE XII SUBJECT TOPPERS

 Shantanu Jadhav English - 83/100 Chemistry - 85/100 Computer Science - 182/200	 Atharva Padhye Mathematics - 98/100	 Aarush Ingole Physics - 78/100	 Shritej Chavan Geography - 92/100
 Krushnali Bhumkar Biology - 93/100	 Bhagyashree Padale Hindi - 79/100	 Vedant Kolekar IT - 92/100	

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS



DIVISHA SINGH
Inspiring VIIIA
For Getting

Gold medal - U-13 Girls Singles & U-13 Girls Doubles Maharashtra State Badminton Championship 2026,
Silver Medal - All India National Ranking Badminton Tournament, Goa

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS



Palash Ruchandani
Inspiring VA
For Getting

Gold medal at U12 PMDTA Gold Series
Gold medal at AITA National Series Doubles Tennis Tournament, Belagavi
Silver medal at U10 Maharashtra State Rank Tennis Tournament

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

 Sharanya Pradhan Inspiring VIIIB Table Tennis - Silver Medal	 Arnav Patil Inspiring VIB Chess - Bronze Medal
--	--

INDRADHANUSH INTER SCHOOL COMPETITION 2026

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55



C M INTERNATIONAL SCHOOL

CONGRATULATIONS

1st Runner-Up

★ Indradhanush Interschool Music Competition ★

Young Voices, Big Achievement!

School Choir
Grades VII & VIII

Hosted by
Sanskriti School

Category
Indie Pop

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

Devansh Salunkhe of Inspiring VIIIA proudly brings laurels to C M International School!

Young Talent Shines Bright at the Monsoon Drawing Competition!

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

U17 Girls Team - Gold Medal

U17 Mixed Team - Silver Medal

Qualified for CBSE National Archery Championship

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

Young Innovators represented C M International School at **Codeavour 7.0 India Nationals**, at Bangalore, India.

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

RUNNER UP

U17 Girls Subroto Football Competition 2026-27

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

CONGRATULATIONS

Mayank Patil
Victorious IX
Gold Medal

Aadith Kadam
Victorious VIII
5th Rank

U17 Boys Team - Gold Medal

Qualified for CBSE National Archery Championship

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55

C M INTERNATIONAL SCHOOL

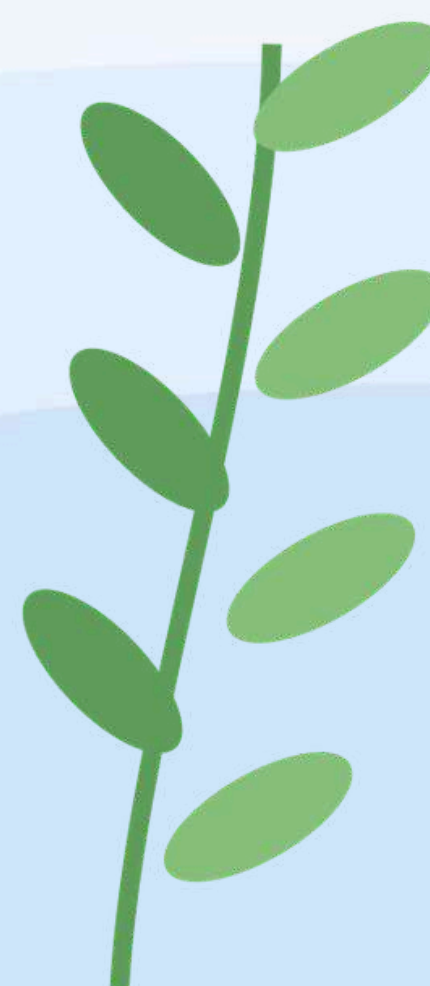
CONGRATULATIONS

Tanay Prajapati
Inspiring V
Silver Medal

U14 Boys Team - Gold Medal

Qualified for CBSE National Archery Championship

info@cminternationalschool.com www.cminternationalschool.com 7719980033/44/55



Student Council



Sr. No.	Position	Name of the Student
1	Head Boy	R. Karthikeya
2	Head Girl	Pranjal Pujari
3	Vice Head Boy	Anay Kumar
4	Vice Head Girl	Ovee Vyavahare
5	Sports Captain	Rudra Sathe
6	Vice Sports Captain	Arnav Sharma
7	Cultural Captain	Rugved Gavkhare
8	Vice Cultural Captain	Savya Bhanage
9	Red House Captain	Parth Patil
10	Red House Vice Captain	Aditri Chandel
11	Blue House Captain	Maanit Soni
12	Blue House Vice Captain	Vihaangi Soni
13	Green House Captain	Swara Kalpande
14	Green House Vice Captain	Vismay Gokhale
15	Yellow House Captain	Ashvi Shrivastava
16	Yellow House Vice Captain	Tanishq Garg



Lessons I Learnt from My Grandparents

My grandparents are my best friends and they are the most special members of my family. I always look forward to spending my summer holidays with them because they teach me things that I cannot find in any school textbook. They are a guiding light in my life and the lessons I learn from them help me become a better person every single day.

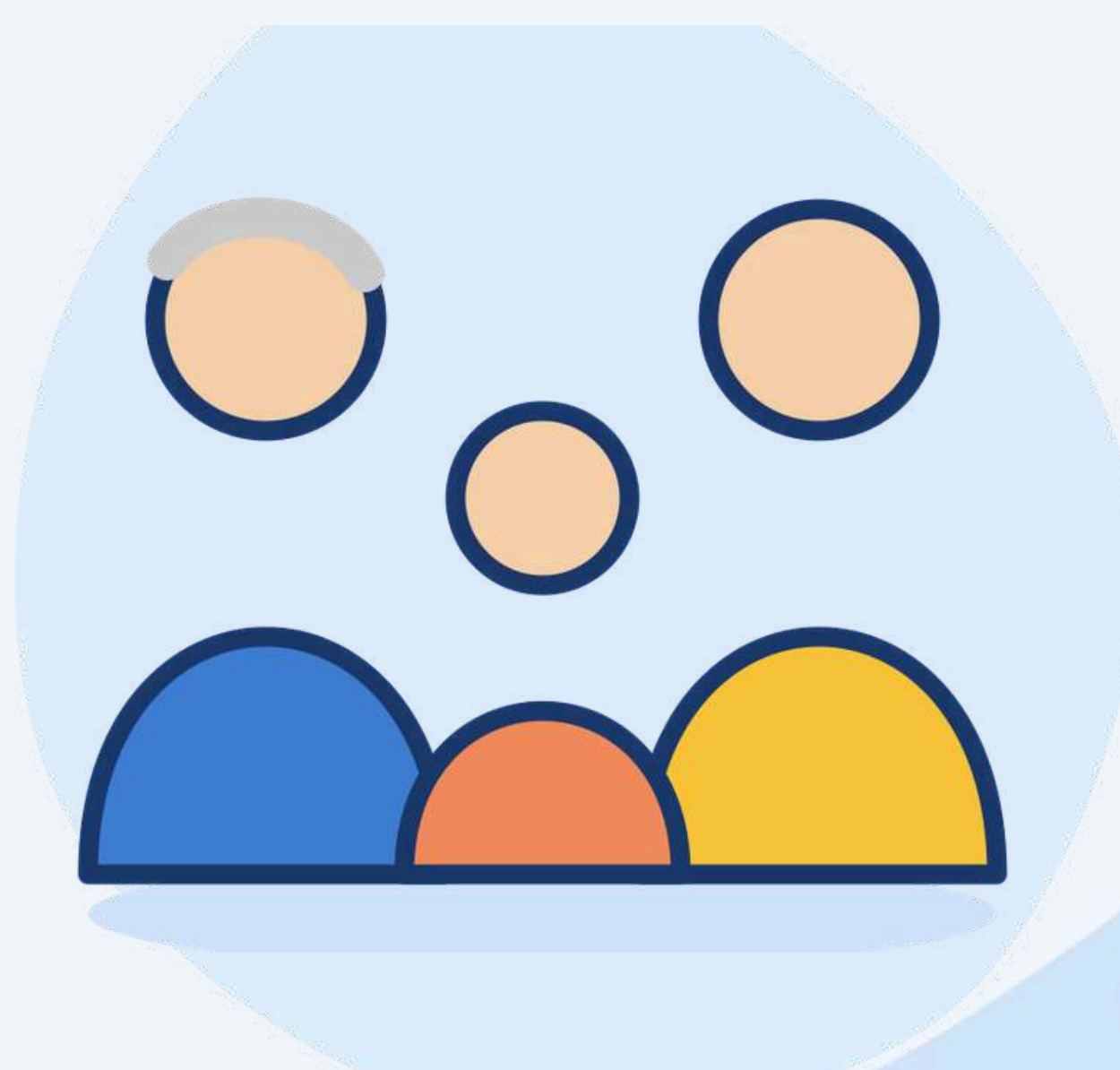
My grandfather is a very disciplined, active and hard-working man. He wakes up early every morning for his walk and teaches me the value of time, routine and punctuality. He always tells me that honesty is the best policy and that we should never be afraid to speak the truth. He also teaches me how to play traditional indoor games like carrom and chess, which help improve my focus and patience.

My grandmother is the epitome of love, kindness and deep patience. Every evening, she prepares delicious traditional Indian snacks for me and narrates beautiful moral stories from the Ramayana, the Mahabharata and the Akbar-Birbal tales. Through these wonderful stories, she has taught me to respect my elders, love my family and be kind to everyone. She also teaches me our rich cultural traditions, prayers and the importance of being grateful for everything we have.

From both of them, I have learned that true happiness lies in simple things like watering the plants, feeding the birds or sharing a meal together rather than playing with expensive gadgets. They taught me to never waste food, save money wisely and help people who are less fortunate. Their unconditional love and wisdom make me feel safe, happy and confident. I feel incredibly lucky to have my grandparents in my life and I promise to love, respect and take care of them always.

Meenakshi Isukapalli

Empowering IIIB



The Story Behind My Name



Irisha's late Papa, Prof. Mr. Amit Shrivastava, lovingly chose her name. He wanted to express his creativity through something that would stay with her forever—her identity.

We were blessed with Irisha after eight arduous years of waiting.

The name Irisha symbolises the Greek goddess of the rainbow, representing beauty, hope and the many colours that brighten life. It perfectly reflects the happiness she brought into our world.

Irisha was also born in Goa, a land where the melodious Konkani language flows like music. We wanted her name to carry that same musical charm and grace. Soft, rhythmic and unique, Irisha felt just right—a name as colourful as a rainbow and as musical as the place where she was born.

Ms. Pallavi Shrivastava

Parent of Irisha Shrivastava, Empowering IA



"A name is not chosen for fashion; it is chosen to carry a legacy."

We belong to a rural farming family whose traditional occupation is agriculture. Although our son is growing up in Pune, we remain deeply connected to our native village and its values. Our family follows the Warkari Sampraday of Pandharpur, where children are named after the deities we worship, revered saints and great historical personalities so that their ideals and legacy are remembered every time their names are spoken.

Our home has always valued religious scriptures and historical literature. While many names today are chosen because they are short or trendy, we wanted our son's name to have meaning, history and purpose. His great-grandmother, Chandrabhaga, who was named after the sacred river of Pandharpur, passed away just before he was born.

That is why we, along with our elders, named him Chandragupta, beautifully blending his great-grandmother's memory with the legacy of Samrat Chandragupta Maurya, the first emperor to unite much of Bharat. Although his contribution to our history is immense, his life and achievements are not remembered as widely today as they deserve. Through this name, we hope to preserve his great-grandmother's memory, keep Samrat Chandragupta Maurya's legacy alive and inspire the younger generation to learn about his remarkable life and achievements.

Whenever elders hear his name, they often smile and say, "Oh! Chandragupta? Chandragupta Maurya?" That moment brings the great emperor back into their thoughts. If a child hears his name and asks, "Who was Chandragupta?" we feel the purpose of his name has been fulfilled.

We are proud to have given him this unique name. May it always inspire him to honour and uphold the legacy of Samrat Chandragupta Maurya.

Ms. Shital Patil

Parent of Chandragupta Patil, Empowering IA

A Day in My Native Village

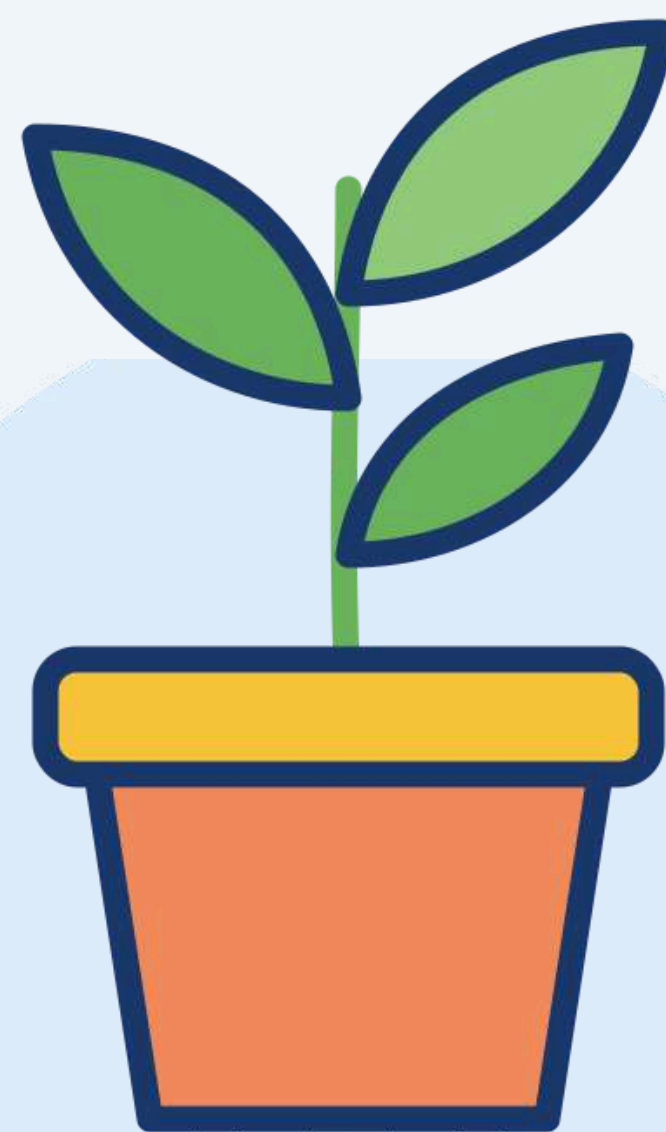
The morning in my village begins before the sun comes up. You can hear birds chirping, leaves rustling and roosters crowing. As the sun rises, the village wakes up to a beautiful morning. The air is fresh and clean. You can smell the wood burning as families make warm breakfast and tea.

Life in the village is quiet and peaceful. It is very different from the noisy and busy city. By morning, the dirt roads are full of life. Farmers take their cows and bullocks to the green fields. Children smile and walk together to school. Women meet near the water well to talk and laugh. In the afternoon, when it gets hot, the grandpas and grandmas sit under big banyan trees to rest and tell old stories.

When the sun sets, the sky turns into a beautiful golden colour. The cows walk back home and the little bells around their necks ring softly. At night, the sky is full of bright stars because there is no city smoke to hide them. Sitting under the stars with family feels wonderful. My village reminds me how happy we can be with a simple and peaceful life. I visit my native village during festivals and I enjoy staying there.

Sanavi Arewar

Empowering IVB





Old Values in a New World

We live in a modern world with smartphones, computers, robots and artificial intelligence. Technology has made our lives faster and easier. But even in this new world, old values are still very important.

Values like honesty, kindness, respect, sharing and helping others never become old. They make us good human beings. For example, we should always respect our parents, teachers and elders, even if we use the latest technology. We should also be truthful while using social media and the internet. Good manners online are just as important as they are in real life.

Our grandparents often teach us to be thankful, patient and hardworking. These lessons are useful today too. If everyone follows these values, the world will become a happier and more peaceful place.

Technology can change the way we live, but it cannot replace good character. Old values are like strong roots of a tree. They help us grow into responsible and caring people. We should keep these values alive while moving forward into the future.

Kavir Khinvasara

Inspiring VIC



Yoga: India's Gift to the World

Yoga is India's timeless gift to humanity—a priceless legacy that transcends borders, cultures and generations. Rooted in ancient wisdom, yoga is not merely a set of physical exercises but a holistic way of life that nurtures the body, sharpens the mind and elevates the spirit.

In an age dominated by stress, technology and fast-paced living, yoga offers the perfect antidote. Through **asanas, pranayama and meditation**, it promotes physical fitness, emotional balance, mental clarity and inner peace. For students, yoga enhances concentration, builds self-discipline, reduces anxiety and develops resilience—qualities essential for academic success and personal growth.

The declaration of **21 June as the International Day of Yoga** by the United Nations reflects the universal relevance of this ancient Indian tradition. Today, millions across the globe practise yoga, embracing its power to foster health, harmony and holistic well-being.

As inheritors of this rich heritage, we have both the privilege and the responsibility to preserve and promote yoga. It reminds us that true strength lies not only in physical endurance but also in a calm mind and a compassionate heart.

Yoga is more than India's gift to the world—it is a timeless path to healthier lives, stronger communities and a more peaceful future.

Ms. Aparna Naik

Pre-Primary Teacher



A Recipe That Carries Generations

Young Chef

Aaji's Thalipeeth – A Recipe That Carries Generations

Every Sunday morning, the smell of roasting grains fills my grandmother's kitchen. That is how I know thalipeeth is on its way. Aaji learnt this recipe from her mother-in-law and now she is teaching it to me. She never measures anything, so I had to watch her very carefully to write this down!

Ingredients (makes 4 thalipeeth)

- 2 cups thalipeeth bhajani (a flour of roasted jowar, bajra, rice, wheat, chana dal, urad dal, coriander seeds and cumin)
- 1 medium onion, finely chopped
- 2 tablespoons fresh coriander, chopped
- 1 green chilli, finely chopped (optional)
- ½ teaspoon each of turmeric, red chilli powder and ajwain
- Salt to taste
- Water as needed
- Oil or ghee for cooking



Method

- Mix the bhajani, onion, coriander, chilli, spices and salt in a large bowl.
- Add water little by little and knead into a soft dough.
- Wet a clean cotton cloth or a plastic sheet and pat a ball of dough on it into a thin round with your fingers.
- Make four or five small holes in the thalipeeth with your finger.
- With the help of an adult, place it on a hot tawa and pour a few drops of oil into each hole.
- Cover and cook on a medium flame for two to three minutes, then flip and cook the other side until crisp and golden.
- Serve hot with white butter, curd or a spicy thecha. Aaji says the holes are the secret: they let the heat in and the love out! For me, the real secret is sitting beside her while she cooks and listening to the stories of how her mother made the same dish on a chulha, many years ago.

Ms. Akshata Sawant

Secondary Teacher

Behind Every Champion

– A Parent's Role

When we see a young sportsperson holding a trophy, we often notice the smile, the medal and the victory. But behind that moment are many hours of practice, early mornings, long journeys, tough matches and parents who are always there to support.

As a parent of a 10-year-old tennis player who competes in national-level tournaments, I have learned that a parent's role is not to create a champion, but to support a child's journey. There are days when children win and feel proud and days when they lose despite giving their best. At such times, they need encouragement more than advice. Remember, sports is a long journey and as parents, we need to be more patient and keep encouraging and believing in them. Staying positive as a parent helps create a positive environment, which eventually helps the player and impacts the match performance directly.

Parents also make many small efforts behind the scenes, day to day, each day—managing school and practice, travelling for tournaments, taking care of food and rest and simply being there when things get difficult. Sports need sacrifices and both player and parents need to make equal sacrifices. Be it the daily routine, giving up vacations and parties or changing food habits.

As part of our 5+ years of tennis journey and about 50+ tournaments till now, I have realised that becoming a champion is not about winning trophies. A true champion is someone who learns to work hard, stay disciplined, stay humble and respect other players. A champion is someone who faces failure, learns from failures and never stops believing in themselves.

And behind that champion, a parent's greatest role is simple—**believe, support and let them grow.**

Mr. Kapildev Ruchandani

Parent of Palash Ruchandani, Inspiring VA



The Evolution of Indian Education: From Gurukula to Smart Classrooms

Some students at present might not know the exact meaning of 'Gurukul'. A Gurukul was a nature-centric residential school in olden days. The students (shishyas) lived in Ashrams with their Gurus, learning everything from the Vedas and warfare to logic and agriculture. The focus was on character, oral tradition (shruti) and practical life application. Education was deeply personal.

Medieval Pathshalas & Madrasas (Places of Learning/Institutions)

Institutional universities like Nalanda and Takshashila paved the way for local community schools, prioritising literacy, trade maths and formal theology.

In the British Era, structured Indian education was transformed into the classroom model we recognise today. English became the medium of instruction and the focus shifted toward producing a standardised, administrative workforce. Textbooks, blackboard lectures and rigid examinations became the norm.

Today, traditional blackboards have given way to interactive whiteboards, tablets and AI-driven platforms. Driven by the National Education Policy (NEP) 2020, learning has moved away from rote memorisation toward experiential, hybrid and tech-integrated classrooms.

The shift did not happen overnight. It evolved across four major eras, transforming how knowledge is passed down.

Ms. Sanjana Patil

Secondary Teacher





● The Evolution of Indian Education: From Gurukula to Smart Classrooms

The ancient Gurukula system fostered brain development through holistic practices like yoga, meditation and mantra chanting that calm the nervous system and improve attention span.

In traditional learning, education began when children were around six years old. Along with academic learning, much greater importance was given to teaching life values, discipline, responsibility and practical life skills. This holistic approach helped children develop problem-solving abilities, resilience and the confidence to face real-life challenges with wisdom and maturity.

Today's education system provides access to advanced knowledge, technology and diverse career opportunities. Now children are more developed in digital literacy. Education has started at a much earlier stage than it should. Children have become much smarter with smart classroom training as their brains start rapid visual processing and quick data retrieval. Smart classroom education consists of interactive sessions which explain concepts using videos, animations and digital presentations. It gives vast knowledge to students as these 21st-century skills encourage critical thinking, creativity and digital literacy. It gives global exposure to get connected with experts, attend virtual sessions and learn about different cultures.

Smart classrooms use interactive screens that enhance digital literacy but increase screen fatigue and also stimulate the brain with multimedia content, which reduces patience and deep focus. It often leaves less time for practical life lessons, emotional growth and value-based learning.

So there should be a balanced perspective to combine the strengths of both forms of education:

- Values, discipline, empathy, concentration, stress reduction and life skills from the Gurukula tradition.
- Technology, innovation, critical thinking and global exposure from smart classrooms.

Ms. Pawandeep Kaur

Extra-Curricular Activities, Orator's Hub Teacher



The Importance of Mother Tongue in Identity Formation

"Language is not just a means of communication — it is the soul of identity"



Language is fundamental to the formation of identity and the mother tongue holds a unique place in this process. It is the first medium through which a child perceives the world, absorbs values and builds emotional connections.

The mother tongue serves as a bridge to one's cultural heritage. It carries within it traditions, literature, folklore and collective wisdom passed down through generations. Through it, children develop an understanding of their roots and a sense of continuity with their community and history.

In an increasingly globalised world, proficiency in multiple languages is essential. However, this should not come at the cost of neglecting one's first language. A strong foundation in the mother tongue enhances cognitive development, strengthens self-esteem and fosters cultural pride.

As parents and educators, it is our responsibility to ensure that children remain connected to their mother tongue. By nurturing it at home and honouring it in our daily lives, we help children develop a secure identity and a deeper appreciation of who they are.

Ms. Mini Goel

Mother of Samaira Jain, Inspiring VB



Living Libraries

Interviews with the Oldest Living Members of Students' Families

What school, technology and daily life looked like in their youth

An Interview with Mrs. Usha Ganpatrao Balwadkar

1. What is your full name and how old are you?

Ans: My name is Usha Ganpatrao Balwadkar and I am 65 years old.

2. Can you tell us about your family when you were young?

Ans: I have four sisters and one brother. We all grew up together and shared many happy moments.

3. What games did you enjoy playing as a child?

Ans: I enjoyed swinging on swings and playing kho-kho with my friends and siblings.

4. What was your school like?

Ans: It was an open school; we had a lot of fun learning and playing together.

5. Which subject did you enjoy the most in school and why?

Ans: I enjoyed Marathi the most because it is my mother tongue.

6. Who was your favourite teacher and what made her special?

Ans: Patil Ma'am was my favourite teacher. She helped every child discover their true potential and encouraged us to do our best.

7. How did you spend your free time during your childhood?

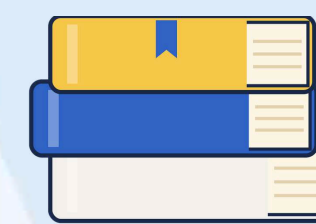
Ans: I used to help my parents with their business during my free time.

8. What is your happiest childhood memory?

Ans: My happiest memory is of all my siblings playing together and growing up together. Those were very special days.

9. What was the biggest challenge you faced while growing up?

Ans: English and Mathematics were the most difficult subjects for me while I was growing up.



10. What important lesson did life teach you?

Ans: Life taught me to respect everyone, think positively and always speak the truth.

11. What do you miss the most about the old days?

Ans: I miss being close to nature and spending time with my parents.

12. What values do you think are the most important for children today?

Ans: I think discipline is one of the most important values for children today.

13. What advice would you like to give to today’s children?

Ans: I would advise children to reduce their screen time every day and spend more time playing, learning and enjoying the world around them.

14. What dream did you have when you were young?

Ans: My dream was to expand my father’s business and help it grow.

15. If you could relive one day of your life, which day would it be and why?

Ans: I would love to relive my childhood because those were the best days of my life. I have many happy memories of playing and growing up with my siblings.

Mrs. Usha Ganpatrao Balwadkar

Grandmother of Shivansh Swapnil Balwadkar, Empowering IVC





An Interview with Mr. Vasudeo Balwant Rao

1. What is your full name and how old are you?

My name is Vasudeo Balwant Rao. I am 77 years old.

2. Where were you born and what was your childhood like?

I was born in Nandurbar. My childhood was not easy as I was part of a big family and our family income was not enough for the full family. Despite that, it was joyful.

3. Can you tell us about your family when you were young?

My family was a big family of six sisters and two brothers. Since it was just two of us brothers, we were always pampered by our elder sisters. Due to the big family, resources were scarce, but I always felt loved and cared for.

4. What games did you enjoy playing as a child?

I enjoyed Kabaddi, Langdi, Gilli Danda (Viti Dandu in Marathi) and Kho Kho when I was young.

5. What was your school like?

My school was very nice with a large playground and a library with ample books.

6. Which subject did you enjoy the most in school and why?

I really enjoyed Sanskrit since I was very interested in learning it. I had listened to my elders chant shlokas and mantras in Sanskrit which I had memorised. I wanted to understand the meaning of each and every one of them, thus developing my interest in learning Sanskrit.

7. Who was your favourite teacher and what made them special?

My favourite teacher was Mr. Pardeshi Sir. He taught us English. I liked him because his skill in teaching was joyous and engaging.

8. How did you spend your free time during your childhood?

In my free time, I used to play outdoors with my siblings and friends. I also loved reading, hence I would just get a book from the library to read it.

9. What festivals or family traditions do you remember the most?

I have fond memories of our traditional ‘Kuldharma’ (Kulachar), Diwali and Holi.

10. What was a normal day like when you were young?

When I was young, a normal day was very different compared to today. After coming back from school, we used to complete our homework and read story books. In those times, there was no electricity, so we never used to watch TV or listen to the radio. We used to spend evenings helping our parents and other elders in the house, having dinner early and going to bed right after that.



11. What household chores or responsibilities did you have as a child?

During my childhood, I used to help my mother bring water from long distances. I was also tasked with bringing flour from the flour mill. Other than that, I used to go with my father to the market and help with vegetable and grocery shopping as well as picking up bags.

12. What values do you think are the most important for children today?

I think that today’s children should have discipline and sportsmanship to face the fierce competition and succeed.

13. What advice would you like to give to today's children?

I would advise today’s children to minimise their screen time with mobile phones and TVs and focus on their studies. They should spend more time playing outdoors and socialising with other children.

14. What dream did you have when you were young?

My dream was to serve our nation through the Indian Army or the Air Force.

15. What achievement in your life makes you feel the happiest?

As part of my job as a Bank Manager at the State Bank of India, I was able to serve my fellow countrymen. I am very proud that my job enabled me to fulfil my dream of serving the nation.

Mr. Vasudeo Balwant Rao

Grandfather of Ovee Rao, Empowering IVB



Grandma's Remedy

For Health Issues at Home Level Turmeric (Haldi) Paste for Wounds and Inflammation

In many cultures, turmeric is revered for its potent anti-inflammatory and antimicrobial properties. In my house, even today haldi is used as the primary medicine for any cut or wound. A go-to remedy for minor cuts, scrapes and bruises often involves applying a paste made from turmeric powder and water directly to the affected area. Not only does it help disinfect wounds and prevent infection, but it also reduces swelling and promotes faster healing. **Haldi dudh**, milk mixed with turmeric, is used for healing inner pain after a minor fall or for a cough/cold. With a variety of uses, it's easy to see why this golden spice has been a staple in traditional medicine for centuries, prized for its healing abilities.

Honey & Ginger Tea (Kadha)

The Remedy: Mix fresh ginger juice or steep root slices with a spoon of raw honey in warm water. Ginger contains *gingerol*, which fights inflammation and relaxes airway muscles. Honey acts as a natural demulcent (coats the throat) and antimicrobial, often outperforming over-the-counter cough syrups in paediatric studies. **Note:** Honey should not be given to babies under one year of age.

Ms. Sanjana Patil

Secondary Teacher



Alumni Spotlights

Interview of a Former Student

1. Welcome home! Before we begin, could you briefly introduce yourself by sharing your batch, qualification and the organisation you are currently associated with?

I am Tanveer Shaik, from the 2022 batch (Classes 6–10). I am currently enrolled at IIT Dharwad (2024–28).

2. How are things going in your life and career at present?

Very smooth as of now. It is internship recruitment season currently and I am in the process of acquiring one. Other than that, I am actively participating in college sports (football) and feel like it was one of the best decisions I made at this age.

3. They say no matter how far life takes us, our roots always remain close to our hearts. What does coming back to your alma mater mean to you?

It reminds me of the memories, friendships and lessons that have shaped me into what I am today. They remind me of my beginnings and make me appreciate the journey till now even more.

4. Standing here today, where your journey once began, what emotions are you carrying with you?

Happiness and nostalgia. I wish I could relive it all again. It reminds me of the dreams my younger self once had, dreams that somehow get harder to keep track of as I grow, but that I do not want to forget.

5. Is there a particular corner, classroom, or place in the school that still holds a special place in your heart? Why?

Yes, the very first classroom we had back in 6th class, when the school was still under construction. The atmosphere during the early mornings, the slightly foggy front door and the very few plants we had outside the class, one of which we had used for a transpiration experiment. The whole ambience still feels like yesterday and is just unforgettable.



● **6. What is one school memory that still brings a smile to your face, no matter how many years have passed?**

The day when our maths teacher came to class even after facing a severe accident and was teaching with bandages all over her body. What made it unforgettable was how she joked about her condition while teaching, instead of letting it affect her spirit. I still remember the entire class was surprised and laughing at her jokes non-stop.

7. If you could relive just one day of your school life, which day would it be and why?

The day of our (and also the school's) first educational tour. The two-day trip is still one of the best days I have experienced throughout my life. I remember everything, from the early morning of departure, Monteria resort, late-night Monopoly and KidZania. I will always want to relive that day; it was the most fun I ever had with my friends and teachers.

8. Is there a teacher whose words or actions changed the direction of your life? What did your teachers teach you beyond academics?

The teachers taught me that education goes far beyond academics – it's about continuous learning and improving over yesterday.

9. Which school value has remained your guiding principle through every success and setback?

Perseverance. The school taught me to always keep learning, stay grounded and keep moving forward no matter the obstacles. Failure only stays for a while; the learning will always be with you.

10. How has your school shaped the person you are today - not just professionally, but as a human being?

The school taught me to be more patient and calm when facing problems. I now get less easily frustrated when things don't go as planned and always try to look for the positive.

11. In a world that constantly encourages us to move forward, why do you think it is equally important to stay connected to our roots?

It reminds us of where we started and helps us remain grounded and connected to our values. They also let us appreciate others even more and respect their experiences too. We get so clouded in chasing the next big thing that we sometimes forget to pause and realise that we may already be living in a place our five-years-younger self could never have imagined.

● **12. What would you like today's students to understand before they leave these school gates?**

The achievements, the grades, your performance in school are an important part of your life, but they fade away with time. The connections, friendships and lessons from mistakes are what will stick with you for life and shape you.



13. If you had one opportunity to thank your teachers, what would you tell them?

A simple “thank you” is all I can think of right now. I can probably write an essay if I want to but that is better left for the English exams. Thank you for believing in us, guiding us and always being there when we needed you.

14. How would you like future generations to remember the legacy of this school?

I would like them to remember it as a place that felt like home. A fun place where they had some of the best memories in life, made lifelong friends and changed for the better. I hope it remains a place they can cherish for as long as they can remember.

15. Which school tradition do you wish every student would continue, even years after?

Stay humble; you can never know everything. Always respect and enjoy the journey; every experience has something new to teach us.

16. Looking back, what title best captures your school journey?

Learning, Laughing, Living.

17. Complete this sentence:

“No matter where life takes me, my roots will always remind me...” about the people, memories and experiences that made me who I am today.



Tanveer Shaik

Alumnus, 2022 Batch | IIT Dharwad (2024–28)



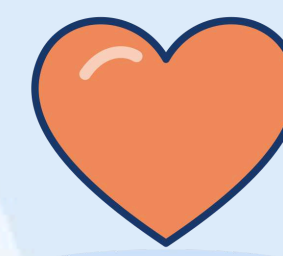
Kindness – A Value That Never Goes Out of Style

जीवनस्य सत्यम्

न धनं न च वैभवम्,
न कुलम् न च भूषणम्।
शीलमेव मनुष्यस्य
सर्वश्रेष्ठं विभूषणम्॥
सत्यं यस्य वचः नित्यं,
करुणा यस्य चेतसि।
स एव पूज्यते लोके,
दीप इव तमोनुदः॥
क्षमा यस्य विभूषणम्,
धैर्यं यस्य परं बलम्।
विनयो यस्य संपत्तिः,
तस्य जीवनमुत्तमम्॥
परहिते सदा युक्तिः,
स्वार्थं त्यक्त्वा यथाशक्ति।
स जीवति सफलं जन्म,
लोकहिताय निरन्तरम्॥
अन्ते नैव धनं याति,
नैव याति च बान्धवाः।
धर्मम् एव सह याति,
कर्मणां फलसंचयः॥

Ovee Thanedar

Victorious XA

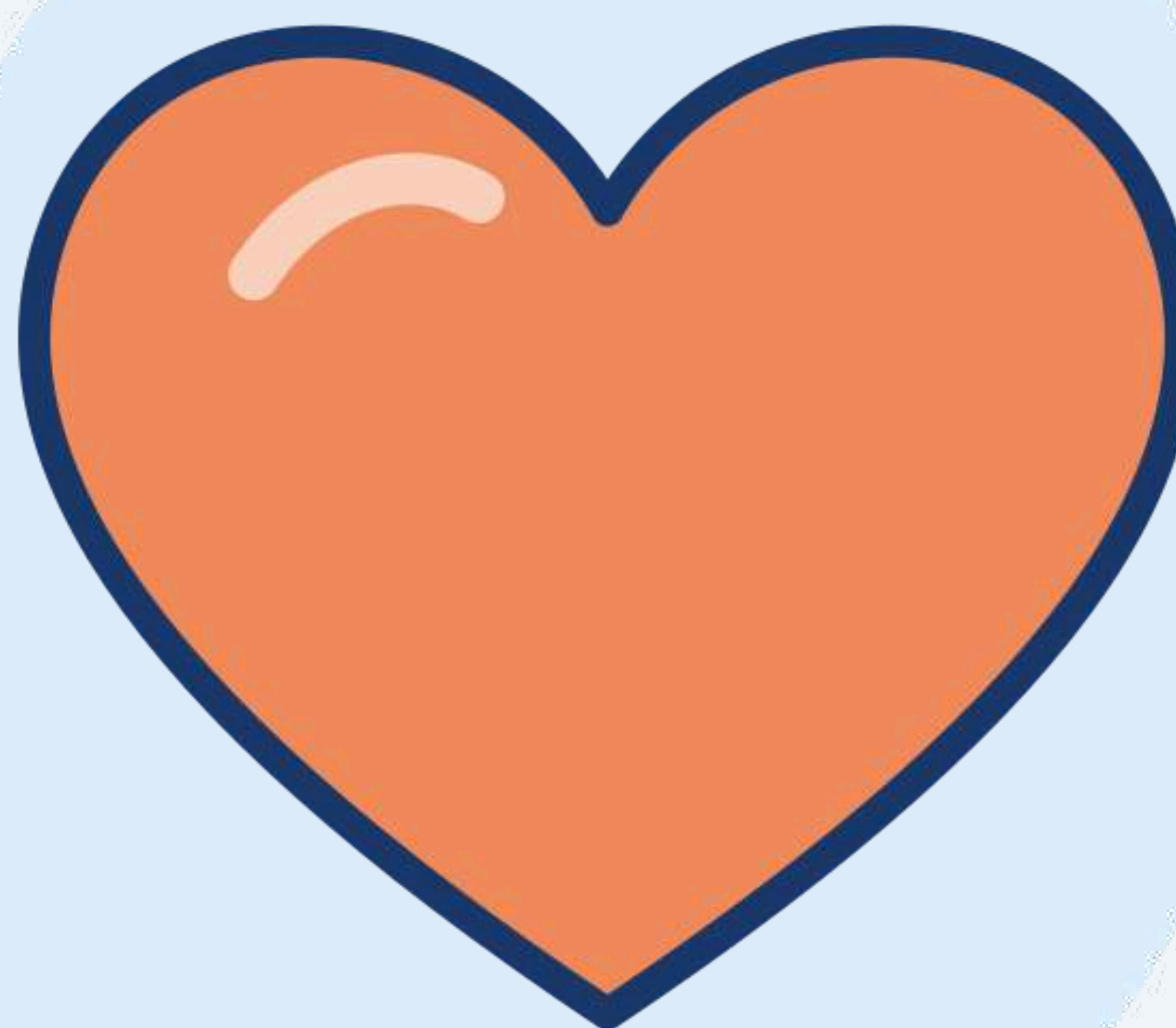


Freundlichkeit

*Freundlichkeit ist warm und fein,
lässt die Welt viel heller sein.
Ein kleines Lächeln, lieb und klar,
macht jeden Tag ganz wunderbar.
Ein gutes Wort schenkt neuen Mut,
und tut dem Herzen immer gut.
Wer Freundlichkeit im Leben sät,
erntet Liebe, die nie vergeht.*

Chaitanya Parandekar

Grade XII



The Teachers Who Changed My Life

"Every child remembers the teacher who believed in them before they believed in themselves."

There are people who walk into our lives for a short while and there are those who leave an imprint on our hearts forever. For me, that person is Miss Annie, my English teacher.

From Kindergarten to Grade 10, I lived in a hostel. Being away from my family at such a young age was never easy. There were moments of loneliness, homesickness and uncertainty. During those years, my teachers became more than educators—they became my family. Among them, Miss Annie was the one who changed my life forever.

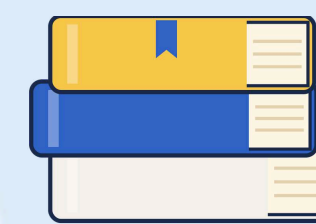
She had a remarkable way of making every child feel seen, heard and loved. The moment she entered the classroom, it felt brighter. Her gentle smile, kind words and unwavering patience created an atmosphere where we were never afraid to ask questions or make mistakes. She believed in us long before we learned to believe in ourselves.

English was not just another subject in her classroom. It became a world of imagination, confidence and endless possibilities. Through stories, poems and conversations, she taught us to express our thoughts with courage. Every word of encouragement she gave became a stepping stone in building my confidence.

One lesson from Miss Annie has stayed with me throughout my life. She was passionate about grammar and often told us, "Make Wren & Martin your best friend." She would lovingly say, "Keep the book beside your pillow. Before you go to sleep every night, read one or two pages. Don't just learn the rules—understand them. Discover the beauty hidden in grammar." At that age, we never imagined how this simple advice would transform us. Page by page, she built a strong foundation in grammar that continues to support me even today. What many students considered a difficult subject became one of my greatest strengths because of her unique way of teaching.

There were days when I missed home deeply, but Miss Annie's kindness made the hostel feel a little less lonely. She noticed our silent struggles, celebrated our smallest achievements and reminded us that we were capable of achieving great things. Her care went far beyond the classroom walls.

Even after I completed school and left the hostel to pursue my higher education, our bond remained as strong as ever. I missed her immensely, so I often wrote letters to her, sharing my college experiences, achievements and dreams. To my surprise and joy, she would read my letters aloud to the students in her class, inspiring them to value their teachers and reminding



them that the relationship between a teacher and a student does not end when school ends. She never failed to reply. Every letter she wrote was filled with affection, encouragement and blessings. Even today, I have carefully preserved those letters. They are among my most treasured possessions, holding memories that no passage of time can erase. Whenever I read them, I can almost hear her comforting voice and feel her unwavering faith in me. Those letters remind me that while years may pass, the love and guidance of a true teacher remain with us forever.

Today, as I stand on the other side of the classroom as an educator myself, I often think of her. Whenever I encourage a hesitant child, appreciate a small success, or try to make learning joyful, I realise I am carrying forward a part of Miss Annie's legacy. She didn't just teach me English; she taught me empathy, confidence, resilience and the true meaning of being a teacher.

Time has passed and I have met many wonderful people, but the lessons she taught me remain etched in my heart. Some teachers are remembered because they teach well. Others are remembered because they transform lives. Miss Annie belongs to the second kind.

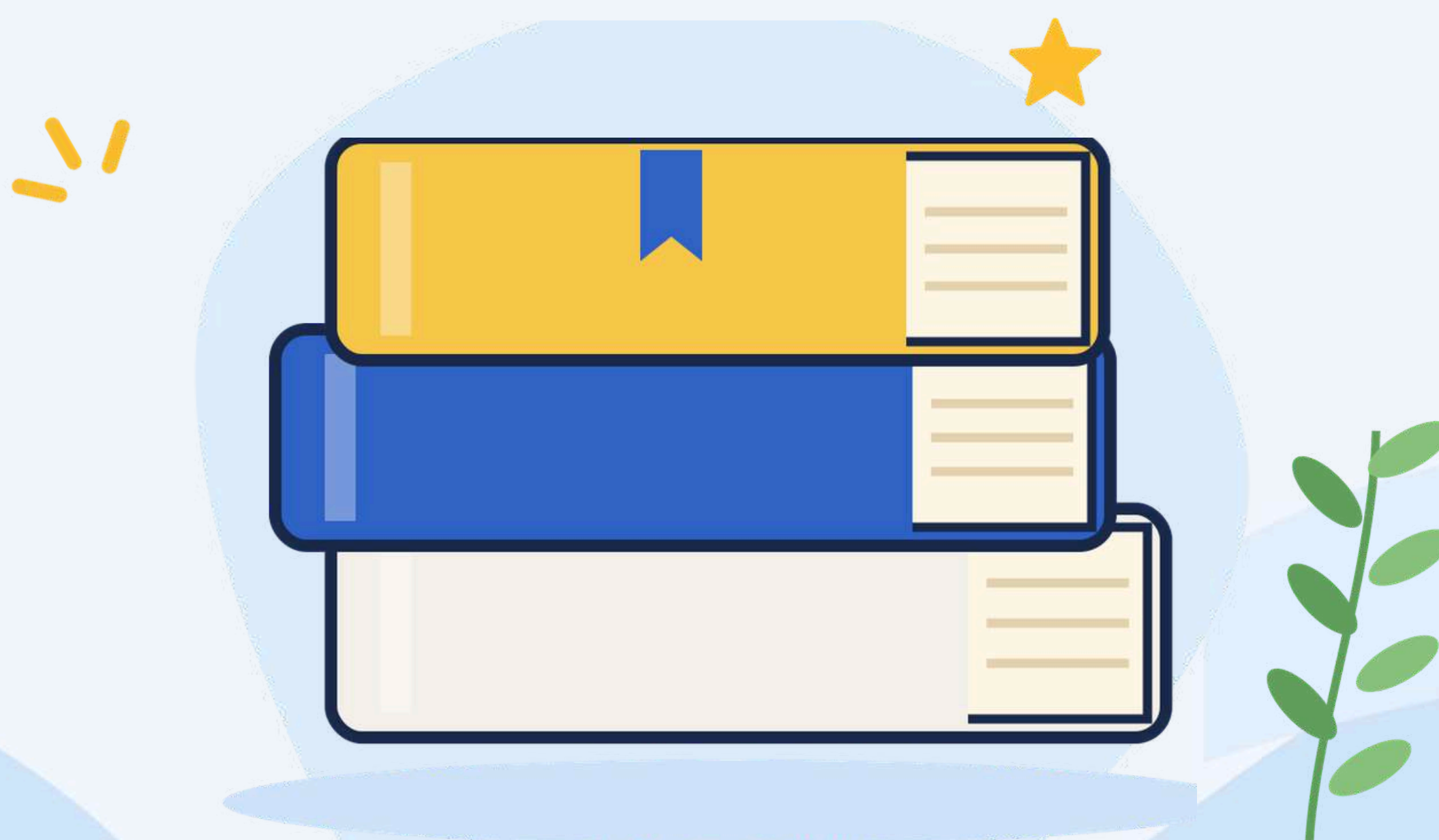
If I have ever inspired a student, it is because a teacher once inspired me. If I have ever believed in a child's potential, it is because someone first believed in mine. For that gift, I will remain forever grateful.

A teacher's greatest achievement is not found in report cards or examination results, but in the lives they touch. Miss Annie touched mine forever and her influence continues to live on in every child I teach.

Today, whenever I see a copy of Wren & Martin, I don't just see a grammar book—I see my teacher, her warm smile, her unwavering faith in her students and the countless lessons that shaped not only my English but also the teacher I have become. Her letters, her words and her love remain my greatest treasures, reminding me every day that the best teachers never leave our hearts...

Ms. Deepika Mahadik

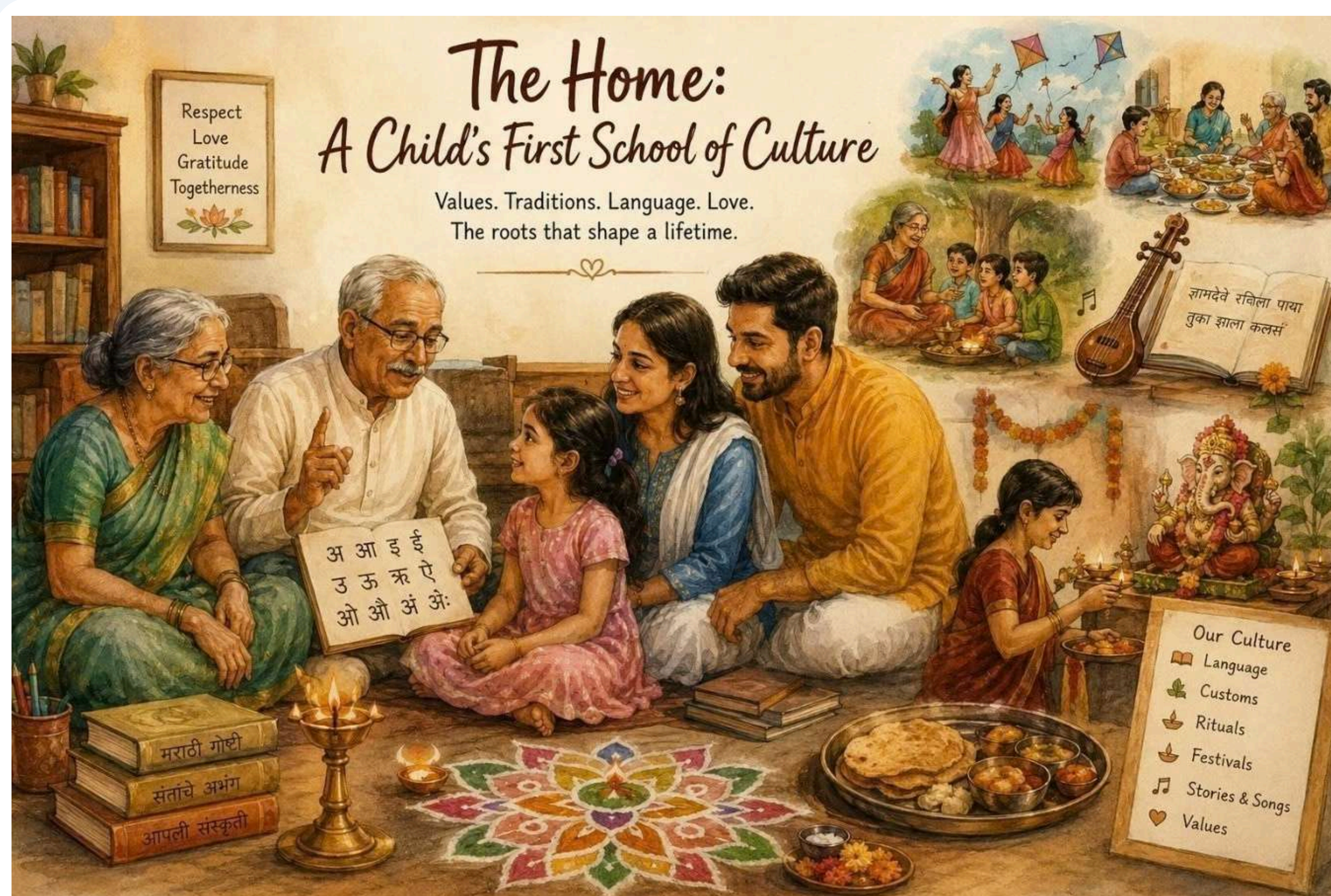
Primary Academic Coordinator



The Home: A Child's First School of Culture

"Education is not merely the learning of facts; it is the training of the mind and the shaping of character."

While schools play a vital role in educating young minds, the journey of learning begins much earlier—at home.



What is a home? Is it simply a place where we live, eat and sleep? Or is it the space where our first memories are created, our first words are spoken and our first lessons are learnt? A home is far more than a physical structure. It is where a child's personality takes shape, values are nurtured and identity begins to grow.

A school is often regarded as the temple of learning. It equips children with knowledge, skills and opportunities to explore the world. However, long before a child walks into a classroom, learning has already begun. They observe, imitate, question and experience the world through their family. In many ways, home is the first school and parents and grandparents are a child's first teachers.

But what is it that children learn first at home? Certainly not just words and numbers. They learn how to love and respect others, how to celebrate life's joys, how to face challenges with courage and how to carry forward the legacy of their family. Without even realising it, they begin learning their culture.

Culture is often mistaken for language alone, but it is so much more. It is reflected in the way we greet our elders, the values we practise, the festivals we celebrate, the customs and



rituals we follow, the food we prepare, the stories we tell, the songs we sing and the traditions that give meaning to our lives. It lives in our thoughts, behaviour, beliefs and relationships. Culture gives us a sense of identity and belonging. It reminds us where we come from, shapes who we are and guides what we stand for.

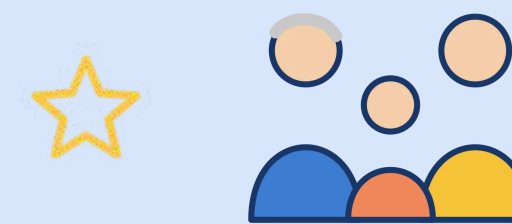
Unlike academic subjects, culture cannot be taught through textbooks. It is absorbed through everyday life. Children do not learn compassion because someone explains its meaning; they learn it by watching their parents help others. They do not understand respect through lectures; they understand it by seeing how family members speak to elders. They learn gratitude while celebrating festivals, responsibility through family traditions and empathy through shared experiences. Every meal shared together, every bedtime story, every family gathering, every ritual and every conversation quietly becomes a lesson in culture.

In today's interconnected world, children are exposed to different cultures and perspectives from an early age. This is a wonderful opportunity to raise global citizens. Yet becoming global should never mean becoming disconnected from one's roots. In fact, children who understand and appreciate their own culture are often more open to respecting the cultures of others. Strong roots and open minds can grow together.

This belief is deeply rooted in my own upbringing. Growing up, my grandfather had one simple rule in our home: "Once you step outside the house, you may speak any language you wish. But the moment you enter our home, you must speak only Marathi." As a child, I accepted it as just another household rule. Today, I realise it was never about restricting language. It was about preserving our identity and ensuring that our mother tongue remained a living part of our everyday lives.

At the same time, our home taught us culture in countless other ways. Festivals were celebrated with joy and purpose, family traditions were followed with pride, elders shared stories filled with wisdom and values such as humility, gratitude, respect and togetherness were practised every single day. Looking back, I realise my grandparents were not merely raising children; they were nurturing a generation that remained deeply connected to its roots.

Today, I consciously try to continue this legacy with my daughter. Although she is growing up in a multilingual world, we encourage her to speak Marathi at home. My mother-in-law and grandmother-in-law lovingly teach her Marathi songs, stories, traditions and the significance behind our rituals and festivals. What brings me the greatest joy is seeing my husband, who once preferred speaking in other languages, naturally choosing Marathi more often because of her enthusiasm. It is a beautiful reminder that culture is not imposed—it is inspired. When it is lived with love, it spreads effortlessly from one generation to the next.



As both a parent and an educator, I have come to believe that while schools shape a child's intellect, homes shape a child's identity. Education prepares children to build a career, but culture prepares them to build a meaningful life filled with values, compassion and purpose. A house becomes a home when it nurtures love. A home becomes a school when it nurtures learning. And when that learning is rooted in values, traditions, customs and a deep sense of belonging, it nurtures culture.

The greatest inheritance we can leave our children is not wealth or possessions. It is the gift of knowing who they are, where they come from and the values they choose to carry with them wherever life takes them.

Ms. Gunjan Khandekar

Primary Academic Coordinator

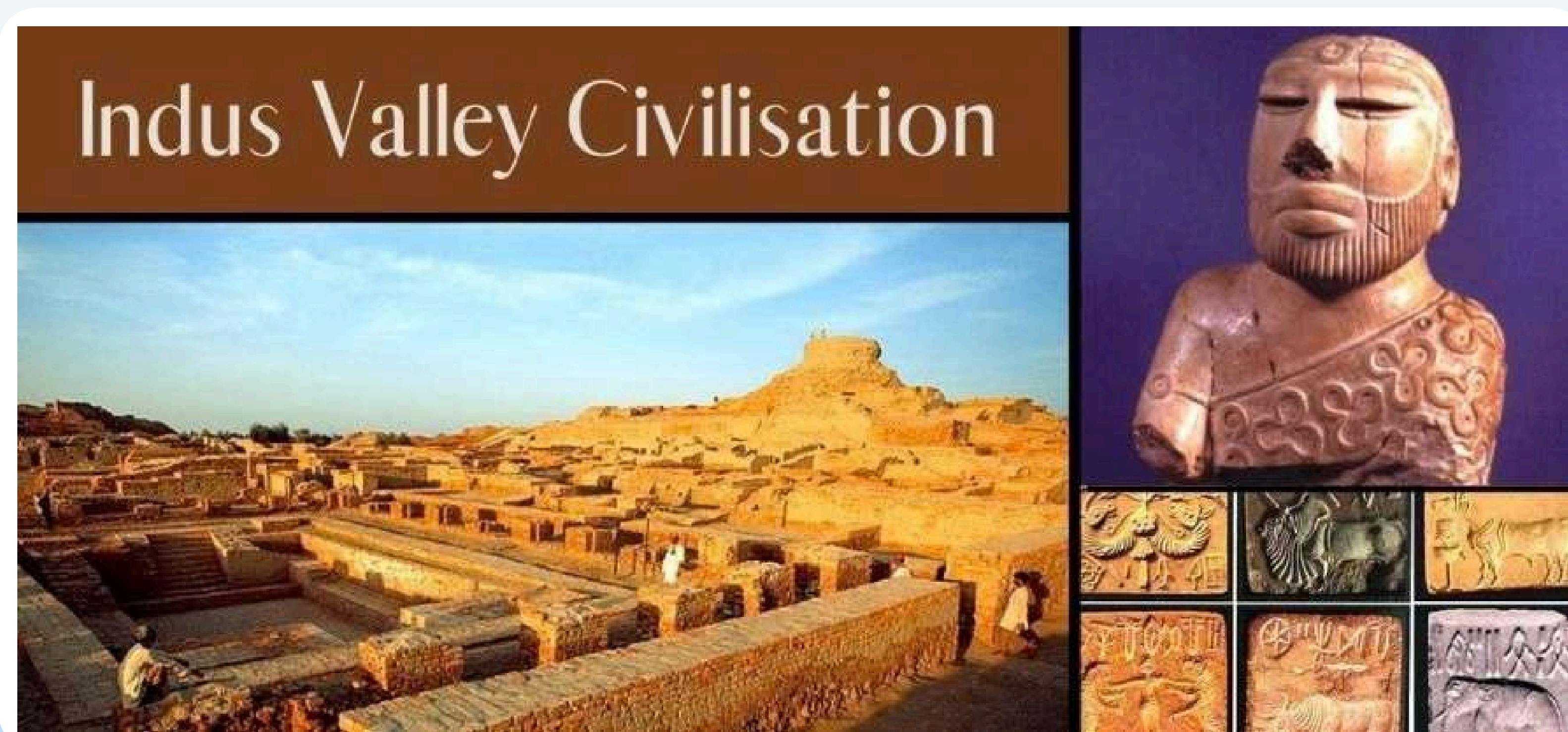


What Made the Indus Valley Civilisation One of the World's Greatest Urban Societies?

The Indus Valley Civilisation was one of the greatest urban civilisations because it showed exceptional planning, sanitation, standardisation and trade. It came up around 2500–1700 BCE and lasted into the 2nd millennium BCE. Recent discoveries continue to strengthen this view by showing that Harappan settlement patterns were wider and more adaptable than once thought.

Cities

1. The cities were planned on a grid, with straight streets and organised residential and public zones. The drainage system was highly advanced, with covered drains and household sanitation that was rare in the ancient world.
2. Buildings used standardised baked bricks, showing shared engineering rules across many sites. Seals, weights, craft goods and storage structures prove a controlled economy and organised trade.
3. Rakhigarhi featured granaries, a cemetery and an ancient jewellery workshop.
4. Lothal had an artificial brick dockyard, indicating a major centre for maritime trade.



Political System: An extraordinary uniformity of Harappan artefacts is evident in pottery, seals and weights, suggesting some form of authority. Many theories have come up concerning the governance of Harappan cities, but many believe that everyone enjoyed equal status.



Technology

They had great accuracy in their systems and tools for measuring length and mass. They were the first to develop a system of uniform weights. The sewerage and drainage system was very advanced. They developed technologies to work on seals and carnelian.

Recent developments

In 2025, researchers reported the first confirmed Harappan settlement in Rajasthan's Thar Desert, which expands the known geographic reach of the civilisation and suggests strong environmental adaptability. Another 2025 excavation in Kachchh found a 5,200-year-old Harappan settlement with pottery and artefacts that help trace the development of early urban life in arid regions. New climate research has also strengthened the idea that the civilisation's decline was gradual and linked to repeated long droughts rather than a sudden collapse.

Proof from archaeology

The proof comes from material remains: planned streets, covered drainage, standard brick sizes, seals, weights, storage areas and newly discovered settlements in desert and arid zones. These finds show that the IVC was not only urban but also resilient and geographically extensive.

The Indus Valley Civilisation deserves its place among the world's greatest urban civilisations because it combined city planning, public health, economic organisation and environmental adaptability.

Ms. Sweta Singh

Secondary Teacher





Science Behind India's Traditional Practices

1. Joining both palms together and bowing slightly while greeting someone (Namaste)

Science Behind It

1. Fingertips contain numerous nerve endings.
2. Pressing the fingertips together stimulates pressure points associated with the eyes, ears and brain.
3. Since there is no physical contact, it reduces the risk of spreading infections.
4. Promotes mindfulness, respect and a sense of connection.

2. Adding turmeric (Haldi) to daily cooking and using it in religious and medicinal rituals

Science Behind It

1. Turmeric contains curcumin, a powerful antioxidant.
2. It has anti-inflammatory and antibacterial properties.
3. Helps boost immunity and supports wound healing.

3. Burning camphor (Kapoor) during prayers and aarti

Science Behind It

1. Camphor burns completely without leaving ash or residue.
2. Camphor has mild antimicrobial properties.
3. The aroma helps improve concentration and focus during meditation and prayer.

4. Serving food on banana leaves during festivals, weddings and religious ceremonies

Science Behind It

1. Banana leaves contain natural antioxidants and polyphenols.
2. The waxy surface provides a clean and hygienic serving plate.
3. They are biodegradable and environmentally friendly.
4. Hot food may absorb small amounts of beneficial plant compounds from the leaf.

5. Walking clockwise around the temple or deity before or after offering prayers (Pradakshina)

Science Behind It

1. Gentle walking improves blood circulation.



2. Encourages slow, mindful breathing.

6. Hanging a lemon with seven green chillies at the entrance of shops and houses

Science Behind It

1. Lemons and chillies contain natural compounds with insect-repelling properties.
2. Their strong aroma may help discourage certain insects.
3. Historically, they may have helped reduce pests near entrances.

7. Eating a spoonful of curd mixed with sugar before exams, interviews, travel, or important occasions

Science Behind It

1. Curd contains probiotics that support gut health.
2. Sugar provides instant energy to the brain and body.

8. Constructing kitchens on the eastern side of the house

Science Behind It

1. Ultraviolet (UV) rays in sunlight help reduce microbial growth on surfaces.
2. Natural light improves visibility while cooking.
3. Sunlight keeps the kitchen dry, reducing moisture and mould.

9. Rhythmically clapping hands while singing devotional songs or performing aarti

Science Behind It

1. Clapping stimulates pressure points in the palms.
2. Improves blood circulation in the hands.
3. Rhythmic movement enhances alertness and coordination.

10. Drawing rangoli at the entrance of homes using rice flour

Science Behind It

1. Rice flour provides food for ants, birds and small insects.
2. It reflects the Indian philosophy of sharing with all living beings (*Vasudhaiva Kutumbakam*).
3. It encourages biodiversity around the home.
4. The practice also promotes cleanliness, as the entrance is swept before drawing the rangoli.

Ms. Rutuja Thorat

Secondary Teacher



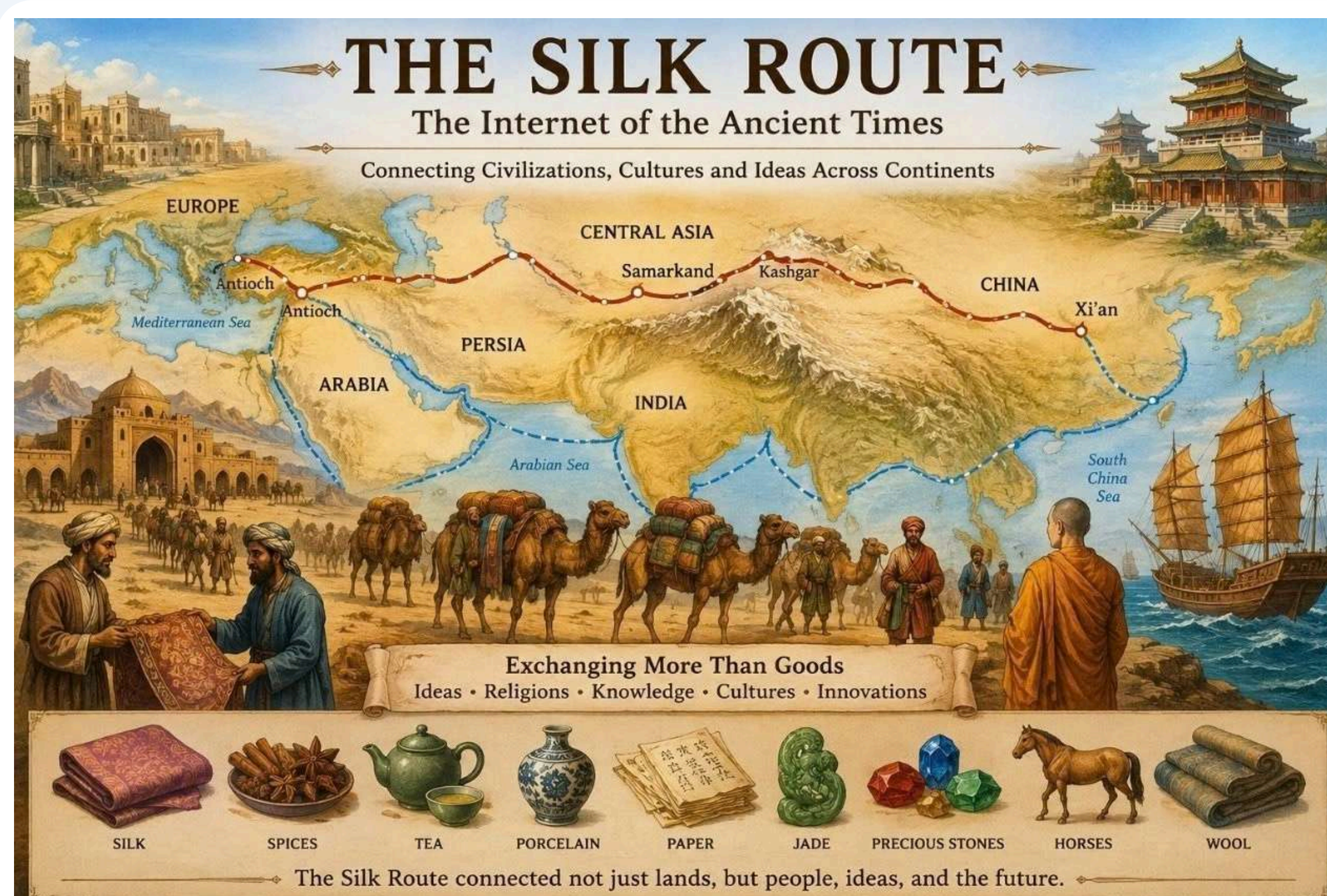
The Silk Road: The Ancient Internet of Ideas

Introduction

In today's world, the internet connects billions of people, allowing them to exchange information, ideas, goods and cultures in a matter of seconds. However, long before computers and smartphones existed, there was another network that connected civilisations across continents—the Silk Route. Often called the "Internet of the Ancient Times," the Silk Route was not just a road for trade but a vast network that linked people, cultures, religions and knowledge from East Asia to Europe.

The Origin and Expansion

The Silk Route began around the 2nd century BCE during the Han Dynasty of China. Rather than being a single road, it was a collection of land and sea routes stretching over 6,400 kilometres. It connected China with Central Asia, India, Persia, the Middle East, Africa and Europe. Merchants, travellers, scholars, monks and explorers journeyed along these routes, making the Silk Route one of the greatest communication networks in history.



Trade and Cultural Exchange Along the Silk Route

The route earned its name from silk, one of China's most valuable exports. Chinese silk was highly prized in distant lands, especially in the Roman Empire. However, silk was only one of many goods traded. Merchants exchanged spices, tea, porcelain, paper, jade, precious stones, horses, wool, ivory, perfumes and metals. Every stop along the route became a marketplace where people bought, sold and shared ideas.



Challenges Faced by Silk Route Travellers

Despite its many benefits, travelling along the Silk Route was far from easy. Merchants crossed scorching deserts such as the Taklamakan, climbed the towering Himalayas and Pamir Mountains and faced dangers including bandits, harsh weather and disease. Caravans of camels were used because they could carry heavy loads and survive long journeys through difficult terrain. Inns called caravanserais were built along the route, providing travellers with food, shelter and a place to exchange news—much like today's online forums where people share information.

The Legacy of the Silk Route

Calling the Silk Route "the internet of the ancient times" is a fitting comparison. While it did not transmit information instantly like today's digital world, it connected civilisations in much the same way by enabling the exchange of goods, ideas, cultures and knowledge. It proved that communication and collaboration have always been essential to human progress. The Silk Route reminds us that even in ancient times, people built connections that crossed borders and united the world long before the invention of the internet.

One Route. Many Cultures. Endless Legacy!

Reva Shringarpure

Victorious IXB



The World's Lost Cities and What They Teach Us

Have you ever wondered what happens when a powerful city simply disappears? Across history, majestic urban centres have flourished before vanishing into ruins. These lost cities are not just fascinating chapters of the past; they carry important lessons about human survival, technology and our relationship with nature.



A prime example from India is Dholavira, a 4,500-year-old city of the Indus Valley Civilisation in Gujarat. Dholavira was centuries ahead of its time, with strong stone fortifications and an extraordinary water-management system of massive reservoirs. However, when severe droughts struck and rivers dried up, even this advanced engineering could not save the city. It teaches us that no matter how advanced we become, we must protect natural resources.





On a global scale, Pompeii in Italy offers another lesson. The city was buried under volcanic ash after Mount Vesuvius erupted in 79 AD. Because it was preserved beneath the ash, we have learned a great deal about Roman life. Pompeii reminds us that nature is powerful and that human progress is never permanent.

In conclusion, lost cities like Dholavira and Pompeii inspire us to build safer, smarter and more sustainable cities for the future while respecting the environment.

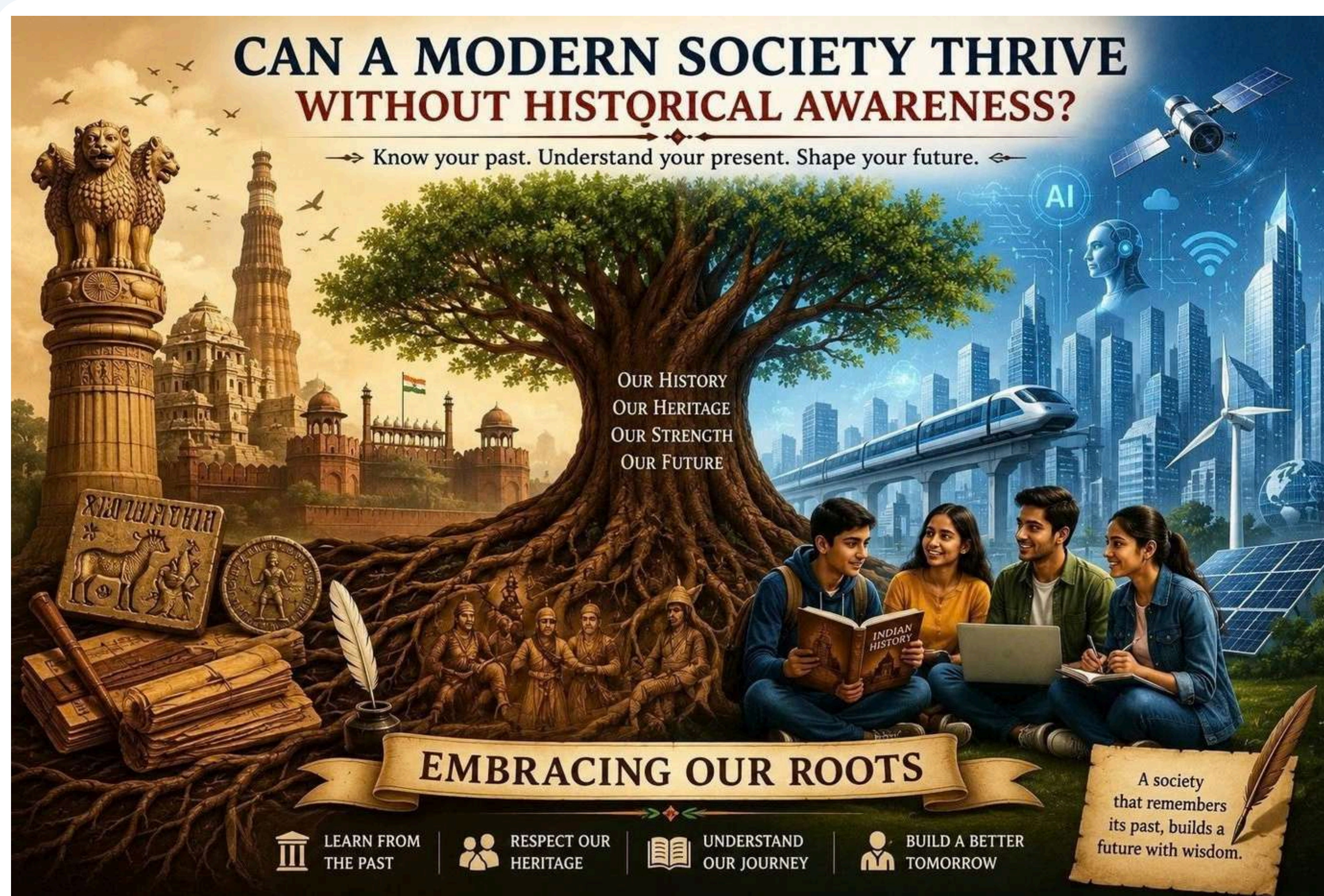
Prattyusha Vairagade

Inspiring VIIA



Can Modern Society Thrive Without Historical Awareness?

Every day, we unlock our phones to a world overflowing with information. News reaches us within seconds, artificial intelligence answers our questions instantly and social media connects people across continents. Despite this constant flow of knowledge, an important question remains: does having access to information automatically make us historically aware? True historical awareness goes beyond memorising dates or reading about past events—it requires understanding our heritage, reflecting on the lessons of history and appreciating the values that have shaped our society.



Modern society often measures progress through technology, economic growth and scientific achievements. While these advances improve our lives, they cannot solve every challenge on their own. Social divisions, cultural disconnect and the loss of traditional values remind us that development without historical awareness is incomplete. A society can truly thrive only when its people understand their roots, learn from the past and make responsible decisions for the future.

Historical awareness influences every aspect of life. It strengthens our cultural identity, nurtures respect for traditions and inspires us to preserve our rich heritage. It teaches us the sacrifices made by our ancestors, the struggles that shaped our nation and the timeless values of unity, resilience and compassion.



For young people, historical awareness begins with curiosity—the willingness to explore the stories of the past, seek authentic sources and appreciate different cultures and perspectives instead of taking history for granted.

As we embrace innovation, we must also embrace our roots. Technology will continue to shape the future, but historical awareness will determine how wisely that future is built. A truly modern society is not defined only by innovation, but by people who honour their heritage, learn from history and carry forward its values with responsibility and wisdom. Knowledge may open doors, but historical awareness ensures that we walk through them with a deep understanding of where we came from and a clear vision of where we are going.

Ovee Vyavahare

Inspiring VIIIA



Readers Digest

Books and Beyond

A good book is a journey you can take without leaving your chair. This term, our readers picked four books that connect beautifully with our theme, **Embracing our Roots**.

Grandma's Bag of Stories – Sudha Murty

When Anand, Krishna, Raghu and Meenu spend their summer holidays with their grandparents in Shiggaon, Aaji opens her 'bag of stories' every evening. Each tale carries a lesson about honesty, kindness or cleverness, told in the warm voice of a grandmother. Reading it feels like sitting beside your own Aaji or Nani.

Recommended for: Grades III to VI

Swami and Friends – R. K. Narayan

Set in the imaginary town of Malgudi in 1930, this novel follows ten-year-old Swaminathan, his friends Mani and Rajam, his fear of school and his great plans for a cricket club. It is funny and gentle and it shows us what childhood in India looked like almost a hundred years ago.

Recommended for: Grades VI to IX

The Blue Umbrella – Ruskin Bond

In a small village in the Garhwal hills, a young girl named Binya trades her leopard-claw pendant for a beautiful blue umbrella. The whole village envies it, especially the shopkeeper Ram Bharosa. This short, touching story is about greed, forgiveness and the simple joys of village life.

Recommended for: Grades IV to VII

Wings of Fire – A. P. J. Abdul Kalam with Arun Tiwari

Dr. Kalam's autobiography begins with his childhood in Rameswaram, where he sold newspapers to help his family and goes on to his work on India's rockets and missiles. It proves that big dreams can grow from humble roots.

Recommended for: Grades VIII and above

Beyond the Book

Try listening to a folk tale in your mother tongue, ask a grandparent for the story they loved most as a child or visit the school library and pick a book from a section you have never explored. Reading is not only about pages. It is about curiosity.

Samidha Gadiwan

Admin

Architectural Scientific Relevance

The Science Behind Great Architecture

The scientific relevance of architecture across human history marks a transition from empirical, observation-based engineering in ancient civilisations to predictive, data-driven computation in modern society. While ancient architectural science relied on natural geometry and implicit physics to withstand time, modern architectural science leverages synthetic materials, digital twins and climate algorithms to optimise performance and sustainability.

Ancient architecture was not merely artistic. It not only served as a primary vessel for early constructions but also for human breakthroughs in mathematics, structural physics, astronomy and environmental engineering.

Advanced Structural Physics & Material Mechanics: Ancient builders mastered load distribution through geometry. The Roman Pantheon stands as a monument to material sciences. The Romans formulated a lightweight, self-healing volcanic concrete and used a step-down density profile (heavier rocks at the base and porous pumice at the top) to keep the massive dome stable. Similarly, the Indus Valley Civilisation engineered sophisticated underground drainage systems and dry-stone masonry capable of absorbing major seismic waves without mortar collapse.

Astro-Mathematics and Sacred Geometry: Ancient structures functioned as literal solar and cosmic calculators. The Sun Temple at Konark, Orissa, was engineered with absolute geometric precision so that its 24 structural wheels operated as functional sundials to calculate time based on shadows. In Egypt, the Great Pyramids required precise calculations of slope, mechanical advantage and canal fluid dynamics just to transport and assemble multi-ton limestone blocks.

Vernacular Thermodynamics: Lacking mechanical HVAC systems, ancient architecture relied heavily on passive thermodynamic principles. Concepts codified in ancient mythology, like India's Vastushastra, mapped building layouts to cardinal solar radiation paths and dominant wind flows. Deep courtyards, thick earthen walls (high thermal mass) and complex step wells (like Chand Baori) used fluid dynamics and natural evaporative cooling to drop local temperatures significantly.

Scientific Foundations in Modern Civilisations

Modern architecture shifts science from an intuitive regional practice into an integrated branch of computational technology, biochemical synthesis and aerospace-level engineering.



- **Computational Data & Algorithmic Parametricism:** Modern design moves away from rigid mechanistic lines towards simple repeated rules. The algorithmic and parametric software used by modern architects simulates millions of structural permutations. This allows for fluid and organic geometries—pioneered by figures like Zaha Hadid—that distribute structural stress dynamically across complex and mathematically non-linear curves.
- **Synthetic & Bio-Chemical Material Science:** The 19th and 20th centuries were revolutionised by the physics of mass-manufactured structural steel, glass facades and reinforced concrete. Today, material science introduces bio-receptive concrete that actively absorbs CO₂, self-healing materials infused with bacterial spores that produce limestone to seal structural cracks and kinetic alloy facades that expand and contract autonomously in response to ambient temperatures.
- **Environmental Simulations & Aerodynamics:** High-rise engineering relies heavily on aerospace principles. Before construction, skyscrapers undergo testing in physical wind tunnels and virtual Computational Fluid Dynamics (CFD) environments. Buildings are sculpted with aerodynamic twists, tapering and central apertures (blow-through floors) to disrupt destructive vortex shedding and high-altitude wind forces.
The most cutting-edge sector of modern architectural science actually involves re-engineering ancient empirical wisdom. Modern architects routinely use digital simulation tools to upgrade passive ancient methods. This includes studying termite mound ventilation to design passively cooled shopping centres or running algorithmic assessments on ancient regional timber layouts to construct earthquake-resilient and net-zero carbon residential towers.





Evolution in Architecture

Architecture is the art and science of designing and constructing functional buildings that are safe, comfortable and visually appealing. It is the process of planning, designing and building spaces that include humans, animals and surroundings in and around them.

Ancient architecture was mainly based upon buildings that were designed using locally available traditional materials. Those structures still stand out after so many years. While planning the buildings, the climate, weather conditions, culture, religion and lifestyle of the people were taken into consideration. Local materials which were easily available, like sandstone, mud bricks, wood and marble, were used. Plenty of emphasis was given to decorations and handcrafted details. While planning the layout, daylight, wind direction and natural ventilation were taken into consideration. Some examples of ancient architecture are the Pyramids of Egypt, the Parthenon in Greece, the Roman Colosseum and the Taj Mahal of India.

Modern architecture refers to buildings designed from the late 19th century to the present. Modern architecture primarily focuses on the use of modern technology and innovation. It uses materials like steel, RCC, glass and aluminium. Planning incorporates open floor plans, clean lines and simple designs with minimum decorations. Modern-day architecture encourages energy-efficient and environment-friendly designs and includes smart technology and modern construction techniques. Some examples of modern-day architecture are the Burj Khalifa – Dubai, the Sydney Opera House – Australia, Apple Park – California and modern skyscrapers around the world.

Ms. Amruta Raje

Extra-Curricular Activities, Designer's Den Teacher



From the Counsellor's View

Rewiring Your Brain: The Power of the Subconscious Mind

"For every action, there is an equal and opposite reaction." We all learned Newton's Third Law of Motion in school. But there is another powerful law that quietly influences our lives every day—the **Law of the Mind**.

The Law of the Mind: *For every strong belief in the mind, the subconscious creates a similar story in life.*

Scientists estimate that we experience nearly **80,000 thoughts every day**. This constant stream of self-talk shapes how we see ourselves, make decisions and respond to challenges. More importantly, our subconscious mind absorbs these repeated thoughts and turns them into beliefs that guide our behaviour.

I experienced this firsthand. During my school years, I believed I was not confident. Not because I lacked ability, but because someone once told me, "You're too quiet. You don't have the qualities of a leader." I accepted those words as truth. Every time I had to speak, fear took over. It wasn't until I questioned that belief that my mindset began to change. Instead of saying, "I am not confident," I started telling myself, "I am learning to express myself." Over time, repetition helped me rewire my thinking.

The subconscious mind is like a garden. Whatever you plant grows. If you plant confidence, gratitude and possibility, those qualities flourish. If you repeatedly plant fear, self-doubt and limiting beliefs, they grow just as easily. The mind does not judge the seeds—it simply nurtures what is planted.

As a school counsellor, I have seen how deeply words can influence children. One student believed he would always fail because of a negative comment made years earlier. Through counselling and positive self-talk, he gradually replaced that belief with confidence. His grades did not change overnight, but his fear disappeared. That was his greatest victory.

The encouraging truth is that our brains are not fixed. Through awareness, positive affirmations, gratitude and consistent practice, we can create new neural pathways and build healthier beliefs.

The words we repeatedly tell ourselves become the beliefs that shape our lives. So ask yourself:

What story are you telling your subconscious mind today?

Remember the **Law of the Mind: For every strong belief in the mind, the subconscious creates a similar story in life**. Choose your beliefs wisely, because the story your mind believes is the story your life begins to live.

Ms. Manju Rath

Student Counsellor



After 9:00 PM Lockdown...

Yuvaan let out a huge gasp, while Yukta watched in terror. It had all started when both of them got stuck in the library.

Yuvaan and Yukta were twins. Both of them were ambitious, courageous and always ready to help. As they approached their teenage years, they started becoming interested in mysteries, investigating even the smallest things.

The thing that both of them wanted to investigate the most was the after 9:00 PM lockdown in their town. This was a really mysterious thing. The mayor of their town had always told them to be in their houses after 9:00 PM and not to come out. He said that this was because toxic gases were in the air after 9:00 PM. Whenever a new family came to the town, all the adults of the family were called to a hypnosis centre. The mayor always said, “We need to do this to ensure the mental health of our new citizens,” letting out a little smile.

Yukta and Yuvaan had already asked their parents a hundred times to tell them what they did in hypnosis, but their parents always said the same thing, “When you grow up, you will see it yourself. Even we don’t know what they do!”

When the school had its summer break, Yukta and Yuvaan always spent a big chunk of their time in the town library.

Both Yuvaan and Yukta were the most brilliant students in their school. Both of them also played different sports; Yuvaan played football, while Yukta did gymnastics.

On the 1st day of summer vacation in their 8th grade, both of them suddenly went to the mayor’s house and asked for the Air Quality Monitoring Report, the proof for the lockdown after 9:00 PM. Everyone was shocked! No one had ever asked this question, because they had been warned not to ask it. The mayor didn’t say anything, but instead contacted their parents and made them keep quiet.

But the urge to learn the truth was still there in them...

After a few days, Yukta suddenly woke up at night, screaming! Everyone quickly got up and saw what was going on. A few masked people had entered their house and were holding Yuvaan under threat. Nobody dared to move, but Yukta suddenly shouted, “What do you want?” One of those masked people yelled, “Nothing, just never ever come to the topic of the after 9:00 PM lockdown!”

The environment in their family after that incident was never the same. There was always a look of suspicion on Yuvaan’s face. He asked every other day, “Why does everyone hate the



topic of the after 9:00 PM lockdown?” Nobody ever answered; they just shrugged their shoulders.

Many months passed and everyone in the family had got used to the suspicious look on Yuvaan’s face. Yuvaan’s school grades had also gone down. The only person Yuvaan could talk to freely at that time was Yukta. He used to share all his feelings with her, making Yukta feel more interested in the forbidden topic.

Finally, the twins had another long holiday! Their parents had decided to leave them at home while they went to a wedding for 6 days. But they had given them almost 10 warnings not to talk about the forbidden topic and not to mess up.

However, the twins weren’t going to be silenced by a bit of threat! The very next night after their parents had left home, both of them silently sneaked into the library to find some info about the lockdown. They intentionally went at night so that no one would know what they were searching for. They searched many books but they couldn’t find anything! The clock read 8:55 PM and both of them started hurrying through the long corridors. The librarian, who didn’t know that they were still inside, locked the doors at 8:56 PM and strode away quietly. Both of them were terrified. Yukta said, “Oh no! We are stuck! We can’t even call someone. They are going to think that we were doing it purposely!” Yuvaan added, “What if the toxic gas manages to reach inside? We have airtight houses, but what about the library? It isn’t safe!”

In all this panic, because there weren’t any fans in the library, Yukta fainted from heat exhaustion. Yuvaan tried to wake her up but instead, he himself started suffocating and he fainted too. Yukta suddenly felt a cool breeze on her hand, which woke her up. She soon woke Yuvaan up too. They checked the time and it was 12:03 AM! They quickly looked out of the window, expecting to see toxic gas everywhere, but instead, there was crystal clear air outside.

From the tiny window in the library, they saw some people. They saw the mayor! With him were the few people who always used to be with him; together they made a group of 6 people. Even more questions erupted in Yukta’s and Yuvaan’s minds. What are these people doing? Where’s the toxic gas? They couldn’t think of anything.

All of them suddenly started coming towards the library. When Yukta saw them coming, she trembled for a moment, but she knew that it would take her a little time to reach a hiding place. She quickly threw a paper ball, which was lying next to her, out of the window. This diverted the group’s attention and they went in the other direction. As soon as they turned their heads in the other direction, Yukta grabbed Yuvaan’s hand and ran quickly towards the very last bookshelf.

It took no time for the mayor and his group to return to the library. Bodies trembling, hearts pounding and hands cold, Yuvaan and Yukta stared secretly at the mayor through the dimly lit library.



Yuvaan tried to tell Yukta something, but she signalled him to keep quiet and murmured, “For our lives, keep quiet!” She said it as if she knew what he was going to say.

The mayor and his small group spoke in hushed, muffled tones, exchanging only a few brief words. Yuvaan could hardly hear what they were saying, but Yukta heard a few words and quickly told Yuvaan, “They were saying something like obedience and control. I couldn’t hear exactly,” Yukta said in a low voice. Yuvaan saw something bright, white and shiny in Yukta’s waist pouch. He quietly took it out and, to his surprise, it was an AIRTAG! “Who put it here?” asked Yuvaan, looking suspiciously at Yukta. “Who knows? Maybe mom and dad?” said Yukta, still speaking softly.

Just then, the mayor looked exactly where both of them were hiding. With a smirk, he said, “Come out, Yukta and Yuvaan! Let me see you!”

Yuvaan let out a huge gasp, while Yukta watched in terror! Yukta tried to speak but no words came out. And then...

TO BE CONTINUED...

Agrata Bakali

Inspiring VIIB



The BrainQuest

Puzzles, Riddles, Sudoku, Quizzes and Brain Teasers

Sharpen your pencils and wake up your brain cells! Try these on your own first, then challenge a friend or a grandparent.

? Riddle Me This



- 1 I have keys but open no locks. I have space but no room. You can enter, but you can't go outside. What am I?
- 2 The more you take, the more you leave behind. What am I?
- 3 I am full of holes, yet I can still hold water. What am I?
- 4 I have a neck but no head and I wear a cap. What am I?
- 5 I have many eyes but cannot see. I grow under the ground and every kitchen in India knows me. What am I?

? Roots Quiz: How Well Did You Read This Magazine?

Q1

Which Harappan city had an artificial brick dockyard?

- | | |
|----------------|-----------|
| a Mohenjo-daro | b Lothal |
| c Rakhigarhi | d Harappa |

Q2

On which date is the International Day of Yoga celebrated?

- | | |
|------------|----------|
| a 21 June | b 5 June |
| c 22 April | d 1 July |

Q3

What were the students in a Gurukul called?

- | | |
|------------|-----------|
| a Acharyas | b Rishis |
| c Shishyas | d Pandits |

Q4

Which ancient city was buried under the ash of Mount Vesuvius?

- | | |
|-------------|----------|
| a Dholavira | b Athens |
| c Pompeii | d Troy |



Q5

During which Chinese dynasty did the Silk Route begin?

a Ming

b Tang

c Qing

d Han

Q6

Which temple has 24 wheels that work as sundials?

a Konark Sun Temple

b Meenakshi Temple

c Kailasa Temple

d Somnath Temple

Q7

Which grammar book did Miss Annie ask her students to keep beside their pillow?

a Oxford Grammar

b Wren & Martin

c Collins Grammar

d High School Grammar

Q8

In the Grade III assembly on World Book Day, books were compared with...

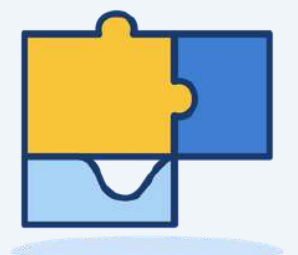
a Screens

b Games

c Television

d Radio

Brain Teasers



1

A farmer has 17 cows. All but 9 run away. How many cows does he have left?

2

What comes next in the series: 2, 6, 12, 20, 30, _?

3

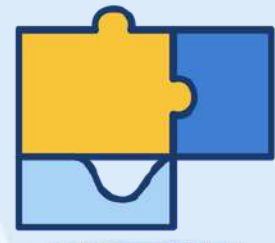
Rearrange the letters of LISTEN to make a word that means 'quiet'.

4

What comes next: J, F, M, A, M, J, _?

5

If three cats catch three mice in three minutes, how many cats will catch 100 mice in 100 minutes?



? **Sudoku Challenge**

Fill the grid so that every row, every column and every 3 × 3 box contains the numbers 1 to 9 exactly once.



					4		7	9
		2	3	5		4		
	8				2	1		5
	4	5		8		9		
7	1		4	3				8
		6		7	9			
1			6	4	3			
2			5			3		4
	6		9			7	5	

? **Festival Word Scramble**

Unscramble the letters to find the names of Indian festivals.

1 W D I I L A _____

5 H R I O L _____

2 H I K S A B A I _____

6 I L O H _____

3 P N G L O A _____

7 G D U I A _____

4 N O A M _____

8 O Z N V A R _____



Editorial Board



The C Minds Spectrum, Volume 1, Issue 1 was brought together by a team of teachers and students. From gathering ideas and stories to editing, designing and bringing each page to life, every contribution has been thoughtfully curated with care and enthusiasm.

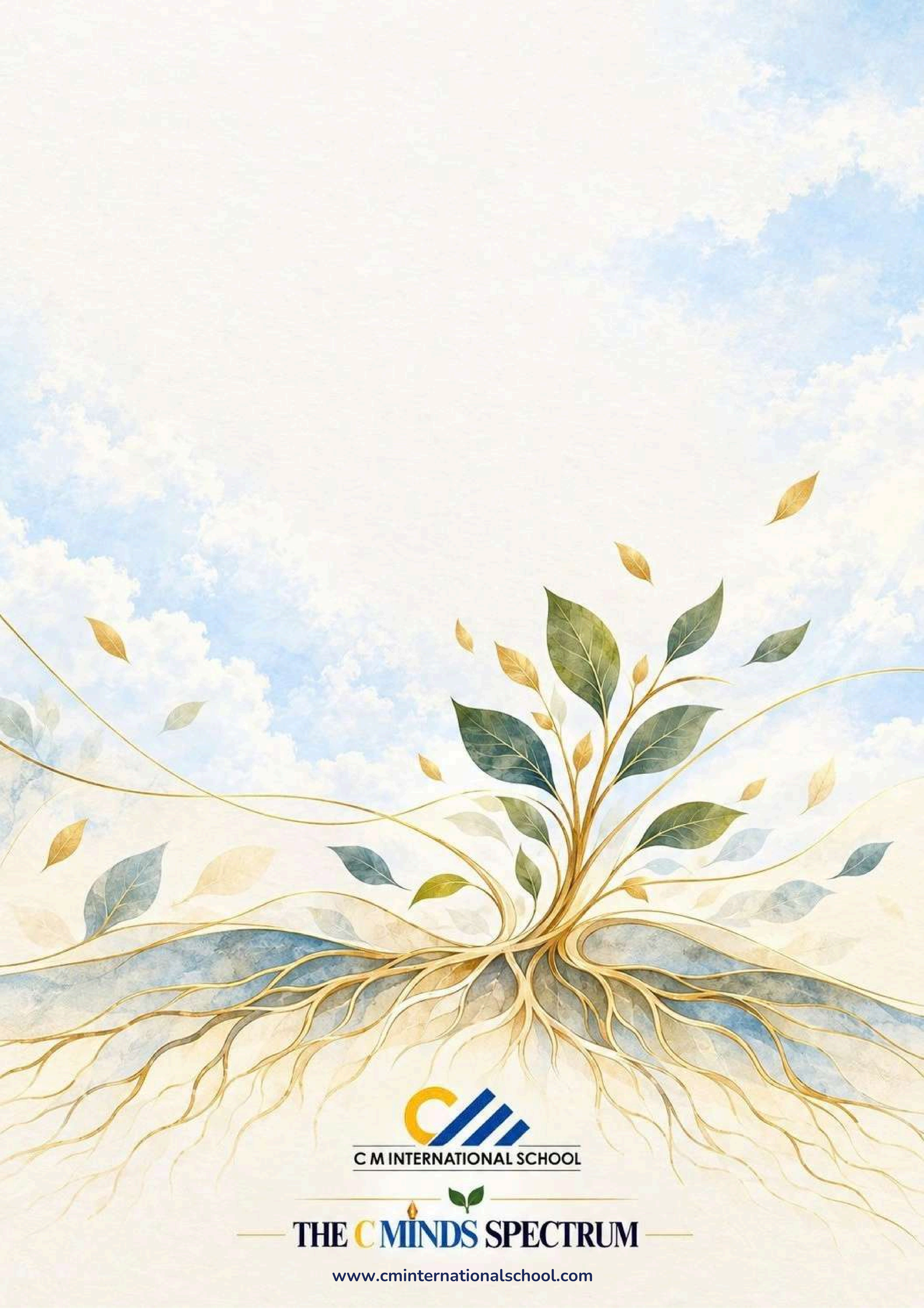


Teacher Editors

Iqbal Kaur Rana, Shraddha Shedge, Priyanka Ruchandani, Gunjan Khandekar, Deepika Mahadik, Sheetal Rana, Nikhil Karnavat, Amita Nikalje, Rutuja Thorat, Sanjana Patil, Ashwini Chillal, Farha Bhota, Seema Sharma, Pawandeep Kaur, Sudarshan Jadhav, Samidha Gadiwan, Shriya Khilwani, Abhijeet Bharekar

Student Editors

Siddharth Shukla - Inspiring VIIB
Ovee Vyavahare - Inspiring VIIIA
Devansh Amol Salunkhe - Inspiring VIIIA
Reva Shringarpure - Victorious IXB



C M INTERNATIONAL SCHOOL



— THE **C** MINDS SPECTRUM —

www.cminternationalschool.com